



UNO Department of Counseling: Clinical Mental Health Counseling Curriculum

Course No.	Course Title	Credit	Method of Instruction	COUN 8220 Practicum Pre-Requisite or Co-Req
COUN 8010	Introduction to Counseling	3	850- Online Asynchronous	Pre-Req Required
COUN 8030	Counseling Practices	3	001-In person	Pre-Req Required
COUN 8040	Ethical Issues	3	820- Online Synchronous	Pre-Req Required
COUN 8100	Research in Counseling	3	001-In person	
COUN 8110	Human Development	3	850- Online Asynchronous	
COUN 8200	Counseling Theories	3	850- Online Asynchronous	Pre-Req Required
COUN 8020	Counseling for Work	3	850- Online Asynchronous	
COUN 8230	Assessment in Counseling	3	001-In person	Pre-Req Required
COUN 8280	Trauma and Crisis Counseling	3	001-In person	Pre-Req Required
COUN 8360	Group Theory & Techniques	3	001-In person	Pre-Req Required
COUN 8400	Advanced Theory & Techniques	3	001-In person	Pre-Req Required
COUN 8516	Treatment Issues Chem Depend	3	850- Online Asynchronous	Co-Req
COUN 8520	Multicultural Counseling	3	001-In person	Pre-Req Required
COUN 8610	Couple & Family Counseling	3	820- Online Synchronous	Co-Req
COUN 8700	Child & Adolescent Counseling	3	860- Hybrid (inperson + asynchronous)	Co-Req
COUN 8920	Treatment Planning & DSM	3	001-In person	Pre-Req Required
COUN 8220	Counseling Practicum (Counseling Clinic)	3	001-In person	N/A
COUN 8250	Counseling Internship	3	820- Online Synchronous	N/A
COUN 8250	Advanced Internship	3	820- Online Synchronous	N/A
Graduate Elective	Select graduate elective 3 credit hours	3	Varies	N/A

Total Credit Hours: 60 (66 credit hours if completing a thesis, as approved by faculty).

Provisionally Licensed Alcohol & Drug Abuse Counselor (PLADC) Electives

In addition to the 60-credit CMHC curriculum, the following electives satisfy PLADC academic requirements:

- COUN 8686: Medical & Psychosocial Aspects of Substance Abuse (online)
- COUN 8696: Assessment & Case Management in Substance Abuse (online)

Students are encouraged to complete these courses after Counseling Practicum (COUN 8220) prerequisites.



Clinical Mental Health Counseling COUN 8220 (Practicum) Pre-Requisites & Co-Requisites*

CLUSTER “A” (10 classes):

Pre-Requisites for Practicum (COUN 8220): MUST take before Practicum

A-1 (5 classes): Foundational Courses for Early Clinical Training

COUN 8010: INTRODUCTION TO COUNSELING
COUN 8040: PROFESSIONAL & ETHICAL ISSUES
COUN 8200: COUNSELING THEORIES
COUN 8520: MULTICULTURAL COUNSELING
COUN 8230: ASSESSMENT IN COUNSELING

A-2 (5 classes): Advanced Clinical Skill-Building Courses

COUN 8030: COUNSELING PRACTICES (3rd-4th Semester)
COUN 8400: ADVANCED THEORY AND TECHNIQUES (4th-5th Semester)
COUN 8280: TRAUMA AND CRISIS COUNSELING
COUN 8360: GROUP THEORY & TECHNIQUES
COUN 8920: TREATMENT PLANNING WITH DSM

Note: While A-1 courses are not official prerequisites for A-2 courses, taking them earlier can help build a strong foundation and make later coursework feel more manageable and meaningful.

CLUSTER “B” (3 classes):

Co-Requisites for Practicum (Can take before or during practicum)

COUN 8610: COUPLE AND FAMILY THERAPY
COUN 8700: CHILD & ADOLESCENT COUNSELING
COUN 8516: TREATMENT ISSUES CHEM DEPEND

CLUSTER “C” (4 classes):

Can take any time in the program (Can take AFTER Practicum)

COUN 8100: RESEARCH IN COUNSELING
COUN 8020: COUNSELING FOR WORK
COUN 8110: HUMAN DEVELOPMENT
Graduate Elective: Select three hours with the following graduate course prefixes: COUN, CRCJ, GERO, PA, PHHB, PSYC, SOC, SOWK, or SPED

FIELD EXPERIENCES (3 Classes)

COUN 8220: COUNSELING PRACTICUM
COUN 8250: COUNSELING INTERNSHIP
COUN 8250: ADVANCED INTERNSHIP



CMHC Plan of Study Sample (Part-Time: 6 Credit hrs.)

Faculty Advisor:							
Degree: M.S. Thesis option:							
YEAR 1	Fall:	CR	Spring:	CR	Summer:	CR	Total
	COUN 8010: INTRODUCTION TO COUNSELING	3	COUN 8200: COUNSELING THEORIES	3	COUN 8230: ASSESSMENT IN COUNSELING	3	
	COUN 8040: PROFESSIONAL & ETHICAL ISSUES	3	COUN 8520: MULTICULTURAL COUNSELING	3	COUN 8280: TRAUMA AND CRISIS COUNSELING	3	
		6		6		6	18
YEAR 2	Fall:	CR	Spring:		Summer:	CR	
	COUN 8030: COUNSELING PRACTICES	3	COUN 8400: ADVANCED THEORY AND TECHNIQUES	3	COUN 8610: COUPLE AND FAMILY THERAPY	3	
	COUN 8920: TREATMENT PLANNING WITH DSM	3	COUN 8360: GROUP THEORY & TECHNIQUES	3	COUN 8700: CHILD & ADOLESCENT COUNSELING	3	
		6		6		6	36
YEAR 3	Fall:	CR	Spring:		Summer:	CR	
	COUN 8516: TREATMENT ISSUES CHEM DEPEND	3	COUN 8100: RESEARCH IN COUNSELING	3	COUN 8020: COUNSELING FOR WORK	3	
	COUN 8110: HUMAN DEVELOPMENT	3	COUN 8220: COUNSELING PRACTICUM	3	COUN 8250: COUNSELING INTERNSHIP	3	
		6		6		6	54
		CR				CR	
YEAR 4	COUN 8250: ADVANCED INTERNSHIP	3					
	Graduate Elective & Comprehensive Exam & NCE/NCMHCE	3					
	Total Credits	6	Total Credits		Total Credits		60



CMHC Plan of Study Sample (Full-Time: 9 Credit hrs.)

Faculty Advisor:							
Degree: M.S. _____ Thesis option:							
YEAR 1	Fall:	CR	Spring:	CR	Summer:	CR	Total
	COUN 8010: INTRODUCTION TO COUNSELING	3	COUN 8520: MULTICULTURAL COUNSELING	3	COUN 8030: COUNSELING PRACTICES	3	
	COUN 8040: PROFESSIONAL & ETHICAL ISSUES	3	COUN 8230: ASSESSMENT IN COUNSELING	3	COUN 8920: TREATMENT PLANNING WITH DSM	3	
	COUN 8200: COUNSELING THEORIES	3	COUN 8280: TRAUMA AND CRISIS COUNSELING	3	COUN 8110: HUMAN DEVELOPMENT	3	
		9		9		9	27
YEAR 2	Fall:	CR	Spring:		Summer:	CR	
	COUN 8400: ADVANCED THEORY AND TECHNIQUES	3	COUN 8700: CHILD & ADOLESCENT COUNSELING	3	COUN 8100: RESEARCH IN COUNSELING	3	
	COUN 8360: GROUP THEORY & TECHNIQUES	3	COUN 8516: TREATMENT ISSUES CHEM DEPEND	3	COUN 8020: COUNSELING FOR WORK	3	
	COUN 8610: COUPLE AND FAMILY THERAPY	3	COUN 8220: COUNSELING PRACTICUM	3	COUN 8250: COUNSELING INTERNSHIP	3	
		9		9		9	54
YEAR 3	Fall:	CR	Spring:		Summer:	CR	
	COUN 8250: ADVANCED INTERNSHIP	3					
	Graduate Elective & Comprehensive Exam & NCE/NCMHCE	3					
	Total Credits	6	Total Credits	6	Total Credits		60
	Fall:	CR	Spring:	CR	Summer:	CR	