



Plan of Study Sample (Part-Time CMHC)

Faculty Advisor: _____

Degree: M.S. _____ Thesis option: _____

YEAR	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	Total
1	COUN 8010: Intro to Counseling	3	COUN 8200: Theories	3	COUN 8516: Tx Issues in Substance Abuse	3	
	COUN 8040: Ethics/Legal Issues	3	COUN 8030: Practices	3	COUN 8110: Human Development	3	
	Total Credits	6	Total Credits	6	Total Credits	6	18
YEAR	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
2	COUN 8226: Career & Lifestyle	3	COUN 8800: Clinical Mental Health	3	COUN 8360: Group Theory/Techniques	3	
	COUN 8520: Multicultural Counseling	3	COUN 8610: Marriage & Family Counseling	3	COUN 8700: Child & Adolescent Counseling	3	
	Total Credits	6	Total Credits	6	Total Credits	6	36
YEAR	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
3	COUN 8280: Crisis and Trauma	3	COUN 8920: DSM	3	COUN 8220: Practicum	3	
	COUN 8230: Appraisal	3	COUN 8400: Adv. Theory/Technique	3	TED 8010: Intro to Research Methods or EDL 8010: Introductory Research Methods	3	
	Total Credits	6	Total Credits	6	Total Credits	6	54
YEAR	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
4	COUN 8250: Internship	3	COUN 8260: Adv. Internship	3			
			Comprehensive Exam & NCE/NCMHCE				
	Total Credits	3	Total Credits	3	Total Credits		60



Plan of Study Sample (Full-Time [9 hrs] CMHC)

Faculty Advisor:

Degree: M.S. _____ Thesis option: _____

YEAR 1	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	Total
	COUN 8010: Intro to Counseling	3	COUN 8200: Theories	3	COUN 8516: Tx Issues in Substance Abuse	3	
	COUN 8040: Ethics/Legal Issues	3	COUN 8110: Human Development	3	COUN 8700: Child & Adolescent Counseling	3	
	COUN 8030: Practices	3	COUN 8520: Multicultural Counseling	3			
	Total Credits	9	Total Credits	9	Total Credits	6	24
YEAR 2	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
	COUN 8360: Group Theory/Techniques	3	COUN 8280: Crisis and Trauma	3	TED 8010: Intro to Research or EDL 8010: Introductory Research Methods	3	
	COUN 8610: Marriage & Family Counseling	3	COUN 8400: Adv. Theory/Technique	3	COUN 8220: Practicum	3	
	COUN 8800: Clinical Mental Health	3	COUN 8920: DSM	3			
	Total Credits	9	Total Credits	9	Total Credits	6	48
YEAR 3	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
	COUN 8250: Internship	3	COUN 8230: Appraisal	3			
	COUN 8226: Career & Lifestyle	3	COUN 8260: Adv. Internship	3			
			Comprehensive Exam & NCE/NCMHCE				
	Total Credits	6	Total Credits	6	Total Credits		60
	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
YEAR 4							
	Total Credits		Total Credits		Total Credits		

UNO Department of Counseling: Clinical Mental Health Counseling Curriculum

COURSE No.	Course Title	Credit	Departmental Registration Hold	Practicum Pre Requisite/CoReq
TED 8010 OR EDL 8010	Introduction to Research Introductory Research Methods	3		No
COUN 8010	Introduction to Counseling	3		Yes
COUN 8030	Counseling Practices	3		Yes
COUN 8040	Professional & Ethical Practices	3		Yes
COUN 8110	Human Dev & Psychosocial Intervention	3		No
COUN 8200	Counseling Theories	3		Yes
COUN 8226	Career Development & Lifestyle	3		No
COUN 8230	Appraisal Techniques	3		No
COUN 8280	Crisis Counseling	3	8030; 8200; 8040	Yes
COUN 8360	Group Theory & Techniques	3	8030, 8040	Yes/Co-req w/COUN 8220
COUN 8400	Advanced Counseling Theory & Techniques	3	8030, 8200	Yes
COUN 8516	Treatment Issues in Sub. Abuse	3		Yes
COUN 8520	Counseling w/Multicultural Populations	3		Yes
COUN 8610	Marriage & Family Counseling	3	8030, 8200, 8040	Yes/Co-Req w/8220
COUN 8700	Child & Adolescent Counseling	3	8030	No* Yes, if you want to see C&A in 8220, 8250,8260
COUN 8800	Clinical Mental Health Coun	3		Yes/Co-Req w/8220
COUN 8920	DSM & Treatment Planning	3		Yes
COUN 8220	Counseling Practicum	3	YES—must attend mandatory Practicum Orientation	NA
COUN 8250	Counseling Internship	3	Yes –must complete COUN 8220 w/ B or Higher; Department Consent)	NA
COUN 8260	Advanced Internship	3		NA
Total Credits	M.S. (No Thesis) M.S. (Thesis Option)	60 66 (Requires Faculty Approval)		

Provisionally Licensed Alcohol & Drug Abuse Counselor (PLADAC) Electives

In addition to the 60 credit CMHC curriculum, the following electives will satisfy the PLADAC *academic* requirements in Nebraska:

- a. COUN 8686: Medical & Psychosocial Aspects (of Substance Abuse) (online)
- b. COUN 8696: Assessment & Case Management in Substance Abuse (online)
- c. Students are encouraged to complete these courses *after* Practicum (COUN 8220) pre-reqs.

**Clinical Mental Health Counseling
COUN 8220 (Practicum) Pre-Requisites & Co-Requisites***

Pre-Requisites for Practicum (COUN 8220)

Semester Completed

1. COUN 8010:	Introduction to Counseling	
2. COUN 8030	Counseling Practices	
3. COUN 8040	Professional & Ethical Issues	
4. COUN 8200	Counseling Theories	
5. COUN 8400	Advanced Theory and Techniques	
6. COUN 8520	Multicultural Counseling	
7. COUN 8920	DSM-5 & Treatment Planning	
8. COUN 8280	Crisis Intervention	
9. COUN 8516	Treatment Issues in Substance Abuse	
*COUN 8700	Child and Adolescent Counseling *only required as a prereq if you want to see children/adolescent during 8220/8250/8260	

Co-Requisites for Practicum

Semester Completed

1. COUN 8360	Group Techniques & Practice	
2. COUN 8610	Marriage & Family Counseling	
3. COUN 8800	Clinical Mental Health Counseling	