

CMHC Content Course Sequence

Foundational Classes:

These are classes that require no prior foundational knowledge to be successful in them. You will want most of these completed prior to taking specialty and advanced content classes.

Introduction to Counseling (COUN 8010); Ethics (COUN 8040);
Counseling Theories (COUN 8200); Practices (COUN 8030);
Human Development (COUN 8110); Multicultural Counseling (COUN 8250);
Counseling for Work and Wellness (COUN 8020); Research Methods (EDL 8010)

Specialty populations and settings Classes:

These classes build on the foundational knowledge courses to apply and expand information to support specialty populations or specialty settings. To get the most out of them you will want most of your foundational classes completed.

Marriage and Family Counseling (COUN 8610); Group Counseling
(COUN 8360); Child and Adolescent Counseling (COUN 8700);
Treatment Issues in Substance Abuse (COUN 8516)

Advanced Content Classes:

These classes require students to apply and integrate foundational knowledge and specialist knowledge. To get the most out of these classes you will want your foundational classes done and most of your specialty population/setting classes done.

Crisis and Trauma Counseling (COUN 8280); Advanced Theory and
Techniques (8400); DSM (COUN 8920); Appraisal (COUN 8230)

Thinking about our classes as falling into three categories will help you get the most out of the curriculum! As always, touch base with your advisor if you have questions or concerns.