

UNO Department of Counseling: Clinical Mental Health Counseling Curriculum

COURSE No.	Course Title	Credit	Method of Instruction	When Offered *subject to change	Required Pre-Reqs & 8220 Pre- Requisite or Corequisite
TED 8010 EDL 8010	Introduction to Research Introductory Research Methods	3	EDL 8010 Remote TED 8010 Hybrid in person	Spring/Summer/Fall	None
COUN 8010	Introduction to Counseling	3	850- On-line Asynch.	Spring/Summer/Fall	Pre Req for 8220
COUN 8030	Counseling Practices	3	000- In person	Spring/Summer/Fall	Pre Req for 8220
COUN 8040	Professional & Ethical Practices	3	820- Remote	Spring/Summer/Fall	Pre Req for 8220
COUN 8110	Human Dev & Psychosocial Intervention	3	850- On-line Asynch.	Spring/Summer/Fall	None
COUN 8200	Counseling Theories	3	860- Hybrid In Person- Asynch	Spring/Summer/Fall	Pre Req for 8220
COUN 8226	Counseling for Work & Wellness	3	850- On-line Asynch.	Spring/Fall	None
COUN 8230	Appraisal Techniques	3	820- Remote Hybrid/ Asynch	Spring/Fall	None
COUN 8280	Crisis Counseling	3	000- In person	Spring/Summer/Fall	8030; 8200; 8040 Pre Req for 8220
COUN 8360	Group Theory & Techniques	3	000- In person	Spring/Summer/Fall	8030, 8040 Co-Req with 8220
COUN 8400	Advanced Counseling Theory & Techniques	3	000- In person	Spring/Summer/Fall	8030; 8200 Pre Req for 8220
COUN 8516	Treatment Issues in Sub. Abuse	3	820- Remote Hybrid with Asynchronous	Spring/Summer/Fall	8030; 8200; 8040 Pre Req for 8220
COUN 8520	Counseling w/Multicultural Populations	3	000- In person	Spring/Summer/Fall	Pre Req for 8220
COUN 8610	Marriage & Family Counseling	3	820-Remote	Spring/Summer/Fall	8030; 8200; 8040 Pre Req for 8220
COUN 8700	Child & Adolescent Counseling	3	860Hybrid In Person- Asynch	Spring/Summer/Fall	8030; 8200; 8040 Co-Req with 8220
COUN 8800	Clinical Mental Health Counseling	3	850- On-line Asynch	Spring/Summer/Fall	Co-Req with 8220
COUN 8920	DSM & Treatment Planning	3	850- On-line Asynchronous	Spring/Summer/Fall	8030; 8200; 8040 Pre Req for 8220
COUN 8220	Counseling Practicum	3	000- In person	Spring/Summer/Fall **Mandatory Orientation	NA
COUN 8250	Counseling Internship	3	820-Remote	Spring/Summer/Fall **Pass COUN 8220 w/ B or Higher	NA
COUN 8260	Advanced Internship	3	820-Remote	Spring/Summer/Fall	NA
	Total Credits	60 Credit Hours		*66 Credit Hours if doing Thesis (Must be pre-approved by the CE Committee)	

Provisionally Licensed Alcohol & Drug Counselor (PLADC) Electives

In addition to the 60 credit CMHC curriculum, the following electives will satisfy the PLADC academic requirements in Nebraska:

- a. COUN 8686-850: Medical & Psychosocial Aspects of Substance Use (online)
- b. COUN 8696-850: Assessment & Case Management in Substance Use Counseling (online)



UNIVERSITY OF NEBRASKA AT OMAHA

Clinical Mental Health Counseling COUN 8220 (Practicum) Pre-Requisites & Co-Requisites*

Pre-Requisites for Practicum(COUN 8220)

Semester Completed

1. COUN 8010:	Introduction to Counseling	
2. COUN 8030	Counseling Practices	
3. COUN 8040	Professional & Ethical Issues	
4. COUN 8200	Counseling Theories	
5. COUN 8400	Advanced Theory and Techniques	
6. COUN 8520	Multicultural Counseling	
7. COUN 8920	DSM-5 & Treatment Planning	
8. COUN 8280	Crisis Intervention	
9. COUN 8516	Treatment Issues in Substance Use	

Co-Requisites for Practicum

Semester Completed

1. COUN 8360	Group Techniques & Practice	
2. COUN 8610	Marriage & Family Counseling	
3. COUN 8800	Clinical Mental Health Counseling	
4. COUN 8700	Child and Adolescent Counseling	
**Can Take Any Time		
	COUN 8110 Human Development	
	COUN 8226 Counseling for Work and Wellness	
	COUN 8230 Appraisal Techniques	
	TED/EDL 8010 Research	



UNIVERSITY OF NEBRASKA AT OMAHA

Faculty Advisor:

Full Time CMHC Plan of Study – Fall Practicum

YEAR 1	Fall: _____	CI	Spring: _____	CI	Summer: _____	CF	Total
	COUN 8010: Intro to Counseling	3	COUN 8200: Theories	3	COUN 8516: Tx Issues in Substance Abuse	3	
	COUN 8040: Ethics/Legal Issues	3	COUN 8110: Human Development	3	COUN 8700: Child & Adolescent Counseling	3	
	COUN 8030: Practices	3	COUN 8520: Multicultural Counseling	3			
	Total Credits	9	Total Credits	9	Total Credits	6	24
YEAR 2	Fall: _____	CI	Spring: _____	CR	Summer: _____	CF	
	COUN 8400: Adv. Theory/Technique	3	COUN 8280: Crisis and Trauma	3	TED 8010: Intro to Research EDL 8010: Introductory Research Methods	3	
	COUN 8610: Marriage & Family Counseling	3	COUN 8230: Appraisal	3	COUN 8360: Group Theory/Techniques	3	
	COUN 8800: Clinical Mental Health	3	COUN 8920: DSM	3			
	Total Credits	9	Total Credits	9	Total Credits	6	48
YEAR 3	Fall: _____	CI	Spring: _____	CR	Summer: _____	CF	
	COUN 8220: Practicum	3	COUN 8250: Internship	3	COUN 8260: Adv. Internship	3	
	COUN 8020: Counseling for Work and Wellness	3	Comprehensive Exam & NCE/NCMHCE				
	Total Credits	6	Total Credits	3	Total Credits	3	60
	Fall: _____	CF	Spring: _____	CI	Summer: _____	CF	
YEAR 4							
	Total Credits		Total Credits		Total Credits		

Faculty Advisor:

Full Time CMHC Plan of Study – Spring Practicum

YEAR 1	Fall:_____	CR	Spring:_____	CR	Summer:_____	CR	Total
			COUN 8010: Intro to Counseling	3	COUN 8516: Tx Issues in Substance Abuse	3	
			COUN 8040: Ethics/Legal Issues	3	COUN 8700: Child & Adolescent Counseling	3	
			COUN 8030: Practices	3			
	Total Credits		Total Credits	9	Total Credits	6	
YEAR 2	Fall:_____	CR	Spring:_____	CR	Summer:_____	CR	
	COUN 8200: Theories	3	COUN 8400: Adv. Theory/Technique	3	TED 8010: Intro to Research EDL 8010: Introductory Research Methods	3	
	COUN 8110: Human Development	3	COUN 8610: Marriage & Family Counseling	3	COUN 8360: Group Theory/Techniques	3	
	COUN 8520: Multicultural Counseling	3	COUN 8800: Clinical Mental Health	3			
	Total Credits	9	Total Credits	9	Total Credits	6	
YEAR 3	Fall:_____	CR	Spring:_____	CR	Summer:_____	CR	
	COUN 8280: Crisis and Trauma	3	COUN 8220: Practicum	3	COUN 8250: Internship	3	
	COUN 8230: Appraisal	3	COUN 8020: Counseling for Work and Wellness	3			
	COUN 8920: DSM						
	Total Credits	6	Total Credits	6	Total Credits	3	
	Fall:_____	CR	Spring:_____	CR	Summer:_____	CR	
YEAR 4	COUN 8260: Adv. Internship	3					
	Comprehensive Exam & NCE/NCMHCE						
	Total Credits	3	Total Credits		Total Credits		

Faculty Advisor:**Full Time CMHC Plan of Study – Summer Practicum**

YEAR 1	Fall:_____	CF	Spring:_____	CF	Summer:_____	CF	Total
					COUN 8516: Tx Issues in Substance Abuse	3	
					COUN 8040: Ethics/Legal Issues	3	
	Total Credits		Total Credits		Total Credits	6	
YEAR 2	Fall:_____	CF	Spring:_____	CF	Summer:_____	CF	
	COUN 8010: Intro to Counseling	3	COUN 8200: Theories	3	TED 8010: Intro to Research EDL 8010: Introductory Research Methods	3	
	COUN 8700: Child & Adolescent Counseling	3	COUN 8110: Human Development	3	COUN 8360: Group Theory/Techniques	3	
	COUN 8030: Practices	3	COUN 8520: Multicultural Counseling	3			
	Total Credits	9	Total Credits	9	Total Credits	6	
YEAR 3	Fall:_____	CF	Spring:_____	CF	Summer:_____	CF	
	COUN 8400: Adv. Theory/Technique	3	COUN 8280: Crisis and Trauma	3	COUN 8220: Practicum	3	
	COUN 8610: Marriage & Family Counseling	3	COUN 8230: Appraisal	3	COUN 8020: Counseling for Work and Wellness	3	
	COUN 8800: Clinical Mental Health	3	COUN 8920: DSM	3			
	Total Credits	9	Total Credits	9	Total Credits	6	
	Fall:_____	CF	Spring:_____	CF	Summer:_____	CF	
YEAR 4	COUN 8250: Internship	3	COUN 8260: Adv. Internship	3			
			Comprehensive Exam & NCE/NCMHCE				
	Total Credits	3	Total Credits	3	Total Credits		

Faculty Advisor:

Part Time CMHC Plan of Study – Fall Practicum

YEAR 1	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	Total
	COUN 8010: Intro to Counseling	3	COUN 8200: Theories	3	COUN 8516: Tx Issues in Substance Abuse	3	
	COUN 8040: Ethics/Legal Issues	3	COUN 8030: Practices	3	COUN 8110: Human Development	3	
	Total Credits	6	Total Credits	6	Total Credits	6	18
YEAR 2	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
	COUN 8020: Counseling for Work and Wellness	3	COUN 8800: Clinical Mental Health	3	COUN 8360: Group Theory/Techniques	3	
	COUN 8520: Multicultural Counseling	3	COUN 8610: Marriage & Family Counseling	3	COUN 8700: Child & Adolescent Counseling	3	
	Total Credits	6	Total Credits	6	Total Credits	6	36
YEAR 3	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
	COUN 8280: Crisis and Trauma	3	COUN 8920: DSM	3	TED 8010: Intro to Research Methods or EDL 8010: Introductory Research Methods	3	
	COUN 8230: Appraisal	3	COUN 8400: Adv. Theory/Technique	3			
	Total Credits	6	Total Credits	6	Total Credits	3	51
	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
YEAR 4	COUN 8220: Practicum	3	COUN 8250: Internship	3	COUN 8260: Adv. Internship	3	
			Comprehensive Exam & NCE/NCMHCE				
	Total Credits	3	Total Credits	3	Total Credits	3	60

Faculty Advisor:

Part Time CMHC Plan of Study – Spring Practicum

YEAR 1	Fall: _____	CR	Spring: _____	CR	Summer: _____	CF	Total
			COUN 8010: Intro to Counseling	3	COUN 8516: Tx Issues in Substance Abuse	3	
			COUN 8040: Ethics/Legal Issues	3	COUN 8110: Human Development	3	
	Total Credits		Total Credits	6	Total Credits	6	18
YEAR 2	Fall: _____	CR	Spring: _____	CR	Summer: _____	CF	
	COUN 8200: Theories	3	COUN 8020: Counseling for Work and Wellness	3	COUN 8360: Group Theory/Techniques	3	
	COUN 8030: Practices	3	COUN 8520: Multicultural Counseling	3	COUN 8700: Child & Adolescent Counseling	3	
	Total Credits	6	Total Credits	6	Total Credits	6	36
YEAR 3	Fall: _____	CR	Spring: _____	CR	Summer: _____	CF	
	COUN 8800: Clinical Mental Health	3	COUN 8280: Crisis and Trauma	3	TED 8010: Intro to Research Methods or EDL 8010: Introductory Research Methods	3	
	COUN 8610: Marriage & Family Counseling	3	COUN 8230: Appraisal	3			
	Total Credits	6	Total Credits	6	Total Credits	3	51
	Fall: _____	CF	Spring: _____	CF	Summer: _____	CF	
YEAR 4							
	COUN 8920: DSM	3	COUN 8220: Practicum	3	COUN 8250: Internship	3	
	COUN 8400: Adv. Theory/Technique	3					
	Total Credits	6	Total Credits	3	Total Credits	3	

Faculty Advisor:

Part Time CMHC Plan of Study – Summer Practicum

YEAR 1	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	Total
					COUN 8516: Tx Issues in Substance Abuse	3	
					COUN 8040: Ethics/Legal Issues	3	
	Total Credits		Total Credits		Total Credits	6	
YEAR 2	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
	COUN 8010: Intro to Counseling	3	COUN 8200: Theories	3	COUN 8360: Group Theory/Techniques	3	
	COUN 8110: Human Development	3	COUN 8030: Practices	3	COUN 8700: Child & Adolescent Counseling	3	
	Total Credits	6	Total Credits	6	Total Credits	6	
YEAR 3	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
	COUN 8020: Counseling for Work and Wellness	3	COUN 8800: Clinical Mental Health	3	TED 8010: Intro to Research Methods or EDL 8010: Introductory Research Methods	3	
	COUN 8520: Multicultural Counseling	3	COUN 8610: Marriage & Family Counseling	3			
	Total Credits	6	Total Credits	6	Total Credits	3	
	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
YEAR 4	COUN 8280: Crisis and Trauma	3	COUN 8920: DSM	3	COUN 8220: Practicum	3	
	COUN 8230: Appraisal	3	COUN 8400: Adv. Theory/Technique	3			
	Total Credits	6	Total Credits	6	Total Credits	3	