

UNO Department of Counseling

Clinical Mental Health Counseling Curriculum

| Clinical Mental Health Counseling Concentration (CMHC) | | | | |
|--|---|-----------|--|---------------------------|
| COURSE No. | Course Title | Credit | Departmental Registration Hold | Practicum Pre-Requirement |
| TED 8010 (Or HPER 8030) | Introduction to Research | 3 | | No |
| COUN 8010 | Introduction to Counseling | 3 | | Yes |
| COUN 8030 | Counseling Practices | 3 | | Yes |
| COUN 8040 | Professional & Ethical Practices | 3 | | Yes |
| COUN 8110 | Human Dev & Psychosocial Intervention | 3 | | No |
| COUN 8200 | Counseling Theories | 3 | | Yes |
| COUN 8226 | Career Development & Lifestyle | 3 | | No |
| COUN 8230 | Appraisal Techniques | 3 | | No |
| COUN 8280 | Crisis Counseling | 3 | 8030; 8200; 8040 | Yes |
| COUN 8360 | Group Theory & Techniques | 3 | 8030, 8040 & documented completion of "Group Experience" | Yes/Co-req w/COUN 8220 |
| COUN 8400 | Advanced Counseling Theory & Techniques | 3 | 8030, 8200 | Yes |
| COUN 8516 | Treatment Issues in Sub. Abuse | 3 | | Yes |
| COUN 8520 | Counseling w/Multicultural Populations | 3 | | Yes |
| COUN 8610 | Marriage & Family Counseling | 3 | 8030, 8200, 8040 | Yes/Co-Req w/8220 |
| COUN 8700 | Child & Adolescent Counseling | 3 | 8030 | No |
| COUN 8800 | Clinical Mental Health Couns | 3 | | Yes/Co-Req w/8220 |
| COUN 8920 | DSM & Treatment Planning | 3 | Yes Department Consent; Priority registration. for students entering COUN 8220 (Practicum) semester after practicum have priority registration | Yes |
| Clinical Experiences | | | | |
| COUN 8220 | Counseling Practicum | 3 | YES—must attend mandatory Practicum Orientation | NA |
| COUN 8250 | Counseling Internship | 3 | Yes —must complete COUN 8220 w/ B or Higher; Department Consent) | NA |
| COUN 8260 | Advanced Internship | 3 | | NA |
| Total Credits MS (no thesis) | | 60 | | |
| Total Credits MS w/Thesis | | 66 | | |
| Additional Options | | | | |
| <ol style="list-style-type: none"> 1. *M.S. w/Thesis Option requires 6 thesis credits (COUN 8990) & Faculty Approval (66 credits) 2. Electives to complete PLMHP academic requirements (online courses)**: <ol style="list-style-type: none"> a. COUN 8686: Medical & Psychosocial Aspects (of Substance Abuse) b. COUN 8696: Assessment & Case Management in Substance Abuse c. **Students should complete these courses <i>after</i> Practicum (COUN 8220) pre-reqs. | | | | |

**Clinical Mental Health Counseling
COUN 8220 (Practicum) Pre-Requisites & Co-Requisites***

Pre-Requisites for Practicum (COUN 8220)

Semester Completed

- | | | | |
|----|-------------------|--|-------|
| 1. | COUN 8010: | Introduction to Counseling | _____ |
| 2. | COUN 8030 | Counseling Practices | _____ |
| 3. | COUN 8040 | Professional & Ethical Issues | _____ |
| 4. | COUN 8200 | Counseling Theories | _____ |
| 5. | COUN 8400 | Advanced Theory and Techniques | _____ |
| 6. | COUN 8520 | Multicultural Counseling | _____ |
| 7. | COUN 8920 | DSM-5 & Treatment Planning | _____ |
| 8. | COUN 8280 | Crisis Intervention | _____ |
| 9. | COUN 8516 | Treatment Issues in Substance Abuse | _____ |

Co-Requisites for Practicum

Semester Completed

- | | | | |
|----|------------------|--|-------|
| 1. | COUN 8360 | Group Techniques & Practice | _____ |
| 2. | COUN 8610 | Marriage & Family Counseling | _____ |
| 3. | COUN 8800 | Clinical Mental Health Counseling | _____ |

UNO Counseling Department

Plan of Study

| 1. Concentration: Clinical Mental Health Counseling (CMHC) ____ School Counseling ____ Student Affairs in Higher Ed. ____ 2. Semester Admitted as Degree Seeking Student: 3. Degree: M.S. _____ M.S. w/Thesis _____ 4. Faculty Advisor: | | | | | | | |
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| YEAR 1 | Fall: _____ | C R | Spring: _____ | C R | Summer: _____ | C R | Total |
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| | Total Credits | | Total Credits | | Total Credits | | |
| YEAR 2 | Fall: _____ | C R | Spring: _____ | C R | Summer: _____ | C R | Total |
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| | Total Credits | | Total Credits | | Total Credits | | |
| YEAR 3 | Fall: _____ | C R | Spring: _____ | C R | Summer: _____ | C R | Total |
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| | Total Credits | | Total Credits | | Total Credits | | |
| | Fall: _____ | C R | Spring: _____ | C R | Summer: _____ | C R | |
| YEAR 4 | | | | | | | |
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| | Total Credits | | Total Credits | | Total Credits | | |
| Total Credits | | | | | | | |

