

**UNO Department of Counseling: Clinical Mental Health Counseling Curriculum**

<b>COURSE No.</b>	<b>Course Title</b>	<b>Credit</b>	<b>Method of Instruction</b>	<b>Departmental Holds</b>	<b>Practicum Pre Requisite/CoReq</b>
TED 8010 OR EDL 8010	Introduction to Research Introductory Research Methods	3	850- On-line Asynchronous or hybrid		No
COUN 8010	Introduction to Counseling	3	850- On-line Asynchronous		Yes
COUN 8030	Counseling Practices	3	000- In person		Yes
COUN 8040	Professional & Ethical Practices	3	820- Remote synchronous		Yes
COUN 8110	Human Dev & Psychosocial Intervention	3	850- On-line Asynchronous		No
COUN 8200	Counseling Theories	3	860- In-class/remote Hybrid with Asynchronous		Yes
COUN 8020  (Previously COUN 8226)	Counseling for Work and Wellness  (Previously Career Development & Lifestyle)	3	850- On-line Asynchronous		No
COUN 8230	Appraisal Techniques	3	820- Remote Hybrid with Asynchronous		No
COUN 8280	Crisis Counseling	3	000- In person	8030; 8200; 8040	Yes
COUN 8360	Group Theory & Techniques	3	000- In person	8030, 8040	Yes/Co-req w/COUN 8220
COUN 8400	Advanced Counseling Theory & Techniques	3	000- In person	8030, 8200	Yes
COUN 8516	Treatment Issues in Sub. Abuse	3	820- Remote Hybrid with Asynchronous		Yes
COUN 8520	Counseling w/Multicultural Populations	3	000- In person		Yes
COUN 8610	Marriage & Family Counseling	3	820- Remote synchronous	8030, 8200, 8040	Yes/Co-Req w/8220
COUN 8700	Child & Adolescent Counseling	3	860- In-class Hybrid with Asynchronous	8030	Yes
COUN 8800	Clinical Mental Health Counseling	3	850- On-line Asynchronous		Yes/Co-Req w/8220
COUN 8920	DSM & Treatment Planning	3	850- On-line Asynchronous		Yes
<b>COUN 8220</b>	<b>Counseling Practicum</b>	<b>3</b>	000- In person	YES—must attend mandatory Orientation	<b>NA</b>
COUN 8250	Counseling Internship	3	820- Remote synchronous	<b>Yes</b> –must complete COUN 8220 w/ B or Higher;	NA
COUN 8260	Advanced Internship	3	820- Remote synchronous		NA
	<b>Total Credits</b>	<b>60 Credit Hours</b>			

**Provisionally Licensed Alcohol & Drug Abuse Counselor (PLADAC) Electives**

In addition to the 60 credit CMHC curriculum, the following electives will satisfy the PLADAC *academic* requirements in Nebraska:

- a. COUN 8686: Medical & Psychosocial Aspects (of Substance Abuse) (online)
  - b. COUN 8696: Assessment & Case Management in Substance Abuse (online)
- (Students are encouraged to complete these courses *after completing* Practicum (COUN 8220) pre-reqs.)

**Clinical Mental Health Counseling**  
**COUN 8220 (Practicum) Pre-Requisites & Co-Requisites\***

**Pre-Requisites for Practicum (COUN 8220)**

**Semester Completed**

1. COUN 8010:	Introduction to Counseling	
2. COUN 8030	Counseling Practices	
3. COUN 8040	Professional & Ethical Issues	
4. COUN 8200	Counseling Theories	
5. COUN 8400	Advanced Theory and Techniques	
6. COUN 8520	Multicultural Counseling	
7. COUN 8920	DSM-5 & Treatment Planning	
8. COUN 8280	Crisis Intervention	
9. COUN 8516	Treatment Issues in Substance Abuse	
10. COUN 8700	Child and Adolescent Counseling	

**Co-Requisites for Practicum**

**Semester Completed**

1. COUN 8360	Group Techniques & Practice	
2. COUN 8610	Marriage & Family Counseling	
3. COUN 8800	Clinical Mental Health Counseling	



Plan of Study Samples

CMHC Full-Time – Fall Start (Fall Practicum)

Faculty Advisor:

YEAR	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	Total
1	COUN 8010: Intro to Counseling	3	COUN 8200: Theories	3	COUN 8516: Tx Issues in Substance Abuse	3	
	COUN 8040: Ethics/Legal Issues	3	COUN 8110: Human Development	3	COUN 8700: Child & Adolescent Counseling	3	
	COUN 8030: Practices	3	COUN 8520: Multicultural Counseling	3			
	<b>Total Credits</b>	9	<b>Total Credits</b>	9	<b>Total Credits</b>	6	24
YEAR	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
2	COUN 8400: Adv. Theory/Technique	3	COUN 8280: Crisis and Trauma	3	TED 8010: Intro to Research EDL 8010: Introductory Research Methods	3	
	COUN 8610: Marriage & Family Counseling	3	COUN 8230: Appraisal	3	COUN 8360: Group Theory/Techniques	3	
	COUN 8800: Clinical Mental Health	3	COUN 8920: DSM	3			
	<b>Total Credits</b>	9	<b>Total Credits</b>	9	<b>Total Credits</b>	6	48
YEAR	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
3	COUN 8220: Practicum	3	COUN 8250: Internship	3	COUN 8260: Adv. Internship	3	
	COUN 8020: Counseling for Work and Wellness	3	Comprehensive Exam & NCE/NCMHCE				
	<b>Total Credits</b>	6	<b>Total Credits</b>	3	<b>Total Credits</b>	3	60
	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
YEAR							
4							
	<b>Total Credits</b>		<b>Total Credits</b>		<b>Total Credits</b>		



**CMHC Full-Time – Spring Start (Spring Practicum)**

**Faculty Advisor:**

<b>YEAR</b>	<b>Fall: _____</b>	<b>CR</b>	<b>Spring: _____</b>	<b>CR</b>	<b>Summer: _____</b>	<b>CR</b>	<b>Total</b>		
<b>1</b>			COUN 8010: Intro to Counseling	3	COUN 8516: Tx Issues in Substance Abuse	3			
			COUN 8040: Ethics/Legal Issues	3	COUN 8700: Child & Adolescent Counseling	3			
			COUN 8030: Practices	3					
	<b>Total Credits</b>			<b>Total Credits</b>		9	<b>Total Credits</b>		6
<b>YEAR</b>	<b>Fall: _____</b>	<b>CR</b>	<b>Spring: _____</b>	<b>CR</b>	<b>Summer: _____</b>	<b>CR</b>			
<b>2</b>	COUN 8200: Theories	3	COUN 8400: Adv. Theory/Technique	3	TED 8010: Intro to Research EDL 8010: Introductory Research Methods	3			
	COUN 8110: Human Development	3	COUN 8610: Marriage & Family Counseling	3	COUN 8360: Group Theory/Techniques	3			
	COUN 8520: Multicultural Counseling	3	COUN 8800: Clinical Mental Health	3					
	<b>Total Credits</b>		9	<b>Total Credits</b>		9	<b>Total Credits</b>		6
<b>YEAR</b>	<b>Fall: _____</b>	<b>CR</b>	<b>Spring: _____</b>	<b>CR</b>	<b>Summer: _____</b>	<b>CR</b>			
<b>3</b>	COUN 8280: Crisis and Trauma	3	COUN 8220: Practicum	3	COUN 8250: Internship	3			
	COUN 8230: Appraisal	3	COUN 8020: Counseling for Work and Wellness	3					
	COUN 8920: DSM								
	<b>Total Credits</b>		6	<b>Total Credits</b>		6	<b>Total Credits</b>		3
<b>YEAR</b>	<b>Fall: _____</b>	<b>CR</b>	<b>Spring: _____</b>	<b>CR</b>	<b>Summer: _____</b>	<b>CR</b>			
<b>4</b>	COUN 8260: Adv. Internship	3							
	Comprehensive Exam & NCE/NCMHCE								
	<b>Total Credits</b>		3	<b>Total Credits</b>			<b>Total Credits</b>		



**CMHC Part-time – Fall Start (Fall Practicum)**

**Faculty Advisor:**

YEAR 1	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	Total
	COUN 8010: Intro to Counseling	3	COUN 8200: Theories	3	COUN 8516: Tx Issues in Substance Abuse	3	
	COUN 8040: Ethics/Legal Issues	3	COUN 8030: Practices	3	COUN 8110: Human Development	3	
	<b>Total Credits</b>	6	<b>Total Credits</b>	6	<b>Total Credits</b>	6	18
YEAR 2	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
	COUN 8020: Counseling for Work and Wellness	3	COUN 8800: Clinical Mental Health	3	COUN 8360: Group Theory/Techniques	3	
	COUN 8520: Multicultural Counseling	3	COUN 8610: Marriage & Family Counseling	3	COUN 8700: Child & Adolescent Counseling	3	
	<b>Total Credits</b>	6	<b>Total Credits</b>	6	<b>Total Credits</b>	6	36
YEAR 3	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
	COUN 8280: Crisis and Trauma	3	COUN 8920: DSM	3	TED 8010: Intro to Research Methods or EDL 8010: Introductory Research Methods	3	
	COUN 8230: Appraisal	3	COUN 8400: Adv. Theory/Technique	3			
	<b>Total Credits</b>	6	<b>Total Credits</b>	6	<b>Total Credits</b>	3	51
YEAR 4	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
	COUN 8220: Practicum	3	COUN 8250: Internship	3	COUN 8260: Adv. Internship	3	
			Comprehensive Exam & NCE/NCMHCE				
	<b>Total Credits</b>	3	<b>Total Credits</b>	3	<b>Total Credits</b>	3	60

**Part-Time CMHC - Spring Start (Spring Practicum)**

**Faculty Advisor:**

YEAR 1	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	Total
			COUN 8010: Intro to Counseling	3	COUN 8516: Tx Issues in Substance Abuse	3	
			COUN 8040: Ethics/Legal Issues	3	COUN 8110: Human Development	3	
	<b>Total Credits</b>		<b>Total Credits</b>	6	<b>Total Credits</b>	6	18
YEAR 2	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
	COUN 8200: Theories	3	COUN 8020: Counseling for Work and Wellness	3	COUN 8360: Group Theory/Techniques	3	
	COUN 8030: Practices	3	COUN 8520: Multicultural Counseling	3	COUN 8700: Child & Adolescent Counseling	3	
	<b>Total Credits</b>	6	<b>Total Credits</b>	6	<b>Total Credits</b>	6	36
YEAR 3	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
	COUN 8800: Clinical Mental Health	3	COUN 8280: Crisis and Trauma	3	TED 8010: Intro to Research Methods or EDL 8010: Introductory Research Methods	3	
	COUN 8610: Marriage & Family Counseling	3	COUN 8230: Appraisal	3			
	<b>Total Credits</b>	6	<b>Total Credits</b>	6	<b>Total Credits</b>	3	51
YEAR 4	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
	COUN 8920: DSM	3	COUN 8220: Practicum	3	COUN 8250: Internship	3	
	COUN 8400: Adv. Theory/Technique	3					
	<b>Total Credits</b>	6	<b>Total Credits</b>	3	<b>Total Credits</b>	3	



YEAR 5	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	Total
	COUN 8260: Adv. Internship	3					
	Comprehensive Exam & NCE/NCMHCE						
	<b>Total Credits</b>	3	<b>Total Credits</b>		<b>Total Credits</b>		

**CMHC Part-Time – Summer Start (Summer Practicum)**

**Faculty Advisor:**

YEAR 1	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	Total
					COUN 8516: Tx Issues in Substance Abuse	3	
					COUN 8040: Ethics/Legal Issues	3	
	<b>Total Credits</b>		<b>Total Credits</b>		<b>Total Credits</b>	6	
YEAR 2	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	Total
	COUN 8010: Intro to Counseling	3	COUN 8200: Theories	3	COUN 8360: Group Theory/Techniques	3	
	COUN 8110: Human Development	3	COUN 8030: Practices	3	COUN 8700: Child & Adolescent Counseling	3	
	<b>Total Credits</b>	6	<b>Total Credits</b>	6	<b>Total Credits</b>	6	
YEAR 3	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	Total
	COUN 8020: Counseling for Work and Wellness	3	COUN 8800: Clinical Mental Health	3	TED 8010: Intro to Research Methods or EDL 8010: Introductory Research Methods	3	
	COUN 8520: Multicultural Counseling	3	COUN 8610: Marriage & Family Counseling	3			
	<b>Total Credits</b>	6	<b>Total Credits</b>	6	<b>Total Credits</b>	3	
YEAR 4	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	Total
	COUN 8280: Crisis and Trauma	3	COUN 8920: DSM	3	COUN 8220: Practicum	3	
	COUN 8230: Appraisal	3	COUN 8400: Adv. Theory/Technique	3			
	<b>Total Credits</b>	6	<b>Total Credits</b>	6	<b>Total Credits</b>	3	

YEAR 5	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	Total
	COUN 8250: Internship	3	COUN 8260: Adv. Internship	3			
			Comprehensive Exam & NCE/NCMHCE				
	<b>Total Credits</b>	3	<b>Total Credits</b>	3	<b>Total Credits</b>		