Masters in Health and Kinesiology
Physical Activity in Health Promotion Concentration

MS: 24 required credits, 6 elective credits, 6 thesis credits
MA: 24 required credits, 12 elective credits

Student Name:	Advisor Name:

Semester Offered: S=Spring, M=Summer, F=Fall, EO=Every Other, A=Arranged, V=Variable

Undergraduate Foundation Courses	Credits	Sem Offered	Planned
BMCH 2400 Anatomy and Physiology or equivalent	4	F, S	
KINS 4940 Physiology of Exercise or equivalent	3	F, S	
Required Courses	Credits	Sem Offered	Planned
HEKI 8030 Research in HPER	3	M,F	
KINS 8040[1] Advanced Statistics	3	S	
KINS 8206* Planning Worksite Wellness Programs	3	F, S	
KINS 8120 Current Topics in Weight Management	3	S	
KINS 8130/9131 Implementing PA in Culturally Diverse Pops	3	F	
KINS 8140/9141 Physical Activity Measurement	3	EO-S	
HEKI 8850[2] Exercise for Special Populations	3	S	
KINS 8700 Psychology of Physical Activity OR PHHB 8600 Health Behavior*	3	F	
HEKI 8990 Thesis (MS only)	6	A	
HEKI 8100 Research Project (MA only)	3	A	
Suggested Elective Courses	Credits	Sem Offered	Planned
Select 9 hours (MA) or 6 hours (MS) from the following graduate course prefixes: PHHB, HEKI, KINS (Others upon approval)			
NOTES			

*Not required if equivalent undergraduate course taken; student may select an elective course.

[1] Prerequisite: HEKI 8030