

August—September 2013

UNO Graduate Counseling Department

the Communicator



Important Dates

| | |
|--|--------------|
| Fall Semester Begins | August 26 |
| CPCE | September 7 |
| Written Comprehensive Exam | September 20 |
| NE Counseling Association State Conference | October 3-4 |
| K-12 School Counseling Written Comps | October 5 |
| National Counselor Exam (NCE) | October 19 |

Follow **UNO Counseling** on:



We reached our 110th "Like" on Facebook! Now let's reach even more! The 130th person to "like" us on Facebook under the name "UNO Graduate Department of Counseling" and the 20th person to follow us on Twitter under "@unocounseling" will win a prize!

Faculty and Staff Directory

| | | |
|---------------------|--|----------|
| Dr. Barnes | pbarnes@unomaha.edu | 554-2306 |
| Dr. Carter | dcarter@unomaha.edu | 554-3559 |
| Irene Harper | iharper@unomaha.edu | 554-3648 |
| Dr. Luther | aluther@unomaha.edu | 554-3742 |
| Dr. Bjornsen | abjornsen@unomaha.edu | 554-2760 |
| Andrea Joyce | | 554-4882 |
| Counseling Office | | 554-2727 |
| Graduate Assistants | | 554-2764 |

A Message from the Chair:

Welcome to the start of an exciting Fall 2013 semester! The new academic year brings many new faces and program developments. We are thrilled to see the UNO Counseling Department family grow.

On this note we'd like to welcome **Rick Richards** as our newest full-time faculty member. Mr. Richards holds a Masters Degree in School Counseling from UNO. He comes to COE with over 20 years of school counseling experience in the Omaha Public Schools. We are also welcoming **Hanna Solberg** as the department's part-time special projects coordinator. Mrs. Solberg holds a Masters of Social Work degree from UNO. She comes to us with over 10 years of experience in program development and community organizing.

Our (wonderful) Graduate Assistants: We welcome two new assistants, **Danielle Bojanski** and **Katelyn Schany**. **Laura Stoner** is returning for her second year as a GA. Please take advantage of their wealth of experience and expertise during your academic career at UNO. Their phone number is [\(402\) 554-2764](tel:4025542764).

We are pleased to announce that the Department has developed several new Student Affairs practicum experiences. **Dr. Abby Bjornsen** has been hard at work creating new partnerships with the

Continued on Page 2

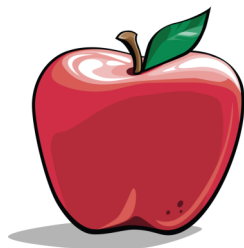
Student-Athlete Success Program (through UNO Athletics), Career Services at Metro CC, UNO Admissions, UNO Academic and Career Development Center and Career Services at Creighton University. Please contact Dr. Bjornsen if you have questions about these internship opportunities.

Congratulations to **Dr. David Carter** who was recently awarded the Kiewit Professorship of Education. Please congratulate him on this significant honor.

As a reminder, the Department is in the process of a Faculty Chair search that will take place later this fall and spring. Therefore, I will continue to work half-time (.5) in the Counseling Department and .5 as Assistant Vice-Chancellor for Academic and Student Affairs (OASA). I anticipate working full-time in OASA beginning 2014-2015.

On the Horizon: This year we will celebrate our 20-year anniversary of our CACREP accreditation. Be on the lookout for events commemorating our accreditation!

Paul Barnes
Ph.D., NCSC, LMHP, NCC
Chair/Associate
Professor



NCE/CPCE Reminder:

Fall NCE: The Fall NCE is set for October 19, 2013.

Fall CPCE & Written Comps: The Fall CPCE will be held on September 6, 2013 in Roskens Hall Room 007 (basement computer lab) at 12:00 PM. The Written Comprehensive Exam will be held on September 20, 2013 in the same location at 12:00 PM.

Fall CPCE & Written Comps: The Fall School Comprehensive Exam will be on October 5, 2013. Sign up with Barb in RH 101 by September 7 if you have not done so yet.

GOOD LUCK!

Speakers and Conferences

Motivational Interviewing— Introductory Skill Building Workshop

This one-day, highly participative workshop for clinical staff is designed to introduce them to the knowledge and skills for motivational interviewing. Objectives include reviewing the theoretical basis, practice MI micro skills, identify ambivalence and confidence in the client, and address client values in the change process. Dr. Kate Speck will be holding this FREE workshop at two locations and times: Tuesday, September 10 at Lakeside Hospital in Omaha and Tuesday, October 29 at Midlands Hospital in Papillion. You can also earn 6.5 continuing education hours! For information on how to register or the schedule of events, please visit http://www.alegentcreighton.com/documents/Motivational_Interviewing.pdf.

Grief 101: An Introduction to Companioning Grieving Families

Ted E. Bear Hollow is offering this workshop on Friday, September 27 from 8:30 AM—4:30 PM and will equip participants with tools to better support grieving children, teens, and adults professionally and personally. It is \$85 for community members and \$65 for current students. Lunch is provided and no volunteer time at TEBH following this training is required. To equip yourself with the tools necessary to promote safety, hope, and healing among grieving families, visit this link for registration: <https://app.etapestry.com/cart/TedEBearHollow/cart2/item.php?ref=4427.0.39814183>.

7 Core Issues and the Ages and Stages of Adoption

The Nebraska Alliance of Child Advocacy Centers is hosting this workshop at Nebraska Children's Home Society on September 23 from 11:30 AM—1:30 PM. Adoption is a lifelong journey for all members of adoption and the 7 Core Issues of Adoption works to create a better understanding of the life long issues all members of the adoption experience. This training will discuss the ages and stages all members of the adoption experience and how to best respond to the developing stages and questions that arise throughout a lifetime. To register, please visit <http://www.rightturnne.org/training-and-workshops.asp>.

Volunteer, Internship and Employment Opportunities

Boys Town National Research Hospital has current openings for interns working with the adolescent population in a Psychiatric Residential Treatment Facility. If interested, please contact Kimberly Sublet-Miller at (402) 498-6524.

Mercy Hospital in Council Bluffs, IA, has current openings for interns working with adults and adolescents in a psychiatric ward. If interested, please contact either Kelly DeRoos at (712) 328-5940.

Catholic Charities Phoenix House has opportunities available for students in the Omaha/Council Bluffs area. This program is open to any students, but would be useful to students interested in human services, teaching, or counseling. This program allows students to experience a human service program and receive training relating to working in the field. Students will get hands on experience with clients. Another opportunity for students interested in building their public speaking and teaching skills is working with the Training and Prevention Coordinator to facilitate prevention programs in the Council Bluffs schools. Students would receive training on the curriculum, choose a schedule that works around their classes, be debriefed at weekly intervals and always paired up with another student in the classroom. The Phoenix House, a domestic violence shelter and sexual abuse program, is located in Council Bluffs, IA. If interested please contact Rachel at RMabrey@dmdiocese.org or 712-256-2059 ext. 1002.

AtEase clinic in Bellevue, NE, is in immediate need of licensed therapists with training and certification in EMDR and DBT. Experience with treating military families with PTSD is ideal. If interested please contact Scott Anderson at sander-son@andersonpartners.com. Visit the website: www.AtEaseUSA.org.

Charles Drew Health Center and Homeless Clinic has a job opening for a Behavioral Health Therapist. They are currently looking for CACREP program graduates who have acquired their LMHP licensure from Nebraska. If interested, please contact Pat Christopher at 402.345.9860 for more information.

Nebraska Workforce Development has several job opportunities available to work with children and families. Apply at www.wrk4neb.org

The Nebraska Licensee Assistance Program (NE LAP) provides alcohol and drug assistance services to health service professionals in Nebraska. For more information visit www.lapne.org.

Girl Scouts Spirit of Nebraska is looking for volunteers to sign up for a 7-week commitment. The Girl Scouts Outreach provides hands-on experience working with a diverse, at-risk population of girls in locations such as middle schools, elementary schools, community centers, and youth detention centers. If interested contact Sheena Kennedy at 402-779-8237 or skennedy@girlscoutsnebraska.org.

Career Exploration and Outreach (CEO) at UNO assists students in exploring career opportunities or to enhance career development. Employment opportunities, job fairs, on-campus interviews, job shadow opportunities are available. <http://unoceo.unomaha.edu> or call (402)554-3672.

Nebraska Counseling Association Conference

The 2013 Nebraska Counseling Association (NCA) Conference will be hosted at the Ramada in Kearney on October 3rd and 4th. Graduate students in Counselor Education graduate programs play a strong role in the strength of counseling within the state and our Chi Sigma Iota members have always been represented at each annual conference. This conference is a great educational opportunity for students to make a presentation or poster session as well as attend and network with professional counselors from the state. NCA has worked to keep the cost of attending low, especially for graduate students. I'm encouraging all graduate students to submit applications for the NCA Scholarship award and will be honoring 3 graduate students with a \$300 check. Additional information is available on the flyer at the end of this Communicator.

I hope to see you at the conference and please consider presenting. If you have any questions please contact me, Dr. Carter, at 402-554-3559.

Scholarship Information:

UNIVERSITY OF SOUTH DAKOTA has 2 exceptional scholarships for highly qualified counselor education doctoral students. Both provide significant financial support as well as competitive graduate assistantships:

\$4,000.00 (for one year) Maybee

\$12,000.00 (for two years) Dave and Kay Olson

UNO GRADUATE SCHOLARSHIPS! Check the UNO website for more information!

\$2,000.00 Dissertation Scholarship

\$1,000.00 UNO Graduate Thesis Award

\$500.00 Helen Hanson Outstanding Student Award

Please refer to the UNO website: <http://www.unomaha.edu/graduate/scholarships.php> for scholarship information or contact Graduate Studies at 554-2341.

The Office of Research and Creative Activity (ORCA) and the Office of Graduate Studies (OGS) announces the availability of funding for the Graduate Research and Creative Activity (GRACA) awards. GRACA grants

support faculty-mentored UNO graduate student research and creative activity. Grants of up to \$5,000 per student may be used to support student travel for data/information collection, project-related supplies and operational expenses, data collection and analysis, and/or a summer stipend.

- Eligibility is restricted to UNO graduate students who pay tuition and fees through UNO. Students must be enrolled during both spring and fall 2013 semesters (with no plans to graduate before December 2013). Students are required to identify a UNO faculty mentor who must approve the submission of the GRACA proposal. The faculty mentor must be a member of the graduate faculty.
- **Deadline: January 24, 2013 (11:59 P.M. CST)**
- To find out more information and apply, please see the GRACA website (<http://www.unomaha.edu/orca/graca.php>).



Additional Student Reminders

Community/Agency graduate students will need to complete **BOTH** the CPCE exam (multiple choice questions) **AND** a written comprehensive exam (essay questions in core areas). Please consult with your advisors, especially during the semester you anticipate graduating.

Students **NEED** to complete an application for practicum as early as you know your anticipated graduation date as spots are limited. In addition, you must apply AT LEAST one semester before you begin the practicum. **It is recommended that you apply several semesters before you begin the practicum.** Applications can be picked up in Roskens Hall 101. The application date determines priority of acceptance.

To students with concentrations in Clinical Mental Health counseling: As you apply for the Beginning Practicum COUN #8220 please remember the need to sequence this course with COUN #8250 and #8260 in a continuous fashion. As you begin this clinical sequence, you must take one course succeeding the next in each of the subsequent semesters. If you drop out during the 3 course sequence, we cannot guarantee your placement in future sections.

Please remember this is a continuous 3 course/3 semester sequence.

The UNO Writing Center is open in Arts and Sciences Hall room 150. Monday – Thursday 9:00 a.m. until 6:00 p.m. and on Fridays from 9:00 a.m. until 12:00 p.m. Visit: www.unomaha.edu/writingcenter.

Clinical Mental Health Counseling Students: If you are seeking an internship, there is an updated list of potential internship sites in the Graduate Assistant's office. Please note that there are many internship opportunities available in the community. The list includes a few ideas to help you get started in your search for the most appropriate learning opportunity that supports your interests. It is your responsibility to market yourself and your abilities. If you would like assistance or advice on how to market yourself to potential sites, please contact your advisor.

Chi Sigma Iota:

If you would like to join Chi Sigma Iota here are the steps to follow once you have completed nine (9) semester hours with a GPA of 3.5 or higher.

Complete the online application process at csi-net.org.

In the left hand column click on Membership under Chapters and Members.

Put in our local chapter name: **Upsilon NU Omicron.**

Submit the form online.

DO NOT PAY BY CREDIT CARD! Instead write a check to chapter Upsilon Nu Omicron for \$60.00 and turn the check into Dr. Carter in Roskens Hall Room 101E. Once he receives your check he will submit the money to the Central Office and confirm that you meet the criteria for membership. When he receives your certificate and pin, he will notify you by phone and set up a time for initiation.



CHI SIGMA IOTA
Counseling Academic and
Professional Honor Society
International

A Message from Dr. Carter:

Dear Counseling Students:

We encourage you to join Chi Sigma Iota, just follow the steps located above. There is also information about Chi Sigma Iota located in the counseling office Roskens Hall 101. If you have any questions, feel free to contact myself at (402) 554-3559 or email me at dcarter@unomaha.edu. Let me know if there is anything I can help you with to make your journey in the counseling program an enjoyable and productive one.

David J. Carter
Ph.D., LIMHP, CPC
CSI Faculty Advisor/Professor



Fall 2013 CSI Officers

Caitlin Cool, President
Vince Marasco, President Elect
Daniel Tipton, Treasurer
Liz Capadano, Secretary

Upcoming CSI Events:

**NE Counseling Association Fall Conference—
"Synergy"**
October 3-4, 2013
More information on page 3
of this Communicator

Chi Sigma Iota Grill-out
September 7 @ 1:00 PM
Where: 2905 Valley View Dr., Council Bluffs, IA
Contact a CSI officer if you have any questions!

Counseling Students,

First and foremost, welcome back for another great year! I hope you are all as excited as I am to be starting another year and getting even closer to your goal. I would like to extend a welcome to the new students in our program and encourage you to ask us any questions you may have. We would be happy to help because we were once in your shoes! I would also like to encourage you all to consider joining Chi Sigma Iota, your counseling program honor society. It is a great way to get connected with peers and meet lifetime friends and colleagues. We put on film screenings, book clubs, study groups, and attend the American Counseling Association's Conference each Fall. I hope you consider joining and have a wonderful start to the school year!

-Caitlin Cool, President

Counseling Clinic

Available Counseling: Our practicum students are available for individual student counseling at no charge. You can contact them at 554-4882 and leave a voice mail message.

The **UNO Counseling Center** in the Eppley Administration Building offers counseling free to current UNO Students. Contact them at 554-2409 for more information.

We need your *HELP* to expand the client base for the community counseling clinic. If you can help in distributing cards and brochures, please stop at the desk and Barb can give you this literature for local community distribution.

Students! Please let the staff know ASAP if video equipment is not working.

Clinic Hours: Monday through Thursday, 1:00PM to 8:00PM and Saturday, 9:00AM to NOON.

Counseling Clinic

Tyler Byrd

Caitlin Cool

Jill Davis

Rachel Gray

Samantha Greene

Kelly Nance

ENCAP

Kelsey Boe

Jo Ann O'Connell

Carianne Talley

Krista Walburn

Group Experience Information

All Counseling students must participate in a 20 hour group experience, as a client, prior to enrolling in COUN 8270 and COUN 8370. Students must also complete the 20 hour pre-group consent form which is available online <http://coe.unomaha.edu/couns/> under the Forms and Documents tab or from the counseling office, Roskens Hall 101. This form authorizes your group facilitator to consult with UNO Graduate Faculty regarding participation should it be necessary and advises your facilitator of the purpose of the experience. See Irene Harper, (402) 554-3648, for further information.

A 20 hour group experience is facilitated by the clinic coordinator several times each academic year. Contact Dr. Barnes, (402) 554-2306, or Andrea Joyce, (402) 554-4882, to sign-up. The cost is \$110. If signed up for participation, please make the check out to the UNO Counseling Clinic.

You also have the option to seek a 20 hour group experience in the community, which must be facilitated by a Licensed Mental Health Practitioner. Prior to doing an outside group experience contact Irene Harper, (402) 554-3648 to assure it meets requirements.

Fall 20-hour Group Dates:

Dates of the Fall group experience are November 2—December 14 (excluding November 23 for Thanksgiving break) on Saturdays from 9:00 AM to 12:00 PM in the clinic group room.

Previous Counseling Clinic Group Members:

Andrea Joyce will be conducting an additional Graduate Student Support Group on Saturdays from 9:30-11:00 AM when the 20-hour group experience is not being conducted. All previous members are welcome and free of charge!



Information on the NE Counselor Association Fall State Conference is on the last two pages of this Communicator issue.



Nebraska Counseling Association Fall Conference
"Synergy"

October 3-4, 2013
Ramada, Kearney, NE

NCA PAST PRESIDENT SCHOLARSHIP AWARD

The Nebraska Counseling Association continues to celebrate the awarding of its Past President's Scholarship to a graduate student who is pursuing a master's degree in Guidance and Counseling. This scholarship fund was established some years ago when a memorial donation was received after the death of Eldon Heskett, an NCA past president. Since that time memorials from families and friends of deceased NCA members have been deposited to this fund. In addition, on April 29, 1989, NCA took action to allocate earned interest from all NCA accounts to be transferred to the Past President's Scholarship Fund to indicate support for this project. The first award was made in 1995. The NCA Executive Board has determined that three \$300 scholarships will be awarded in 2013.

A committee of three former Presidents will select winners from applicants who have submitted appropriate documentation to NCA. Past winners may reapply for a second scholarship, however priority will be given to applicants who have not previously received a scholarship. If you have any questions, please contact Past President Doyle Daiss at doyledaiss@yahoo.com who will chair this year's selection committee.

Eligibility for this award includes:

1. Applicants must be accepted into a graduate counseling program in the state of Nebraska with the intention of continuing in the program until they complete a master's degree.
2. Applicants shall be members of NCA.
3. Applicants shall have a Grade Point Average of at least 3.5 on a 4-point scale.
4. Applicants shall create and submit an application letter (limit 2 pages) that clearly indicates their intention to continue in the program and express their thoughts about their motivation to enter the counseling profession.
5. Applicants will demonstrate financial need in some way.

All Eligible Graduate Students are encouraged to apply. Scholarship winners will be presented with checks at the state conference lunch on Thursday, October 3, 2013. Application letters must be postmarked or emailed to necounseling@gmail.com by September 2, 2013 to be eligible.

Scholarship Application Letters should be mailed to:

See you at the Conference

NCA Scholarship
PO Box 283
Kearney, NE 68848-0283

2013 NCA FALL CONFERENCE
"Synergy"
Kearney, NE
October 3rd and 4th

Wednesday October 2nd
Ethics Workshop 6:00 – 8:30 p.m.
NCA Full Board Meeting 7:00-9:00 p.m.
Graduate Student Social 9:00 p.m.

Thursday October 3rd
Keynote Speaker 9:00 a.m.
Dr. Cirecie West Olatunji
Morning & Afternoon Breakout Sessions
Luncheon, Awards, & Annual Meeting
Keynote Speaker 7:00 p.m.
Dr. Howard Liu

Friday October 4th
Keynote Speaker: 9:00 a.m.
Jeri Schaben
Morning Breakout Session

Conference Registration Fees:

| Members: | | Prior 9/1/13 | After 9/1/13 |
|------------------|----------|--------------|--------------|
| Student Two Day: | \$65.00 | \$75.00 | \$75.00 |
| Two Day: | \$90.00 | \$110.00 | \$110.00 |
| Thursday Only: | \$65.00 | \$70.00 | \$70.00 |
| Friday Only: | \$40.00 | \$50.00 | \$50.00 |
| Ethics Training: | \$35.00 | \$45.00 | \$45.00 |
| Non-Members: | | Prior 9/1/13 | after 9/1/13 |
| Two Day | \$135.00 | \$160.00 | \$160.00 |
| Thursday Only: | \$85.00 | \$95.00 | \$95.00 |
| Friday Only: | \$65.00 | \$75.00 | \$75.00 |
| Ethics Training: | \$45.00 | \$55.00 | \$55.00 |

Credit Card /PayPal Payments Accepted on the Web at
<http://www.necounseling.org>



Membership Options:

| | |
|------------|---------|
| NCA | \$65.00 |
| Active: | \$65.00 |
| Associate: | \$30.00 |
| Retiree: | \$25.00 |
| Student: | \$25.00 |

Divisions
(NCA Membership Required To Join)

| | |
|--------------------------|---------|
| NPSC (school counselors) | \$5.00 |
| NACES: | \$5.00 |
| NCCA: | \$5.00 |
| NeCDA: | \$5.00 |
| NASGW: | \$5.00 |
| NAMFC: | \$5.00 |
| NMHCA: | \$10.00 |
| NAMCD: | \$5.00 |
| NASERVIC: | \$5.00 |
| NCASAOB: | \$5.00 |

[NCA Conference Website](#)

Conference Site:
The Ramada, Kearney, NE
301 2nd Ave
Kearney, NE 68847

Phone: 1-308-237-3141

| NCA Conference Rates: | |
|-----------------------|------------------|
| \$ 79.00 | Single Occupancy |
| \$ 79.00 | 2-4 Occupancy |

For more information on the conference go to
<http://www.necounseling.org>

Print & Mail Completed registrations to: NCA PO Box 283 Kearney, NE 68848-0283 or Register at www.necounseling.org

REGISTRATION:

Name: _____

Address: _____

State: _____ Zip: _____

Phone: _____

Preferred Email: _____

Membership: Yes Renewing No

Check Appropriate Items:

Prior 9/1/13 _____ After 9/1/13 _____

Member: _____ Non-Mem: _____

Conference Registration Fee: \$ _____

2-Day Thursday Friday
(Circle One)

Ethics Training: \$ _____

NCA Membership: \$ _____

Active Assoc Student Retiree Past Pres.
(Circle One)

Division Membership(s): \$ _____

NACES NCCA NeCDA NASGW NAMFC
NPSC NMHCA NAMCD NASERVIC
NCASAOB (Circle All That Apply)

Total \$ _____

Any PO Payments must be submitted no
later than 9/20/2013.