UNO Department of Counseling: Clinical Mental Health Counseling Curriculum

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| --- | --- | --- | --- | --- | --- | --- |
| **COURSE**  **No.** | **Course Title** | **Credit** | **Method of Instruction** | **Departmental Holds** | **Practicum Pre Requisite/CoReq** |  |
| EDL 8010 | Introduction to Research  Introductory Research Methods | 3 | EDL 8010-820: Remote |  | No |  |
| COUN 8010 | Introduction to Counseling | 3 | 850- On-line Asynchronous |  | Yes |  |
| COUN 8030 | Counseling Practices | 3 | 000- In person |  | Yes |  |
| COUN 8040 | Professional & Ethical Practices | 3 | 820- Remote Hybrid Asynchronous |  | Yes |  |
| COUN  8110 | Human Dev & Psychosocial Intervention | 3 | 850- On-line Asynchronous |  | No |  |
| COUN 8200 | Counseling Theories | 3 | 860- Hybrid In Person  and Asynchronous |  | Yes |  |
| COUN 8020 | Career Development & Lifestyle | 3 | 850- On-line Asynchronous |  | No |  |
| COUN 8230 | Appraisal Techniques | 3 | 820- Remote Hybrid with Asynchronous |  | No |  |
| COUN  8280 | Crisis Counseling | 3 | 000- In person | 8030; 8200; 8040 | Yes |  |
| COUN 8360 | Group Theory & Techniques | 3 | 000- In person | 8030, 8040 | Yes/Co-req w/COUN 8220 |  |
| COUN 8400 | Advanced Counseling Theory & Techniques | 3 | 000- In person | 8030, 8200 | Yes |  |
| COUN 8516 | Treatment Issues in Sub. Abuse | 3 | 820- Remote Hybrid with Asynchronous | 8030, 8200, 8040 | Yes |  |
| COUN  8520 | Counseling w/Multicultural Populations | 3 | 000- In person |  | Yes |  |
| COUN 8610 | Marriage & Family Counseling | 3 | 820-Remote | 8030, 8200, 8040 | Yes/Co-Req w/8220 |  |
| COUN 8700 | Child & Adolescent Counseling | 3 | 000- In person | 8030, 8200, 8040 | Yes/ Co-Req w/8220 |  |
| COUN  8800 | Clinical Mental Health  Counseling | 3 | 850- On-line Asynchronous |  | Yes/Co-Req w/8220 |  |
| COUN  8920 | DSM & Treatment Planning | 3 | 850- On-line Asynchronous | 8030, 8200, 8040 | Yes |  |
| **COUN 8220** | **Counseling Practicum** | **3** | 000- In person | YES—must attend  mandatory Orientation | **NA** |  |
| COUN 8250 | Counseling Internship | 3 | 820-Remote | **Yes** –must complete COUN 8220 w/ B or  Higher; | NA |  |
| COUN 8260 | Advanced Internship | 3 | 820-Remote |  | NA |  |
|  | **Total Credits** | **60 Credit Hours** | |  | |  |
| **Provisionally Licensed Alcohol & Drug Abuse Counselor (PLADAC) Electives**  In addition to the 60 credit CMHC curriculum, the following electives will satisfy the PLADAC  *academic* requirements in Nebraska: | | | | | | |
| 1. COUN 8686: Medical & Psychosocial Aspects (of Substance Abuse) (online) 2. COUN 8696: Assessment & Case Management in Substance Abuse (online)   (Students are encouraged to complete these courses *after completing* Practicum (COUN 8220) pre-reqs. | | | | | | |

Clinical Mental Health Counseling

COUN 8220 (Practicum) Pre-Requisites & Co-Requisites\*

Pre-Requisites for Practicum (COUN 8220) Semester Completed

|  |  |  |
| --- | --- | --- |
| 1. COUN 8010: | Introduction to Counseling |  |
| 2. COUN 8030 | Counseling Practices |  |
| 3. COUN 8040 | Professional & Ethical Issues |  |
| 4. COUN 8200 | Counseling Theories |  |
| 5. COUN 8400 | Advanced Theory and Techniques |  |
| 6. COUN 8520 | Multicultural Counseling |  |
| 7. COUN 8920 | DSM-5 & Treatment Planning |  |
| 8. COUN 8280 | Crisis Intervention |  |
| 9. COUN 8516 | Treatment Issues in Substance Abuse |  |

Co-Requisites for Practicum Semester Completed

|  |  |  |
| --- | --- | --- |
| 1. COUN 8360 | Group Techniques & Practice |  |
| 2. COUN 8610 | Marriage & Family Counseling |  |
| **3.** COUN 8800 | Clinical Mental Health Counseling |  |
| **4.** COUN 8700 | Child and Adolescent Counseling |  |

**Plan of Study Sample (Part-Time CMHC)**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Faculty Advisor:**  **Degree: M.S. Thesis option:** | | | | | | | |
| **YEAR 1** | **Fall:** | **CR** | **Spring:** | **CR** | **Summer:** | **CR** | **Total** |
|  | COUN 8010: Intro to Counseling | 3 | COUN 8200: Theories | 3 | COUN 8516: Tx Issues in Substance Abuse | 3 |  |
| COUN 8040: Ethics/Legal Issues | 3 | COUN 8030: Practices | 3 | COUN 8110: Human  Development | 3 |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **Total Credits** | 6 | **Total Credits** | 6 | **Total Credits** | 6 | 18 |
| **YEAR 2** | **Fall:** | **CR** | **Spring:** | **CR** | **Summer:** | **CR** |  |
|  | COUN 8020: Career & Lifestyle | 3 | COUN 8800: Clinical Mental Health | 3 | COUN 8360: Group  Theory/Techniques | 3 |  |
| COUN 8520: Multicultural Counseling | 3 | COUN 8610: Marriage & Family Counseling | 3 | COUN 8700: Child & Adolescent Counseling | 3 |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **Total Credits** | 6 | **Total Credits** | 6 | **Total Credits** | 6 | 36 |
| **YEAR 3** | **Fall:** | **CR** | **Spring:** | **CR** | **Summer:** | **CR** |  |
|  | COUN 8280: Crisis and Trauma | 3 | COUN 8920: DSM | 3 | COUN 8220: Practicum | 3 |  |
| COUN 8230: Appraisal | 3 | COUN 8400: Adv.  Theory/Technique | 3 | EDL 8010: Introductory Research Methods | 3 |  |
|  |  |  |  |  |  |  |
| **Total Credits** | 6 | **Total Credits** | 6 | **Total Credits** | 6 | 54 |
| **Fall:** | **CR** | **Spring:** | **CR** | **Summer:** | **CR** |  |
| **YEAR 4** | COUN 8250: Internship | 3 | COUN 8260: Adv. Internship | 3 |  |  |  |
|  |  |  | Comprehensive Exam & NCE/NCMHCE |  |  |  |  |
|  |  |  |  |  |  |  |
| **Total Credits** | 3 | **Total Credits** | 3 | **Total Credits** |  | 60 |

**Plan of Study Sample (Full-Time [9 hrs] CMHC)**

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Faculty Advisor:**  **Degree: M.S. Thesis option:** | | | | | | | |
| **YEAR 1** | **Fall:** | **CR** | **Spring:** | **CR** | **Summer:** | **CR** | **Total** |
|  | COUN 8010: Intro to Counseling | 3 | COUN 8200: Theories | 3 | COUN 8516: Tx Issues in Substance Abuse | 3 |  |
| COUN 8040: Ethics/Legal Issues | 3 | COUN 8110: Human  Development | 3 | COUN 8360: Group  Theory/Techniques | 3 |  |
| COUN 8030: Practices | 3 | COUN 8520: Multicultural Counseling | 3 |  |  |  |
|  |  |  |  |  |  |  |
| **Total Credits** | 9 | **Total Credits** | 9 | **Total Credits** | 6 | 24 |
| **YEAR 2** | **Fall:** | **CR** | **Spring:** | **CR** | **Summer:** | **CR** |  |
|  | COUN 8700: Child & Adolescent Counseling | 3 | COUN 8280: Crisis and Trauma | 3 | EDL 8010: Introductory Research Methods | 3 |  |
| COUN 8610: Marriage & Family Counseling | 3 | COUN 8400: Adv.  Theory/Technique | 3 | COUN 8220: Practicum | 3 |  |
| COUN 8800: Clinical Mental Health | 3 | COUN 8920: DSM | 3 |  |  |  |
|  |  |  |  |  |  |  |
| **Total Credits** | 9 | **Total Credits** | 9 | **Total Credits** | 6 | 48 |
| **YEAR 3** | **Fall:** | **CR** | **Spring:** | **CR** | **Summer:** | **CR** |  |
|  | COUN 8250: Internship | 3 | COUN 8230: Appraisal | 3 |  |  |  |
| COUN 8020: Career & Lifestyle | 3 | COUN 8260: Adv. Internship | 3 |  |  |  |
|  |  | Comprehensive Exam & NCE/NCMHCE |  |  |  |  |
| **Total Credits** | 6 | **Total Credits** | 6 | **Total Credits** |  | 60 |
| **Fall:** | **CR** | **Spring:** | **CR** | **Summer:** | **CR** |  |
| **YEAR 4** |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **Total Credits** |  | **Total Credits** |  | **Total Credits** |  |  |