



**School of Health and Kinesiology  
Bachelor of Science  
Public Health**

<b>Name:</b>				<b>NUID #</b>				
(http://www.unomaha.edu/academic-affairs/general-education/index.php#b)				<b>Professional Core</b>				
<b>Fundamental Academic Skills (12 Hrs)</b>	<b>Cr</b>	<b>Gr</b>	<b>Date</b>	<b>Foundation Core (54)</b>	<b>Cr</b>	<b>Gr</b>	<b>Date</b>	<b>Sem</b>
ENGL 1150/54 English Composition I	3			PHHB 1500 Foundations in Public Health*	3			f,s,m
ENGL 1160/64 English Composition II	3			PA 2170 Intro to Public Administration	3			f,s,m
Advanced Writing <sup>1</sup>		(IN MAJOR)		PHHB 4000 Methods and Materials <sup>4</sup>	3			s
MATH 1220 College Algebra <sup>2</sup>	3			PHHB 4040 Epidemiology & Prevention of Disease <sup>5</sup>	3			s
CMST 1110 or 2120 Public Speaking	3			PHHB 4050 Intro to Research in PH <sup>6</sup>	3			s
<b>Distribution Requirements (26 Hrs)</b>				PHHB 4060 School Health Programs <sup>5</sup>	3			f
<b>Natural &amp; Physical Sciences (7 hrs, 2 disciplines + 1 lab)</b>				PHHB 4130 Community Health <sup>5</sup>	3			f, m
				PHHB 4280 Social Marketing for Public Health <sup>10</sup>	3			f
				PHHB 4400 Health Literacy <sup>5</sup>	3			f
				PHHB 4420 Public Health Informatics <sup>5</sup>	3			s
<b>Humanities/Fine Arts (9 hrs, 2 disciplines)</b>				PHHB 4550 Health Aspects of Aging	3			f,s,m
	3			PHHB 4650 Global Health <sup>6</sup>	3			s
	3			PHHB 4880 Public Health Policy <sup>5</sup>	3			f
	3			PHHB 4950 Public Health Leadership & Advocacy <sup>5</sup>	3			s
<b>Social/Behavioral Sciences (9 hrs, 2 disciplines)</b>				PHHB 4960 PHHB Planning & Organizing <sup>7</sup>	3			f
	3			KINS 3900 Motivation for Physical Activity <sup>8</sup>	3			f,s
	3			PHHB 4990 Internship in Public Health <sup>9</sup>	6			f,s,m
<b>Cultural Diversity (6 Hrs)<sup>3</sup></b>				<b>Public Health Electives - two courses from the following: (6 Hrs)</b>				
Global	3			PHHB 2070 Drug Awareness	3			f,s
US	3			PHHB 2850 Stress Management	3			f,s,m
				PHHB 3080 Health Concepts of Sex Dvlpt	3			f,s,m
<b>Course Prerequisites:</b>				PHHB 3310 General Safety	3			f,s
<sup>1</sup> Course(s) to satisfy this requirement shall be determined by prog.				HEKI 3090 Applied Nutrition	3			f,s,m
<sup>2</sup> MATH 1220 must be taken within the first 60 hours.				<b>Program Requirements (18 Hrs)</b>				
<sup>3</sup> Cultural Diversity coursework may satisfy distribution requirements in Humanities/Fine Arts or in Social/Behavioral Sciences.				PSYC 1010 Intro to Psychology I*	3			f,s,m
<sup>4</sup> Prerequisites Junior standing, PHHB 1500				CMST 2410 Small Group Communication*	3			f,s
<sup>5</sup> Prerequisite PHHB 1500				SOC 2130 / PSYC 3130 Statistics <sup>11</sup>	3			f,s,m
<sup>6</sup> Junior Standing				BIOL 1330 Environmental Biology*	3			f,s
<sup>7</sup> Prerequisite PHHB 1500, PHHB 4040, Senior Standing				PHHB 4700 Wmn's Hlth&Issues of Dvrsty <sup>6</sup>	3			s
<sup>8</sup> Prerequisite PSYC 1010				JMC 1500 Intro to Mass Communication*	3			f,s
<sup>9</sup> 39 Core Credits Completed, GPA ≥ 2.5 & advisor approval				<b>Electives (may be required to reach 120 credits)**</b>				
<sup>10</sup> Prerequisites PHHB 1500, 4040, 4050								
<sup>11</sup> Prerequisite MATH 1220								
<b>NOTES</b>								
* May also count as a General Education requirement								
** Electives as needed to meet 120 Hrs minimum for degree								

f = fall, s = spring, m = summer

\*\* NOTE: Approved courses include all Allied Health courses & selected courses with a prefix of BIOL, COMM, COUN, EDUC, ENV, PHHB, HEKI, JOUR, MATH, MGMT, NAMS, PA, KINS, PEA, PSCI, PSYC, RLS, SOC, STAT, SWOK, PE, & TED. Please check with an academic advisor.

**ACKNOWLEDGEMENT**

Academic advising is important for appropriate progress through the program of study. Your advisor is responsible for, and not limited to, informing you about the program requirements, specific due date e.g., applying for graduation, and approving the courses you take each semester. Students are responsible for meeting with their advisor prior to registering for classes. Students not meeting with an advisor may take unnecessary courses, courses out of sequence, or miss due dates; all of which may delay progress or incur added expense. Students not meeting with an advisor are accountable for their own progress.

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UNIVERSITY OF NEBRASKA AT OMAHA  
SCHOOL OF HEALTH AND KINESIOLOGY

**ACADEMIC CAREER PLAN OF STUDY**

Name \_\_\_\_\_

Date \_\_\_\_\_

Student ID# \_\_\_\_\_

Major \_\_\_\_\_

Notes/Deadlines:

***\* TENTATIVE plan of study and subject to change based on course offerings and availability.***

Fall	Credits

Spring	Credits

Summer	Credits

Fall	Credits

Spring	Credits

Summer	Credits

Fall	Credits

Spring	Credits

Summer	Credits

Fall	Credits

Spring	Credits

Summer	Credits

Fall	Credits

Spring	Credits

Summer	Credits