

the Communicator



Announcements

- Congrats to our 18 December graduates! See the list on page 2.
- Congratulations to the 13 new members who were initiated into Chi Sigma Iota. See page 4 for more about the new CSI members.
- The Spring 2015 CPCE will be offered on Feb. 6.
- The registration deadline for the Spring CPCE is January 7. You can sign up at the Counseling office front desk with Barb.
- Winter Break is Dec. 20-Jan. 11
- 2 group experience sessions will offered through the department this spring (January 17-February 7 and February 21-March 14). See the 'group experience' section on page 5 for more info.
- Chi Sigma Iota's Annual Conference is March 7. See the flyer on page 8 for more information about the conference.

A Message from the Chair

The end of the semester and holiday season is fast approaching. As you know, this means completing final projects, final exams, and **registration**. We know you'll be studying hard, but don't forget to clarify your schedule for Spring semester and contact your advisor to resolve any issues with the semester or your overall program of study. And again, those considering a practicum in the next year should consult with your advisor to assure you have an application on file—seats are limited due to CACREP guidelines, remember!

In this issue be sure to check out the section highlighting the many new members and officers of **Upsilon Nu Omicron**, our chapter of Chi Sigma Iota. This year's induction also provided a guest speaker, Mr. Ralph Morsi, who spoke on the role of technology/social media in private practice. This Spring's Chi Sigma Iota conference will cover issues surrounding Crisis Counseling and will be held on March 7th from 9am-4pm at the Milo Bail Student Center. Info on the specific date and time will be sent via the Counseling Dept's **listserv** and noted in an upcoming **Communicator**. We encourage you to attend—it's a great opportunity to increase your knowledge base of this important area of our field.

Faculty and Staff Directory

Dr. Kissinger	dkissinger@unomaha.edu	554-3565
Dr. Carter	dcarter@unomaha.edu	554-3559
Dr. Luther	aluther@unomaha.edu	554-3742
Dr. Bjornsen	abjornsen@unomaha.edu	554-2760
Dr. Harper	iharper@unomaha.edu	554-3648
Rick Richards	crrichards@unomaha.edu	554-2618
Community Clinic		554-4882
Counseling Office		554-2727
Graduate Assistants		554-2764

Also, the new Group Experience sessions are available for sign-up. There are two sessions in the Spring, each consisting of 4 sessions of 3 hrs each and are offered by Andrea Joyce (LMPH; 554-4882) on Saturday mornings from 9-noon. Session I runs from January 17th-February 7th and Session II is February 21st-March 14th. You can sign up for group at the front desk in our department-the cost is \$110 and should be paid when you register. Remember, a group experience is a required pre-requisite for the groups class, COUN 8270.

Finally, our search for a new faculty member continues. Our current plan is to have candidates visit our campus early in January. Information on their visits and presentation schedules will be forthcoming. We strongly encourage you to come meet and attend the presentations of each candidate!

On that note, we wish you all a successful end to your semester and a special congratulations to all of our

Happy Holidays,

Dr. Kissinger

Chair, Counseling Department

Did You Know?

There are 20 Divisions within the American Counseling Association? Use this link and read about those that match your interests!

<http://www.counseling.org/about-us/divisions-regions-and-branches/divisions>

Check out Page 6 for additional Professional Counseling websites specific to your discipline.

Congratulations to our December 2014 graduates!

Ryan Bieck, *Community Counseling*

Victoria Brinigar, *Clinical Mental Health*

Caitlin Cool, *Clinical Mental Health*

Jacqueline Dross, *Community Counseling*



Jessica Fisher, *Student Affairs*

Dusti Hansen, *Community Counseling*

Megan Havel, *Community Counseling*

Katie Jones, *Clinical Mental Health*

Sara Jones, *School Counseling*

Amber Kimsey, *Community Counseling*

Samuel Kunnemann, *Student Affairs*

Vincent Marasco, *Gerontology*

Angela Mitchell, *Community Counseling*

Allison Nye, *Community Counseling*

Brett Omar, *Community Counseling*

Vijay Paralkar, *Student Affairs*

Marquisha Spencer, *Student Affairs*

Brittany Stegeman, *Student Affairs*

Vincent Marasco, and his cat Bruce, spend their free time watching movies, knitting and crocheting, and eating food. Vincent likes to cook, read

crime novels, and do crossword puzzles. After graduation, Vincent plans to travel for a few months and start a doctoral program in the fall

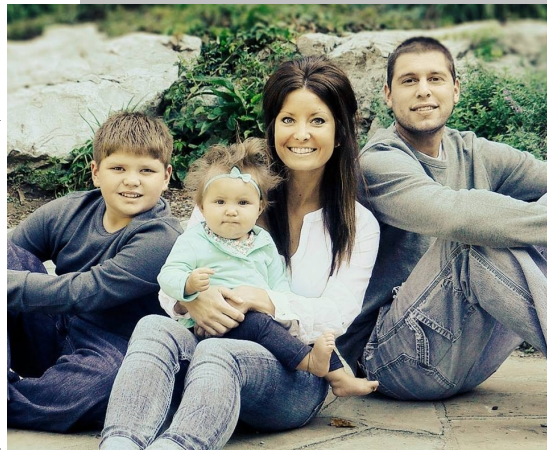


of 2015 in Counselor Education and Supervision. During his time here at UNO, Vincent has taught Health Education courses through the College of Education in the Department of Health, Physical Education, and Recreation. He has also started a campaign, Better Boink, for the Omaha Metro area to reduce the rates of STIs and HIV.

Kelli Bojanski graduated with her B.S. In Education from UNO in 2007 with endorsements in Speech Communication and Health Sciences. She spent five

years teaching Human Growth and Development at Marrs Middle School in South Omaha and currently serves as the Eighth Grade Counselor at Marrs as she completes her internship for her M.S. in School Counseling. Alongside her counseling

duties, Kelli also co-coordinates the Teammates mentoring program and directs the Eighth Grade Ambassadors, a leadership development group for students. She intends to continue working at Marrs upon her graduation in May, but



would like to do Social/Emotional counseling in a high school setting in the future. In her free time, Kelli likes to play sand volleyball, cook, and spend time with her family.

Irene Harper has been an instructor in the Department of Counseling at UNO since 2011. She is from Taylor North Dakota and received her B.S. in psychology from the University of North Dakota in Grand Forks. She attended UNO and completed her M. A. in Community Counseling in 2009 and continued as a doctoral student at North Dakota State University in Fargo North Dakota, where she focused on Couples, Marriage & Family, and Group work. She has worked as a Provisionally Licensed Mental Health Practitioner in her small private practice since graduating from the Master's program and has worked in the Omaha community providing group, couples, and individual counseling for children and adults. She has worked on the task force of APPT, Omaha's private practice therapist organization, and has presented workshops on Ethics and Stress Management in the Omaha and Fargo communities. Harper has been completing research in South Dakota in collaboration with the Federal Probation and Pretrial Services, the Government Research Bureau of South Dakota, and with fellow-professors since 2010 to assess the fidelity of Moral Reconciliation Therapy treatment for individuals completing a federal probation sentence. She is currently working on a new program to incorporate multicultural components into assessments and treatment with a focus on traditional interventions including pairing individuals on probation with tribal leaders. She recently completed a quantitative study examining the psychometric properties of two instruments that she and two professors developed to measure the fidelity of treatment for offenders participating in Moral Reconciliation Therapy. She recently completed a qualitative study on Relational Cultural Therapy in Group Work for Counselors in training at UNO. She



enjoys playing the piano, theatre, and traveling with her family.



look

Inside the Head of

FACULTY 411

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|---------------|---|
| Dr. Harper | -and 2 colleagues from NDSU received a \$10,000 grant.

-will be working via contract with the Federal Probation and Pre trial Services of South Dakota. |
| Dr. Luther | -is collaborating with the Nebraska Department of Education on research related to her research on the Intentional Small Group Model for school counselors. |
| Dr. Kissinger | -is volunteering with “A Time to Heal”, a support group for cancer survivors and their loved ones. |
| Dr. Bjornsen | -as part of service responsibilities for Graduate Council, served on a two-day program review team for the Department of Political Science.

-functioned as Primary Investigator to write and submit an Innovations in Research and Practice Grant for \$50,000 funding from the NCAA grant: <i>Improving the Well-Being of College Student-Athletes through an Alumni Mentoring Program</i> along with Dr. Kissinger and a colleague from HPER.

-collaborated with two colleagues from the College of Education to write and submit a Fund for Investing in the Research Enterprise Grant for \$35,000: <i>Receptively Delayed Late Talkers’ Characteristics, Processing Skills, and Outcomes</i> |

Congratulations to the NEW Chi Sigma Iota members!

On Friday, December 5th, 13 new members were inducted into Chi Sigma Iota. A big congrats to...

- | | | |
|------------------------|--------------------|-------------------|
| • Sandra Andres | • Cristin Kloewer | • Valyn Gipson |
| • Ryan Bieck | • Jenifer Manstedt | • Brian Heidvogel |
| • Lance Burwell | • Gregg Marutzky | • Britini Scott |
| • Jill Davis | • Mathew Nolan | • Tino Miller |
| • Justin Hoefling, D.C | | |

Along with the 13 new members, new leadership is on the horizon for CSI in Spring 2015.

- President: Dani McNab
- President Elect: Lance Burwell
- Treasurer: Evan Keelan-White
- Secretary: Katie Good

The Chi Sigma Iota chapter now has 36 active members! See page 7 for more information about how to become a member and make sure to check out the CSI Facebook page—search Upsilon Nu Omicron to stay up to date!



Advising Notes...

Clinical Mental Health Students:

- Students **NEED** to complete a practicum application **AT LEAST** one semester prior to beginning practicum. However, it is recommended that an application be submitted several semesters before you plan to begin practicum or as soon as you know your graduation date. Space is limited and application date determines priority of acceptance into practicum. Applications can be picked up in Roskens Hall 101.
- Beginning Practicum COUN 8220 , Internship I COUN 8250, and Internship II COUN 8260 are to be completed continuously in a 3 semester sequence. Consult with you advisor prior to beginning this clinical sequence of courses.
- The track's comprehensive exam, the CPCE (Counselor Preparation Comprehensive Exam) is typically taken toward the end of the program. Consult with your advisor if you have questions about planning for the CPCE.

Group Experience

All Counseling students must participate in a 12 hour group experience prior to enrolling in COUN 8270 and COUN 8370.

A 12 hour group experience is facilitated by the department several times each year. The cost is \$110. Please contact Barb Newell (402-554-2727) to sign up.

Spring 2015 12 Hour Group Dates:

- January 17th-February 7th
- February 21st-March 14th

You may complete the 12 hour experience in the community. It must be facilitated by a Licensed Mental Health Practitioner. Contact Dr. Harper (402-554-3648) and Dr. Kissinger (402-554-3565) prior to signing up to ensure that the experience meets requirements. A consent form is required prior to your experience (regardless of its location). You may print this form from the department website or complete it in person in Roskens Hall 101.

Internship Info

When it comes time for your internship experience, it is your responsibility to contact sites of interest and secure your internship. There are many opportunities available in the community. If you are uncertain of where to begin your search, visit the Graduate Assistants for a list of potential sites. Your advisor is available to speak with you about marketing yourself to site supervisors and to answer any questions you may have.

A few key points to remember:

- Plan to do your internship experience at the end of your program. It will best position you to transition into the job market.
- Aim to find a site that best suits your interests.
- Begin looking for your internship a few months in advance. Some popular sites are competitive and require applications and interviews.

Professional Counseling Websites

Check out the following URLs for professional associations and training opportunities:

- *Nebraska Counseling Association:* <http://www.necounseling.org/>
- *American Counseling Association:* <http://www.counseling.org/>
- *American School Counselor Association:* <http://schoolcounselor.org>
- *National Association for Student Personnel Administrators:* <http://naspa.org>
- *International Association of Addictions and Offender Counseling:* <http://iaaoc.org>
- *Substance Abuse and Mental Health Services Administration:* <http://www.samhsa.gov/>
- *Nebraska Alliance of Child Advocacy Centers:* www.nebraskacacs.com

Scholarships

UNO GRADUATE SCHOLARSHIPS: Several scholarships are available for UNO graduate students. For more information refer to the UNO website (<http://www.unomaha.edu/graduate/scholarships.php>) or contact Graduate Studies at 554-2341.

GRADUATE RESEARCH AND CREATIVE ACTIVITY (GRACA) AWARDS:

The Office of Research and Creative Activity (ORCA) and the Office of Graduate Studies (OGS) has available funding. GRACA grants support faculty-mentored UNO graduate student research. Grants of up to \$5,000 per student are available. For more information, restrictions, requirements, and to apply, see the GRACA website (<http://www.unomaha.edu/orca/graca.php>)

Clinic Updates

Clinic hours have been changed for the fall semester! The clinic will now be open Monday-Wednesday 1-8 and Thursday 3-8.

Available Counseling: Our clinic is staffed by practicum students. Individual, couples, and family counseling are available for a small fee (\$10 per session, \$15 for couples and families). Service is free to current UNO students.

Appointments are available to community members and UNO students during hours of operation. Call 402-554-4882 to schedule.

We are working to expand our client base!

We appreciate your referrals to this service and have cards and brochures available for local community distribution if you would like to help.

Spring 2015 Staff:

Dr. David Carter, Clinic Supervisor

Rebecca Ryan, Clinic Coordinator

UNO Clinic:

Lance Burwell

Chase Ehlers

Justin Hoefling

Jenifer Manstedt

Britni Scott

Leslie Walker

Amanda Brichacek

Tiffany Gormley

Amy Hernbloom

Abby Saunders

Kristin Sindelar

ENCAP Clinic:

Elizabeth Blake

Ellen Stoll

Rachel Weseley

Chi Sigma Iota



Fall 2014 Dani McNabb, *President* Katie Good, *Secretary*
Officers: Lance Burwell, *President Elect* Evan Keelan-White, *Treasurer*

Join Us

Once you have completed nine (9) semester hours with a GPA of 3.5 or higher, complete the following steps to officially join!

Complete the online application process at csi-net.org.

Click on Membership under Chapters and Members (in the left hand column).

Enter our local chapter name: Upsilon NU Omicron.

Submit the form online and pay initial dues online via credit card.

Lastly, write a check to chapter Upsilon Nu Omicron for \$10.00 (chapter fee) and turn the check into Dr. Carter in Roskens Hall Room 101E. When he receives your certificate and pin, he will notify you by phone and set up a time for initiation.

Events

Chi Sigma Iota Annual Conference

*Trauma in Counseling Settings
with Professionals in our
Omaha Community*

March 7th

9am-4pm

Milo Bail Student Center

Messages

From Dr. Carter

Dear Counseling Students:

We encourage you to join Chi Sigma Iota, just follow the steps located above. There is also information about Chi Sigma Iota located in the counseling office Roskens Hall 101. If you have any questions, feel free to contact me at (402) 554-3559 or email me at dcarter@unomaha.edu. Let me know if there is anything I can help you with to make your journey in the counseling program an enjoyable and productive one.



From the Officers

New student orientation was Friday, December 5, as were inductions for CSI members. I was glad to see members there welcoming new students into the program and CSI. Thank you to all the CSI members, officers, and faculty for making this semester a great one. I'm sad to be leaving, but I know CSI is in capable hands with the new President, Dani McNabb!

COME JOIN US!

for the

Chi Sigma Iota Annual Conference

*Trauma in Counseling Settings
with professionals in our Omaha community*

March 7, 2015
9:00 am – 4:00 pm

UNO Milo Bail Student Center



Sponsored by Upsilon Nu Omicron chapter of Chi Sigma Iota