

Nov-Dec 2013

UNO Graduate Counseling Department

# *the* Communicator



## Important Dates

Thanksgiving Break	Nov. 27-30
Finals week	Dec. 14-20
Graduation	December 21
NCE App. Deadline	January 15

## Follow us on



We reached our 110th "Like" on Facebook! Now let's reach even more! The 130th person to "like" us on Facebook under the name "UNO Graduate Department of Counseling" will win a prize!

## Faculty and Staff Directory

Dr. Barnes	pbarnes@unomaha.edu	554-2306
Dr. Carter	dcarter@unomaha.edu	554-3559
Irene Harper	iharper@unomaha.edu	554-3648
Dr. Luther	aluther@unomaha.edu	554-3742
Dr. Bjornsen	abjornsen@unomaha.edu	554-2760
Rick Richards	crrichards@unomaha.edu	554-2618
Andrea Joyce		554-4882
Counseling Office		554-2727
Graduate Assistants		554-2764

## A Message from the Chair:

As you know, Spring 2014 enrollment is underway. I encourage you to contact your advisor if you have questions or need to plan your program. Additionally, if you are anticipating a practicum in the next year, talk to your advisor to assure you have an application on file. Seats are limited due to CACREP guidelines, so be certain to get your application in as soon as possible.

Chi Sigma Iota is also very active this fall and working to prepare for the professional conference they host each spring. This year the conference will be held March 8th and will feature Trauma and PTSD. Your participation in the conference and in Chi Sigma Iota are encouraged. Stop by RH 101 for more information.

If you still need the 20 hour group experience, please note that the next group(s) facilitated in the clinic (by Andrea J.) will be held Saturday mornings from Feb. 1 - March 8, and again April 5 - May 3. A group experience is a required pre-requisite for the groups class, COUN 8270. Please see your advisor with questions about this requirement, and contact Andrea directly with questions about the group (554-4882). Group experiences outside UNO are also acceptable,

*Continued on Page 2*

but must be approved by Irene Harper prior to participation.

In our August Communicator I told you to keep your eyes open for news about how we plan on celebrating the 20th Anniversary of the Department being fully accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). So, mark your calendars for two important dates: Cupcakes & Coco for Counseling, which will be held on Tuesday, February 4, 2014 from 10:00am to 1:00pm and the NDSU vs. UNO Men's Basketball Game & Tailgate Party, which will be held on Saturday, February 15, 2014 with the tailgate party starting at 2:00pm and the game starting at 4:00pm. We will be sending students and alumni additional information about these events in December.

Paul Barnes  
Ph.D., NCSC, LMHP, NCC  
Chair/Associate

## **Congratulations!**

Student Affairs graduate student Kristin Zimmerman will be the commencement student speaker at December graduation ceremonies for the College of Education.

About her time in the Counseling Graduate Program, Kristin says:

*While a student at University of Nebraska Omaha, I have been blessed to meet many wonderful and passionate individuals working in the area of Student Affairs. The relationships and experiences that I have built throughout my time in UNO's Counseling Program have made a lasting impression. I have grown a true desire and passion to give back and serve other students at this wonderful institution! While a student in the program, I worked as a Graduate Assistant for the Graduate Studies Department, interned at Creighton University in the Career Center and been a member of Chi Sigma Iota. I currently work as an Academic Advisor for the School of Criminology & Criminal Justice. I wake up every morning with a smile on my face, as I think about all of the students I will get to serve, challenge and support.*

Thanks, Kristin, for representing the department, and we wish you the best of luck always!

## **NCE/CPCE Reminder:**

**Spring NCE:** If you intend to take the NCE in Spring, 2014, please contact the GAs in Roskens Hall 107 in November or December to get a registration form. The cost of the NCE is currently \$310 and applications are due back to the graduate assistants no later than January 15, 2014.

**Spring CPCE/Written Comps:** If you plan to take the CPCE (\$45) and the written comprehensive exam, please sign up with Barb Newell in Roskens Hall 101.

## **Speakers and Conferences**

### **Self Harm in Children and Adolescents with Dr. Reo Newring**

Friday, Dec. 13, 9-10:30 am. Dr. Newring will discuss the characteristics of self-harm, who does it, why they do it and what it looks like. Participants will learn how to distinguish self-harm behaviors from suicide attempts. There will be some discussion on other frequently co-occurring disorders. Dr. Newring will also share information on recovery and treatment and how to handle youth with these issues. Please pre-register for this free training at <http://www.nebraskacacs.com>.

### **Child Abuse and Neglect 101**

Thursday, Dec. 19, 9am-12 pm. The purpose of this course is to prepare mandatory reporters with the knowledge and skill needed to recognize and report child abuse and neglect. Participants will discuss challenges associated with reporting abuse and neglect, practice asking minimal facts questions, and receive resources that will help them with knowing how and when to report. To register, visit: <http://www.nebraskacacs.com/TrainingAndEvents.aspx?s=0>. Click on the date of the training and follow the directions to register.

### **Domestic Violence Effects on Children**

Friday, January 3, 12-1 pm. Feel free to bring your lunch and enjoy a 1 hour brown bag session about the affects of domestic violence on children and how professionals can work together to ensure safety. Registration is not required but is recommended. All registrants will be notified in case of cancellation. Register for this session at <http://www.nebraskacacs.com>.

# Volunteer, Internship and Employment Opportunities

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**Boys Town National Research Hospital** has current openings for interns working with the adolescent population in a Psychiatric Residential Treatment Facility. If interested, please contact Kimberly Sublet-Miller at (402) 498-6524.

**Mercy Hospital** in Council Bluffs, IA, has current openings for interns working with adults and adolescents in a psychiatric ward. If interested, please contact either Kelly DeRoos at (712) 328-5940.

**Catholic Charities Phoenix House** has opportunities available for students in the Omaha/Council Bluffs area. This program is open to any students, but would be useful to students interested in human services, teaching, or counseling. This program allows students to experience a human service program and receive training relating to working in the field. Students will get hands on experience with clients. Another opportunity for students interested in building their public speaking and teaching skills is working with the Training and Prevention Coordinator to facilitate prevention programs in the Council Bluffs schools. Students would receive training on the curriculum, choose a schedule that works around their classes, be debriefed at weekly intervals and always paired up with another student in the classroom. The Phoenix House, a domestic violence shelter and sexual abuse program, is located in Council Bluffs, IA. If interested please contact Rachel at [RMabrey@dmdiocese.org](mailto:RMabrey@dmdiocese.org) or 712-256-2059 ext. 1002.

**AtEase** clinic in Bellevue, NE, is in immediate need of licensed therapists with training and certification in EMDR and DBT. Experience with treating military families with PTSD is ideal. If interested please contact Scott Anderson at [sander-son@andersonpartners.com](mailto:sander-son@andersonpartners.com). Visit the website: [www.AtEaseUSA.org](http://www.AtEaseUSA.org).

**Charles Drew Health Center and Homeless Clinic** has a job opening for a Behavioral Health Therapist. They are currently looking for CACREP program graduates who have acquired their LMHP licensure from Nebraska. If interested, please contact Pat Christopher at 402.345.9860 for more information.

**Nebraska Workforce Development** has several job opportunities available to work with children and families. Apply at [www.wrk4neb.org](http://www.wrk4neb.org)

**The Nebraska Licensee Assistance Program (NE LAP)** provides alcohol and drug assistance services to health service professionals in Nebraska. For more information visit [www.lapne.org](http://www.lapne.org).

**Girl Scouts Spirit of Nebraska** is looking for volunteers to sign up for a 7-week commitment. The Girl Scouts Outreach provides hands-on experience working with a diverse, at-risk population of girls in locations such as middle schools, elementary schools, community centers, and youth detention centers. If interested contact Sheena Kennedy at 402-779-8237 or [skennedy@girlscoutsnebraska.org](mailto:skennedy@girlscoutsnebraska.org).

**Career Exploration and Outreach (CEO) at UNO** assists students in exploring career opportunities or to enhance career development. Employment opportunities, job fairs, on-campus interviews, job shadow opportunities are available. <http://unoceo.unomaha.edu> or call (402)554-3672.

## **Clinical Mental Health Internship Opportunity!**

Community Alliance has 3-4 internship openings for the spring semester. If you're interested, contact Bill Baerentzen at [bbaerentzen@commall.org](mailto:bbaerentzen@commall.org) for further information.

## **Clinical Mental Health or School Counseling Opportunity!**

An internship is opening at the St. Augustine Indian Mission School, which is a Catholic elementary school on the Winnebago Indian Reservation. The position will be paid and will provide supervision for the academic year. It is possible that this internship position could lead to a full-time job position in late Spring.

To apply, please contact Dr. Jan Stalling at 402-878-2291. She is not in the office on Thursdays and Fridays, so her secretary may give you her cell phone number in order to contact her. Dr. Stalling also requests that you send her a current resume via email at [drjanstalling@abbnebraska.com](mailto:drjanstalling@abbnebraska.com).

## Scholarship Information:

**UNIVERSITY OF SOUTH DAKOTA** has 2 exceptional scholarships for highly qualified counselor education doctoral students. Both provide significant financial support as well as competitive graduate assistantships:

\$4,000.00 (for one year) Maybee

\$12,000.00 (for two years) Dave and Kay Olson

**UNO GRADUATE SCHOLARSHIPS!** Check the UNO website for more information!

\$2,000.00 Dissertation Scholarship

\$1,000.00 UNO Graduate Thesis Award

\$500.00 Helen Hanson Outstanding Student Award

Please refer to the UNO website: <http://www.unomaha.edu/graduate/scholarships.php> for scholarship information or contact Graduate Studies at 554-2341.

**The Office of Research and Creative Activity (ORCA) and the Office of Graduate Studies (OGS) announces the availability of funding for the Graduate Research and Creative Activity (GRACA) awards.** GRACA grants support faculty-mentored UNO graduate student research and creative activity. Grants of up to \$5,000 per student may be used to support student travel for data/information collection, project-related supplies and operational expenses, data collection and analysis, and/or a summer stipend.

- Eligibility is restricted to UNO graduate students who pay tuition and fees through UNO. Students must be enrolled during both spring and fall 2013 semesters (with no plans to graduate before December 2013). Students are required to identify a UNO faculty mentor who must approve the submission of the GRACA proposal. The faculty mentor must be a member of the graduate faculty.
- **Deadline: January 24, 2013 (11:59 P.M. CST)**
- To find out more information and apply, please see the GRACA website (<http://www.unomaha.edu/orca/graca.php>).



philipmartin.info

## Additional Student Reminders

Community/Agency graduate students will need to complete **BOTH** the CPCE exam (multiple choice questions) **AND** a written comprehensive exam (essay questions in core areas). Please consult with your advisors, especially during the semester you anticipate graduating.

Students **NEED** to complete an application for practicum as early as you know your anticipated graduation date as spots are limited. In addition, you must apply AT LEAST one semester before you begin the practicum. **It is recommended that you apply several semesters before you begin the practicum.** Applications can be picked up in Roskens Hall 101. The application date determines priority of acceptance.

To students with concentrations in Clinical Mental Health counseling: As you apply for the Beginning Practicum COUN #8220 please remember the need to sequence this course with COUN #8250 and #8260 in a continuous fashion. As you begin this clinical sequence, you must take one course succeeding the next in each of the subsequent semesters. If you drop out during the 3 course sequence, we cannot guarantee your placement in future sections. Please remember this is a continuous 3 course/3 semester sequence.

**The UNO Writing Center is open in Arts and Sciences Hall room 150.** Monday – Thursday 9:00 a.m. until 6:00 p.m. and on Fridays from 9:00 a.m. until 12:00 p.m. Visit: [www.unomaha.edu/writingcenter](http://www.unomaha.edu/writingcenter).

**Clinical Mental Health Counseling Students:** If you are seeking an internship, there is an updated list of potential internship sites in the Graduate Assistant's office. Please note that there are many internship opportunities available in the community. The list includes a few ideas to help you get started in your search for the most appropriate learning opportunity that supports your interests. It is your responsibility to market yourself and your abilities. If you would like assistance or advice on how to market yourself to potential sites, please contact your advisor.

# Chi Sigma Iota:

If you would like to join Chi Sigma Iota here are the steps to follow once you have completed nine (9) semester hours with a GPA of 3.5 or higher.

**Complete the online application process at [csi-net.org](http://csi-net.org).**

**In the left hand column click on Membership under Chapters and Members.**

**Put in our local chapter name: Upsilon NU Omicron.**

**Submit the form online and pay initial dues online via credit card.**

**Lastly**, write a check to chapter Upsilon Nu Omicron for \$10.00 (chapter fee) and turn the check into Dr. Carter in Roskens Hall Room 101E.. When he receives your certificate and pin, he will notify you by phone and set up a time for initiation.



**CHI SIGMA IOTA**  
Counseling Academic and  
Professional Honor Society  
International

## A Message from Dr. Carter:

Dear Counseling Students:

We encourage you to join Chi Sigma Iota, just follow the steps located above. There is also information about Chi Sigma Iota located in the counseling office Roskens Hall 101. If you have any questions, feel free to contact myself at (402) 554-3559 or email me at [dcarter@unomaha.edu](mailto:dcarter@unomaha.edu). Let me know if there is anything I can help you with to make your journey in the counseling program an enjoyable and productive one.

David J. Carter  
Ph.D., LIMHP, CPC  
CSI Faculty Advisor/Professor



### Fall 2013 CSI Officers

Caitlin Cool, President  
Vince Marasco, President Elect  
Daniel Tipton, Treasurer  
Liz Capadano, Secretary

## Upcoming CSI Events:

### **All-Member CSI Meetings**

December 11, 2013 @ 3:30

January 15, 2014 @ 3:30

Roskens Hall, room 107L

### **CSI Hockey Game Outing**

January 31, 2014

## **Greetings good people!**

If you have not considered it already, join Chi Sigma Iota. This is the honors society for any of you who are interested. This is a great way to meet fellow honors students, network with other professionals, and have a great time. We had blast at this year's Kick-Off BBQ, met new members, and had a few laughs. We have plenty of fun and stimulating activities for those of you who are still considering it. In addition, it looks great on a resume! If you are interested in joining Chi Sigma Iota, contact one of the officers to learn how!

**-Vince Marasco, President Elect**



## Counseling Clinic

**Available Counseling:** Our practicum students are available for individual student counseling at no charge. You can contact them at 554-4882 and leave a voice mail message.

The **UNO Counseling Center** in the Eppley Administration Building offers counseling free to current UNO Students. Contact them at 554-2409 for more information.

**We need your *HELP* to expand the client base for the community counseling clinic.** If you can help in distributing cards and brochures, please stop at the desk and Barb can give you this literature for local community distribution.

**Students!** Please let the staff know ASAP if video equipment is not working.

**Clinic Hours:** Monday through Thursday, 1:00PM to 8:00PM and Saturday, 9:00AM to NOON.

### Counseling Clinic

Tyler Byrd

Caitlin Cool

Jill Davis

Rachel Gray

Samantha Greene

Kelly Nance

### ENCAP

Kelsey Boe

Jo Ann O'Connell

Carianne Talley

Krista Walburn

## Group Experience Information

All Counseling students must participate in a 20 hour group experience, as a client, prior to enrolling in COUN 8270 and COUN 8370. Students must also complete the 20 hour pre-group consent form which is available online <http://coe.unomaha.edu/couns/> under the Forms and Documents tab or from the counseling office, Roskens Hall 101. This form authorizes your group facilitator to consult with UNO Graduate Faculty regarding participation should it be necessary and advises your facilitator of the purpose of the experience. See Irene Harper, (402) 554-3648, for further information.

A 20 hour group experience is facilitated by the clinic coordinator several times each academic year. Contact Dr. Barnes, (402) 554-2306, or Andrea Joyce, (402) 554-4882, to sign-up. The cost is \$110. If signed up for participation, please make the check out to the UNO Counseling Clinic.

You also have the option to seek a 20 hour group experience in the community, which must be facilitated by a Licensed Mental Health Practitioner. Prior to doing an outside group experience contact Irene Harper, (402) 554-3648 to assure it meets requirements.

### **Spring 2014 20-hour Group Dates:**

Dates of the Spring group experience are February 1 through March 8, 2013 and April 5 through May 3, 2013 on Saturdays from 9:00 AM to 12:00 PM in the clinic group room.

### **Previous Counseling Clinic Group Members:**

Andrea Joyce will be conducting an additional Graduate Student Support Group on Saturdays from 9:30-11:00 AM when the 20-hour group experience is not being conducted. All previous members are welcome and free of charge!

### **A new class will be offered in Spring 14':**

#### ***Special Topics: Counseling and Student Development Theory***

Theories of development are the backbone of preparation for student affairs professionals. This course focuses on the theoretical basis of the student development/student affairs profession, and will explore defining characteristics of the college student population in context of higher educational institutions in the United States. The intent of the course is to familiarize students with cognitive, psychosocial, identity, and moral development in young adults, with a particular focus on how these relate to learning desired outcomes in postsecondary education. The course will introduce graduate students to major theoretical perspectives, the research supporting these theories, and how this body of theory and research can be used to guide the design of educational policies, practices, and programs in colleges and universities.