



School of Health and Kinesiology  
Bachelor of Science  
Public Health

|                                                                                                                                                                                                   |           |           |             |                                                           |           |           |             |            |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|-----------|-------------|-----------------------------------------------------------|-----------|-----------|-------------|------------|
| <b>Name:</b>                                                                                                                                                                                      |           |           |             | <b>NUID #</b>                                             |           |           |             |            |
| <b>General Education</b>                                                                                                                                                                          |           |           |             | <b>Professional Core</b>                                  |           |           |             |            |
| <b>Fundamental Academic Skills</b>                                                                                                                                                                | <b>Cr</b> | <b>Gr</b> | <b>Date</b> | <b>Foundation Core (51cr)</b>                             | <b>Cr</b> | <b>Gr</b> | <b>Date</b> | <b>Sem</b> |
| ENGL 1150/54 English Composition I                                                                                                                                                                | 3         |           |             | PHHB 1500 Foundations in Public Health                    | 3         |           |             | f,s,m      |
| ENGL 1160/64 English Composition II                                                                                                                                                               | 3         |           |             | PA 2170 Intro to Public Administration                    | 3         |           |             | f,s,m      |
| MATH 1300, MATH 1120, or MATH 1130                                                                                                                                                                | 3         |           |             | PHHB 4000 Methods and Materials <sup>1</sup>              | 3         |           |             | s          |
| Data Literacy: STAT 1530 (sub soc. Sci)                                                                                                                                                           | 3         |           |             | PHHB 4040 Epidemiology & Prvntn of Disease <sup>1</sup>   | 3         |           |             | s          |
| CMST 1110 or 2120 Public Speaking                                                                                                                                                                 | 3         |           |             | PHHB 4050 Intro to Research in PH                         | 3         |           |             | s          |
| <b>Distribution Requirements</b>                                                                                                                                                                  |           |           |             | PHHB 4060 School Health Programs <sup>1</sup>             | 3         |           |             | f          |
| <b>Natural &amp; Physical Sciences (4cr - includes lab)</b>                                                                                                                                       |           |           |             | PHHB 4130 Community Health                                | 3         |           |             | f, m       |
|                                                                                                                                                                                                   | 4         |           |             | PHHB 4280 Social Marketing for PH <sup>1</sup>            | 3         |           |             | f          |
| <b>Humanities (3cr)</b>                                                                                                                                                                           |           |           |             | PHHB 4400 Health Literacy                                 | 3         |           |             | f          |
|                                                                                                                                                                                                   | 3         |           |             | PHHB 4200 Mental Health: PH Approach                      | 3         |           |             | f, m       |
| <b>Arts (3cr)</b>                                                                                                                                                                                 |           |           |             | PHHB 4550 Health Aspects of Aging                         | 3         |           |             | f,s,m      |
|                                                                                                                                                                                                   | 3         |           |             | PHHB 4650 Global Health                                   | 3         |           |             | s          |
| <b>Social Sciences (3cr)</b>                                                                                                                                                                      |           |           |             | PHHB 4880 Public Health Policy <sup>1</sup>               | 3         |           |             | f          |
|                                                                                                                                                                                                   | 3         |           |             | PHHB 4950 PH Leadership & Advocacy <sup>1</sup>           | 3         |           |             | s          |
| <b>Cultural Knowledge (3cr)</b>                                                                                                                                                                   |           |           |             | PHHB 4960 PHHB Planning & Organizing <sup>1</sup>         | 3         |           |             | f          |
|                                                                                                                                                                                                   | 3         |           |             | KINS 3900 Motivation - Physical Activity <sup>2</sup>     | 3         |           |             | f,s,m      |
| <b>Civic Knowledge (3cr)</b>                                                                                                                                                                      |           |           |             | PHHB 4990 Internship in Public Health <sup>3</sup>        | 3         |           |             | f,s,m      |
|                                                                                                                                                                                                   | 3         |           |             | <b>Public Health Electives - three courses: (9cr)</b>     |           |           |             |            |
| <b>Course Prerequisites:</b><br><br>1 Prerequisite PHHB 1500<br>2 Prerequisite PSYC 1010<br>3 39 Core Credits Completed, GPA ≥ 2.5 & advisor approval<br>4 Prerequisite MATH - check with advisor |           |           |             | PHHB 2070 Substance Abuse & Misuse                        | 3         |           |             | f,s        |
|                                                                                                                                                                                                   |           |           |             | PHHB 2850 Stress Management                               | 3         |           |             | f,s,m      |
|                                                                                                                                                                                                   |           |           |             | PHHB 3080 Health Concepts of Sex Dvlpt                    | 3         |           |             | f,s,m      |
|                                                                                                                                                                                                   |           |           |             | PHHB 3310 Injury Prevention in PH                         | 3         |           |             | f,s        |
|                                                                                                                                                                                                   |           |           |             | HEKI 3090 Applied Nutrition                               | 3         |           |             | f,s,m      |
|                                                                                                                                                                                                   |           |           |             | <b>Program Requirements (18cr)</b>                        |           |           |             |            |
|                                                                                                                                                                                                   |           |           |             | PSYC 1010 Intro to Psychology I                           | 3         |           |             | f,s,m      |
|                                                                                                                                                                                                   |           |           |             | CMST 2410 Small Group Communication                       | 3         |           |             | f,s        |
|                                                                                                                                                                                                   |           |           |             | SOC 2130 or HEKI 2100 Statistics <sup>4</sup>             | 3         |           |             | f,s,m      |
|                                                                                                                                                                                                   |           |           |             | BIOL 1330 Environmental Biology                           | 3         |           |             | f,s        |
| PHHB 4700 Wmn's Hlth&Issues of Dvrsty                                                                                                                                                             | 3         |           |             | s, m                                                      |           |           |             |            |
| JMC 1500 Intro to Mass Communication                                                                                                                                                              | 3         |           |             | f,s                                                       |           |           |             |            |
|                                                                                                                                                                                                   |           |           |             | <b>Electives (may be required to reach 120 credits)**</b> |           |           |             |            |
|                                                                                                                                                                                                   |           |           |             |                                                           |           |           |             |            |
|                                                                                                                                                                                                   |           |           |             |                                                           |           |           |             |            |
|                                                                                                                                                                                                   |           |           |             |                                                           |           |           |             |            |
|                                                                                                                                                                                                   |           |           |             |                                                           |           |           |             |            |
| <b>NOTES</b>                                                                                                                                                                                      |           |           |             |                                                           |           |           |             |            |
| * May also count as a General Education requirement                                                                                                                                               |           |           |             |                                                           |           |           |             |            |
| ** Electives as needed to meet 120 Hrs minimum for degree                                                                                                                                         |           |           |             |                                                           |           |           |             |            |
|                                                                                                                                                                                                   |           |           |             |                                                           |           |           |             |            |
|                                                                                                                                                                                                   |           |           |             |                                                           |           |           |             |            |

f = fall, s = spring, m = summer

\*\* NOTE: Approved courses include all Allied Health courses & selected courses with a prefix of BIOL, COMM, COUN, EDUC, ENV, PHHB, HEKI, JOUR, MATH, MGMT, NAMS, PA, KINS, PEA, PSCI, PSYC, RLS, SOC, STAT, SWOK, PE, & TED. Please check with an academic advisor.

**ACKNOWLEDGEMENT**

Academic advising is important for appropriate progress through the program of study. Your advisor is responsible for, and not limited to, informing you about the program requirements, specific due date e.g., applying for graduation, and approving the courses you take each semester. Students are responsible for meeting with their advisor prior to registering for classes. Students not meeting with an advisor may take unnecessary courses, courses out of sequence, or miss due dates; all of which may delay progress or incur added expense. Students not meeting with an advisor are accountable for their own progress.

