



CLINICAL MENTAL HEALTH COUNSELING CURRICULUM

COURSE No.	Course Title	Credit	Method of Instruction	COUN 8220 Practicum Pre Requisite or Co-Req
TED 8010 OR EDL 8010	Introduction to Research Introductory Research Methods	3	TED 8010-Hybrid In class EDL-8010- Remote	
COUN 8010	Introduction to Counseling	3	850- On-line Asynchronous	Pre- Req Required
COUN 8030	Counseling Practices	3	000- In person	Pre-Req Required
COUN 8040	Professional & Ethical Practices	3	850- On-line Asynchronous	Pre-Req Required
COUN 8110	Human Dev & Psychosocial Intervention	3	850- On-line Asynchronous	
COUN 8200	Counseling Theories	3	860- Hybrid In class and Asynchronous	Pre-Req Required
COUN 8020	Career for Work & Wellness	3	850- On-line Asynchronous	
COUN 8230	Appraisal Techniques	3	000-In person	Pre-req Required
COUN 8280	Crisis Counseling	3	000- In person	Pre-Req Required
COUN 8360	Group Theory & Techniques	3	000- In person	Pre-Req Required
COUN 8400	Advanced Theory & Techniques	3	000- In person	Pre-Req Required
COUN 8516	Treatment Issues in Addiction	3	820- Remote Hybrid with Asynchronous	Pre-or Co-Req
COUN 8520	Counseling w/Multicultural Populations	3	000- In person	Pre-Req Required
COUN 8610	Marriage & Family Counseling	3	820-Remote	Pre-or Co-Req
COUN 8700	Child & Adolescent Counseling	3	860- Hybrid In class and Asynchronous	Pre-or Co-Req
COUN 8920	DSM & Treatment Planning	3	850- On-line Asynchronous	Pre-Req Required
COUN 8220	Counseling Practicum (Counseling Clinic)	3	000- In person	NA
COUN 8250	Counseling Internship	3	820-Remote	NA
COUN 8260	Advanced Internship	3	820-Remote	NA
Graduate Elective	Select three hours with the following graduate course prefixes: COUN, CRCJ, GERO, PA, PHHB, PSYC, SOC, SOWK, or SPED	3		
	Total Credits	60 Credit Hours		66 Credit Hours if doing Thesis (Must be pre-approved by faculty)
Provisionally Licensed Alcohol & Drug Abuse Counselor (PLADAC) Electives In addition to the 60 credit CMHC curriculum, the following electives will satisfy the PLADAC <i>academic</i> requirements a. COUN 8686: Medical & Psychosocial Aspects (of Substance Abuse) (online) b. COUN 8696: Assessment & Case Management in Substance Abuse (online) (Students are encouraged to complete these courses <i>after completing</i> Practicum (COUN 8220) pre-reqs.				

CLINICAL MENTAL HEALTH COUNSELING PROGRAM STRUCTURE

CLUSTER “A” (10 classes):

Pre-Requisites for Practicum (COUN 8220): MUST take before Practicum

A-1 (5 classes): Foundational Courses for Early Clinical Training

COUN 8010: INTRODUCTION TO COUNSELING
COUN 8040: PROFESSIONAL & ETHICAL ISSUES
COUN 8200: COUNSELING THEORIES
COUN 8520: MULTICULTURAL COUNSELING
COUN 8230: APPRAISAL TECHNIQUES

A-2 (5 classes): Advanced Clinical Skill-Building Courses

COUN 8030: COUNSELING PRACTICES (3rd-4th Semester)
COUN 8400: ADVANCED THEORY AND TECHNIQUES (4th-5th Semester)
COUN 8280: CRISIS INTERVENTION
COUN 8360: GROUP TECHNIQUES & PRACTICE
COUN 8920: DSM-5 & TREATMENT PLANNING

Note: While A-1 courses are not official prerequisites for A-2 courses, taking them earlier can help build a strong foundation and make later coursework feel more manageable and meaningful.

CLUSTER “B” (3 classes):

Co-Requisites for Practicum (Can take before or during practicum)

COUN 8610: MARRIAGE & FAMILY COUNSELING
COUN 8700: CHILD & ADOLESCENT COUNSELING
COUN 8516: CLINICAL TX ISSUES ADDICTION

CLUSTER “C” (4 classes):

Can take any time in the program (Can take AFTER Practicum)

EDL/TED 8010: INTRO TO RESEARCH
COUN 8020: CAREER FOR WORK AND WELLNESS
COUN 8110: HUMAN DEVELOPMENT
Graduate Elective: Select three hours with the following graduate course prefixes: COUN, CRCJ, GERO, PA, PHHB, PSYC, SOC, SOWK, or SPED

FIELD EXPERIENCE (3 Classes)

COUN 8220: PRACTICUM
COUN 8250: COUNSELING INTERNSHIP
COUN 8260: ADVANCED INTERNSHIP



Plan of Study Sample

Faculty Advisor: Degree: M.S. _____ Thesis option: _							
YEAR 1	Fall: _	CR	Spring: _____	CR	Summer: _	CR	Total
		3		3		3	
		3		3		3	
		3		3			
	Total Credits	9	Total Credits	9	Total Credits		
YEAR 2	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
		3		3		3	
		3		3		3	
		3		3			
	Total Credits	9	Total Credits	9	Total Credits		
YEAR 3	Fall: _____	CR	Spring: _____	CR	Summer: _	CR	
		3		3			
		3		3			
	Total Credits	6	Total Credits	6	Total Credits		60
	Fall: _	CR	Spring: _	CR	Summer: _	CR	
YEAR 4							
	Total Credits		Total Credits		Total Credits		