



CLINICAL MENTAL HEALTH COUNSELING CURRICULUM

COURSE No.	Course Title	Credit	Method of Instruction	COUN 8220 Practicum Pre Requisite or Co-Req
COUN 8010	Introduction to Counseling	3	850- On-line Asynchronous	Pre- Req Required
COUN 8030	Counseling Practices	3	000- In person	Pre-Req Required
COUN 8040	Ethical Issues	3	850- On-line Asynchronous	Pre-Req Required
COUN 8100	Research in Counseling	3	000-In person	
COUN 8110	Human Development	3	850- On-line Asynchronous	
COUN 8200	Counseling Theories	3	860- Hybrid In class and Asynchronous	Pre-Req Required
COUN 8020	Career for Work & Wellness	3	850- On-line Asynchronous	
COUN 8230	Assessment in Counseling	3	000-In person	Pre-req Required
COUN 8280	Trauma And Crisis Counseling	3	000- In person	Pre-Req Required
COUN 8360	Group Theory & Techniques	3	000- In person	Pre-Req Required
COUN 8400	Advanced Theory & Techniques	3	000- In person	Pre-Req Required
COUN 8516	Treatment Issues Chem Depend	3	820- Remote Hybrid with Asynchronous	Pre-or Co-Req
COUN 8520	Counseling w/Multicultural Populations	3	000- In person	Pre-Req Required
COUN 8610	Marriage & Family Counseling	3	820-Remote	Pre-or Co-Req
COUN 8700	Child & Adolescent Counseling	3	860- Hybrid In class and Asynchronous	Pre-or Co-Req
COUN 8920	DSM & Treatment Planning	3	850- On-line Asynchronous	Pre-Req Required
COUN 8220	Counseling Practicum (Counseling Clinic)	3	000- In person	NA
COUN 8250	Counseling Internship	3	820-Remote	NA
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Graduate Elective	Select three hours with the following graduate course prefixes: COUN, CRCJ, GERO, PA, PHHB, PSYC, SOC, SOWK, or SPED	3		
	Total Credits	60 Credit Hours		66 Credit Hours if doing Thesis (Must be pre-approved by faculty)

Provisionally Licensed Alcohol & Drug Abuse Counselor (PLADAC) Electives

In addition to the 60 credit CMHC curriculum, the following electives will satisfy the PLADAC *academic* requirements

a. COUN 8686: Medical & Psychosocial Aspects (of Substance Abuse) (online)

b. COUN 8696: Assessment & Case Management in Substance Abuse (online)

(Students are encouraged to complete these courses *after completing* Practicum (COUN 8220) pre-reqs.

CLINICAL MENTAL HEALTH COUNSELING PROGRAM STRUCTURE

CLUSTER “A” (10 classes):

Pre-Requisites for Practicum (COUN 8220): MUST take before Practicum

A-1 (5 classes): Foundational Courses for Early Clinical Training

COUN 8010: INTRODUCTION TO COUNSELING
COUN 8040: ETHICAL ISSUES
COUN 8200: COUNSELING THEORIES
COUN 8520: MULTICULTURAL COUNSELING
COUN 8230: ASSESSMENT IN COUNSELING

A-2 (5 classes): Advanced Clinical Skill-Building Courses

COUN 8030: COUNSELING PRACTICES (3rd-4th Semester)
COUN 8400: ADVANCED THEORY AND TECHNIQUES (4th-5th Semester)
COUN 8280: TRAUMA AND CRISIS COUNSELING
COUN 8360: GROUP TECHNIQUES & PRACTICE
COUN 8920: DSM-5 & TREATMENT PLANNING

Note: While A-1 courses are not official prerequisites for A-2 courses, taking them earlier can help build a strong foundation and make later coursework feel more manageable and meaningful.

CLUSTER “B” (3 classes):

Co-Requisites for Practicum (Can take before or during practicum)

COUN 8220: COUNSELING PRACTICUM
COUN 8610: COUPLE AND FAMILY THERAPY
COUN 8700: CHILD & ADOLESCENT COUNSELING
COUN 8516: TREATMENT ISSUES CHEM DEPEND

CLUSTER “C” (4 classes):

Can take any time in the program

COUN 8100: RESEARCH IN COUNSELING
COUN 8250: COUNSELING INTERNSHIP
COUN 8260: ADVANCED INTERNSHIP
COUN 8020: CAREER FOR WORK AND WELLNESS
COUN 8110: HUMAN DEVELOPMENT

Graduate Elective: Select three hours with the following graduate course prefixes: COUN, CRCJ, GERO, PA, PHHB, PSYC, SOC, SOWK, or SPED

FIELD EXPERIENCE CLASSES

COUN 8220: COUNSELING PRACTICUM (Can be taken after completion of Cluster A1-A2)
COUN 8250: COUNSELING INTERNSHIP (Can be taken after completion of Cluster A1-A2-B)
COUN 8250: COUNSELING INTERNSHIP (Can be taken after completion of the First COUN 8250)



Plan of Study Sample

Faculty Advisor:							
Degree: M.S. _____ Thesis option: _							
YEAR 1	Fall: _	CR	Spring: _____	CR	Summer: _	CR	Total
		3		3		3	
		3		3		3	
		3		3			
	Total Credits	9	Total Credits	9	Total Credits		
YEAR 2	Fall: _____	CR	Spring: _____	CR	Summer: _____	CR	
		3		3		3	
		3		3		3	
		3		3			
	Total Credits	9	Total Credits	9	Total Credits		
YEAR 3	Fall: _____	CR	Spring: _____	CR	Summer: _	CR	
		3		3			
		3		3			
		3		3			
	Total Credits	6	Total Credits	6	Total Credits		60
	Fall: _	CR	Spring: _	CR	Summer: _	CR	
YEAR 4							
	Total Credits		Total Credits		Total Credits		