

# David C Kingston

Curriculum Vitae

8 September 2020

Department of Biomechanics  
College of Education, Health, and Human Sciences  
University of Nebraska Omaha  
6160 University Drive South  
Omaha, NE, 68182

Citizenship: Canadian  
Office: 1-402-554-5892  
Email: [dkingston@unomaha.edu](mailto:dkingston@unomaha.edu)  
Skype: david.c.kingston

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## EDUCATION

PhD	Department of Kinesiology, University of Waterloo	2019
MSc	Kinesiology and Health Studies, Queen's University	2013
BSc	Kinesiology and Health Studies, Queen's University	2011

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## PROFESSIONAL APPOINTMENTS

Assistant Professor	College of Education, Health, and Human Sciences University of Nebraska Omaha	2020-present
PDF	College of Medicine University of Saskatchewan	2019-2020
Manager	Ergonomics Laboratory University of Saskatchewan	2019-2020

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## PUBLICATIONS

### Peer Reviewed Journal Publications (18)

Published or Accepted (15)

1. **Kingston DC**, Linassi AG, Zucker-Levin AR. (2020). [Changes to stance limb peak, cumulative, and regional plantar foot forces among normal walking and three mobility aids in healthy older adults.](#) *Gait & Posture*, 81: 96-101.
2. **Kingston DC**, Acker SM. (2020). [Development of a full flexion 3D musculoskeletal model of the knee considering intersegmental contact during high knee flexion movements.](#) *Journal of Applied Biomechanics*. In Press.
3. **Kingston DC**, Bashiri B, Omoniyi A, Trask CM. (2020). [Body orientation and points of contact during laboratory based machinery egress: Investigating adherence to safety guidelines.](#) *Journal of Agriculture Safety and Health*, 26(3): 95-104.
4. Zehr JD, Fewster KM, **Kingston DC**, Gooyers CE, Parkinson RJ, Callaghan JP. (2020). Quantifying parameters of the seat-occupant interface during laboratory simulated low speed rear impact collisions. *International Journal of Vehicle Design*. In Press.
5. **Kingston DC** & Acker SM. (2019). [Prediction of thigh-calf contact parameters from anthropometric regression.](#) *Proceedings of the Institution of Mechanical Engineers, Part H: Journal of Engineering in Medicine*, 4(233): 414-423.

6. Gibbons TD, Zuj KA, Prince CN, **Kingston DC**, Peterson SD, Hughson RL. (2019). [Hemodynamic effects of intermittent compression as countermeasure to orthostatic stress](#). *Experimental Physiology*, 104(12): 1790-1800.
7. **Kingston DC** & Acker SM. (2018). [Representing fine-wire EMG with surface EMG in three thigh muscles during high knee flexion movements](#). *Journal of Electromyography and Kinesiology*, 43(6): 55-61.
8. **Kingston DC** & Acker SM. (2018). [Thigh-calf contact parameters for six high knee flexion postures: Onset, maximum angle, total force, contact area, and center of force](#). *Journal of Biomechanics*, 67(23): 46-54.
9. **Kingston DC**, Chong HC, Tennant LM, Acker SM. (2017). [Lower limb muscular activation during transitions to symmetric high knee flexion postures in young females](#). *IIEE Transactions on Occupational Ergonomics and Human Factors*, 5(2): 82-91.
10. Chong HC, Tennant LM, **Kingston DC**, Acker SM. (2017). [Knee joint moment during high flexion movements: Timing of peak moments and the effect of safety footwear](#). *The Knee*, 24(2): 271-279.
11. **Kingston DC**, Tennant LM, Chong HC, Acker SM. (2016). [Peak activation of lower limb musculature during high flexion kneeling and transitional movements](#). *Ergonomics*, 59(9): 1215-1223.
12. **Kingston DC**, Riddell MF, McKinnon CD, Gallagher KM, Callaghan JP. (2015). [Influence of Input Hardware and Work Surface Angle on Upper Limb Kinematics in a Hybrid Workstation](#). *Human Factors*, 58(1): 107-119.
13. Tennant LM, **Kingston DC**, Chong HC, Acker SM. (2015). [The effect of work boots on the center of pressure location at the knee during static kneeling](#). *Journal of Applied Biomechanics*, 31(5): 363-369.
14. Howarth SJ, **Kingston DC**, Brown SHM, Graham RB. (2013). [Viscoelastic creep induced by repetitive spine flexion and its relationship to dynamic spine stability](#). *Journal of Electromyography and Kinesiology*, 23(4): 791-800.
15. Almosnino S, **Kingston D**, Graham RB. (2013). [Three-dimensional knee joint moments during bodyweight squat performance: Effects of stance width and foot rotation](#). *Journal of Applied Biomechanics*, 29(1): 33-43.

Submitted (3)

1. Buchman-Pearle J, **Kingston DC**, Acker SM. (2020). Ankle mobility in kneeling and its effect at the knee and hip. *Human Movement Science*. Ref: HMS\_2020\_69.
2. Tennant L, Fok D, **Kingston DC**, Winberg TB, Parkinson R, Laing A, Callaghan JP. (2020). Dynamics during Controlled Slips from Standing in Alternative Footwear. *Applied Ergonomics*. Ref: JERG-D-20-00060.
3. Ivanochko NK, **Kingston DC**, Acker SM. (2019). Reduction in quadriceps activity in response to thigh-calf contact onset and correlation between quadriceps activity reduction and thigh-calf contact force magnitude. *Human Movement Science*. Ref: HMS\_2019\_469.

#### Non-Peer Reviewed Publications (1)

1. Almosnino S, **Kingston DC**, Graham RB, Stevenson JM. (2014). The effects of prolonged load carriage treadmill walking on lower extremity and trunk kinematics, heart rate, and perceived exertion. PWGSC #7711-0607896 on behalf of the *Department of National Defense*.

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## AWARDS & HONORS

Name	Total Value (CAD)	Year
University of Waterloo Doctoral Thesis Completion Award	\$ 5 000	2018
Ontario Graduate Scholarship	\$ 15 000	2017-18
University of Waterloo President's Graduate Award	\$ 10 000	2017-18
University of Waterloo Staff Association Award	\$ 500	2014/18
Queen's Graduate Award	\$ 18 000	2011-13
Sport Information Research Centre Award	\$ 2 000	2011
Queen's Academic Excellence Award	\$ 2 000	2007
Queen's Athletic Recruitment Award	\$ 3 500	2007

### Travel Awards

University of Saskatchewan – College of Medicine	\$ 1 500	2019
AMTI Force & Motion Foundation	\$ 500 (USD)	2018
Canadian Society for Biomechanics (CSB)	\$ 300	2018
Centre of Research Expertise for the Prevention of Musculoskeletal Disorders (CRE-MSD)	\$ 250	2011/13

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## CONFERENCE ACTIVITY

### Peer Reviewed Conference Papers (15)

1. **Kingston DC**, Acker SM. Influence of intersegmental contact on tibial contact forces during high knee flexion movements. 27<sup>th</sup> Congress of the International Society of Biomechanics, July 31-August 4<sup>th</sup>, 2019, Calgary, AB, Canada.
2. Buchman-Pearle J, **Kingston DC**, Acker SM. Effect of Ankle Range of Motion on High Knee Flexion Posture Kinematics. 27<sup>th</sup> Congress of the International Society of Biomechanics, July 31-August 4<sup>th</sup>, 2019, Calgary, AB, Canada.
3. Tennant L, Fok D, **Kingston DC**, Parkinson R, Laing A, Callaghan JP. Dynamics during Controlled Slips from Standing in Alternative Footwear. 27<sup>th</sup> Congress of the International Society of Biomechanics, July 31-August 4<sup>th</sup>, 2019, Calgary, AB, Canada.
4. **Kingston DC**, Acker SM. The effect of 3D thigh-calf contact on external knee forces and moment in six high knee flexion movements. 20<sup>th</sup> Biennial Meeting of the Canadian Society for Biomechanics, August 14-17, 2018, Halifax, NS, Canada.
5. **Kingston DC**, Acker SM. Modelling of three lower-limb deep muscle activation profiles with surface EMG during kneeling and squatting movements. 20<sup>th</sup> Biennial Meeting of the Canadian Society for Biomechanics, August 14-17, 2018, Halifax, NS, Canada.
6. Ivanochko NK, **Kingston DC**, Acker SM. Changes in knee extensor muscle activation due to thigh-calf contact. 20<sup>th</sup> Biennial Meeting of the Canadian Society for Biomechanics, August 14-17, 2018, Halifax, NS, Canada.

7. Zehr JD, Fewster KM, **Kingston DC**, Gooyers CE, Callaghan JP. Quantifying the seat-occupant interface during a low speed rear-impact collision. 20<sup>th</sup> Biennial Meeting of the Canadian Society for Biomechanics, August 14-17, 2018, Halifax, NS, Canada.
8. **Kingston DC**, Acker SM. Thigh-calf contact during six high knee flexion movements: onset, range of motion, magnitude, and contact area. 41<sup>st</sup> Annual Meeting of the American Society of Biomechanics, August 8-11, 2017, Boulder, CO, USA.
9. **Kingston DC**, Berry JB, Barrett JM, Acker SM. Identification of muscle synergies during high knee flexion squatting. 19<sup>th</sup> Biennial Meeting of the Canadian Society for Biomechanics, July 19-22, 2016, Hamilton, ON, Canada.
10. Park J, **Kingston DC**, Callaghan JP. Use of dowel-assisted training methods to reduce peak lumbar flexion angles during lifting low-lying objects. 19<sup>th</sup> Biennial Meeting of the Canadian Society for Biomechanics, July 19-22, 2016, Hamilton, ON, Canada.
11. **Kingston DC**, Chong HC, Tennant LM, Acker SM. High knee flexion and lower limb muscle activation: Does movement pattern matter? 39<sup>th</sup> Annual Meeting of the American Society of Biomechanics, August 5-8, 2015, Columbus, OH, USA.
12. **Kingston DC**, Riddell MF, McKinnon CD, Gallagher KM, Callaghan JP. Influence of Input Hardware and Work Surface Angle on Upper Limb Kinematics. 7th World Congress of Biomechanics, July 6-11, 2014, Boston, MA, USA.
13. Howarth SJ, **Kingston DC**, Brown SHM, Graham RB. Merging in vivo estimates of passive tissue changes with local dynamic stability of spine movement during repetitive spine flexion. 7th World Congress of Biomechanics, July 6-11, 2014, Boston, MA, USA.
14. **Kingston DC**, Stevenson JM, Graham RB, Smallman CL, Abdoli-EM. An Overview of Research Involving the Personal Lift-Assist Device (PLAD). Association of Canadian Ergonomists, August 14-16, 2012, Halifax, NS, Canada.
15. **Kingston DC**, Almosnino S, Yang S, Graham RB, Stevenson JM, Costigan PA. Frontal plane knee loading during bodyweight squat performance: Effect of stance width and foot rotation. American College of Sports Medicine Conference May 31-June 4, 2011, Denver, Colorado, USA.

#### **Non-Peer Reviewed Conference Papers (17)**

1. Buchman-Pearle J, **Kingston DC**, Acker SM. Ankle mobility in kneeling and its effect at the knee and hip. 16<sup>th</sup> Annual Ontario Biomechanics Conference, March 9-11, 2019, Alliston, ON, Canada.
2. **Kingston DC**, Acker SM. Modelling of three lower-limb deep muscle activation profiles with surface EMG during kneeling and squatting movements. 15<sup>th</sup> Annual Ontario Biomechanics Conference, March 9-11, 2018, Alliston, ON, Canada.
3. Ivanochko NK, **Kingston DC**, Acker, SM. Influence of thigh-calf contact on quadriceps muscle activity in high knee flexion activities. 15<sup>th</sup> Annual Ontario Biomechanics Conference, March 9-11, 2018, Alliston, ON, Canada.

4. Zehr JD, Fewster KM, **Kingston DC**, Callaghan JP. The influence of lumbar support on the seat-occupant interface during a moderate velocity rear-impact collision. 15<sup>th</sup> Annual Ontario Biomechanics Conference, March 9-11, 2018, Alliston, ON, Canada.
5. Fok D, Tennant L, **Kingston DC**, Parkinson R, Laing A, Callaghan JP. Slipping differences in flip-flops and running shoes on dry and wet surfaces during standing. 15<sup>th</sup> Annual Ontario Biomechanics Conference, March 9-11, 2018, Alliston, ON, Canada.
6. Park J, **Kingston DC**, and Callaghan JP. Transfer of Hip Hinge Movement Pattern Training into Lifting Task Performance of Novice Lifters. Toronto International Strength and Conditioning Summit, May 14-15, 2017 Toronto, ON, Canada.
7. **Kingston DC**, Acker SM. Thigh-calf contact during six high knee flexion movements: onset, range of motion, magnitude, and contact area. 14<sup>th</sup> Annual Ontario Biomechanics Conference, March 10-12, 2017, Alliston, ON, Canada.
8. Ivanochko NK, **Kingston DC**, Acker SM. Preliminary feasibility of in-shoe pressure sensors for measuring thigh-calf contact. 14<sup>th</sup> Annual Ontario Biomechanics Conference, March 10-12, 2017, Alliston, ON, Canada.
9. **Kingston DC**, Acker SM. Prediction of thigh-shank contact force and location from movement and anthropometrics. 13<sup>th</sup> Annual Ontario Biomechanics Conference, March 11-13, 2016, Alliston, ON, Canada.
10. Park J, **Kingston DC**, Callaghan JP. Use of dowel-assisted training methods to facilitate hip-dominant lifting performance. 13<sup>th</sup> Annual Ontario Biomechanics Conference, March 11-13, 2016, Alliston, ON, Canada.
11. **Kingston DC**, Tennant LM, Chong HC, Acker SM. High Knee Flexion and Lower Limb Muscle Activation: Does Movement Pattern Matter? 12<sup>th</sup> Annual Ontario Biomechanics Conference, March 13-15, 2015, Alliston, ON, Canada.
12. **Kingston DC**, Almosnino S, Graham RB. Biomechanics of Military Load Carriage 1: The Effects of Prolonged Walking on Movement Kinematics. CIMVHR Forum 2014, November 24-26, 2014, Toronto, ON, Canada.
13. **Kingston DC**, Riddell MF, McKinnon CD, Gallagher KM, Callaghan JP. Influence of Input Hardware and Work Surface Angle on Upper Limb Kinematics. 11<sup>th</sup> Annual Ontario Biomechanics Conference, March 15-17, 2014, Barrie, ON, Canada.
14. Graham RB, **Kingston DC**, Almosnino S. Biomechanics of Military Load Carriage 2: The Effects of Walking Speed on Dynamic Gait Stability. CIMVHR Forum 2014, November 24-26, 2014, Toronto, ON, Canada.
15. **Kingston D**, Almosnino S, Bardana D, Stevenson J, Graham R. Effects of prolonged load carriage walking on lower extremity and trunk kinematics, heart rate, and subjective responses. 10<sup>th</sup> Annual Ontario Biomechanics Conference, March 15-17, 2013, Barrie, ON, Canada.
16. **Kingston DC**, Costigan PA. The effect of acute injury on knee stability control during the leg extension exercise. 9<sup>th</sup> Annual Ontario Biomechanics Conference, March 16-18, 2012, Barrie, ON, Canada.

17. **Kingston DC**, Almosnino S, Yang S, Graham RB, Stevenson JM, Costigan PA. Knee loading during bodyweight squat performance: Effect of stance width and foot rotation. 13th Rehabilitation Research Colloquium Conference, May 20, 2011, Kingston, Ontario, Canada.

## INVITED TALKS

1. Movement control and knee loading in full range of knee motion. Department of Biomechanics, **University of Nebraska Omaha**, 2020.

## TEACHING EXPERIENCE

### Instructor

#### **Department of Biomechanics – University of Nebraska Omaha**

Ethics in Scientific Research	Student Assessment TBD	Forthcoming
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### Teaching Assistant

#### **Applied Health Sciences – University of Waterloo**

Human Anatomy	Laboratory Instructor	2016
Sociology of Activity, Health, and Well-Being	Marking	2015
Biophysical Evaluation Lab	Laboratory Instructor	2015
Biomechanics of Human Activity	Laboratory Instructor	2014/13
Sociology of Physical Activity	Marking	2014

#### **School of Kinesiology and Health Studies – Queen’s University**

Advanced Biomechanics	Laboratory Instructor	2013
Motor Learning	Marking	2013/2012
Introductory Biomechanics	Marking	2012

## RESEARCH EXPERIENCE

Research Assistant	Biomechanics of Human Mobility Laboratory Applied Health Sciences, University of Waterloo Supervisor: Stacey M Acker	2013-2017
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Research Assistant	Biomechanics and Ergonomics Laboratory School of Kinesiology and Health Studies, Queen’s University Supervisor: Joan M Stevenson	2010-2013
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## TRAINEES

### Graduate Level

Jose Anguiano-Hernandez	MSc (Student) Biomechanics (UNO)	2020-present
Joseph Harrington	MSc (Student) Biomechanics (UNO)	2020-present

### **Undergraduate Level**

Jordan Berry	BSc Kinesiology Honours Thesis (Waterloo)	2015
Johnathan Park	BSc Kinesiology Honours Thesis (Waterloo)	2014

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### **SERVICE TO PROFESSION**

Manuscript Review	Journal of Applied Biomechanics	2020-present
Manuscript Review	IEEE Translational Engineering in Health & Medicine	2020-present
Manuscript Review	BMJ Open Sport & Exercise Medicine	2019-present
Review Committee	WorkSafe BC Research Training Awards	2019-present
Technical Committee	Association of Canadian Ergonomists Conference	2019

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### **DEPARTMENTAL/UNIVERSITY SERVICE**

#### **University of Saskatchewan**

College of Medicine Graduate Studies Committee	PDF Representative	2019-2020
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#### **University of Waterloo**

Senate Graduate & Research Council	AHS Graduate Representative	2016-2017
Faculty Graduate Studies Committee	Kinesiology Student Representative	2016-2017
Kinesiology Graduate Student Association		
Past-President		2017-2018
President		2016-2017
Vice President		2015-2016
Department Council Representative		2014-2015

#### **Queen's University**

Graduate Student Counsel	Biomechanics Department Representative	2012-2013
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### **PROFESSIONAL AFFILIATIONS**

Canadian Association for Research on Work and Health	(CARWH)	2019-2020
Association of Canadian Ergonomists	(ACE)	2019-present
American Society of Biomechanics	(ASB)	2017-present
International Society of Biomechanics	(ISB)	2014-present
Canadian Society for Biomechanics	(CSB)	2014-present

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## REFERENCES

**Catherine M Trask** – Professor

Ergonomics Division, Department of Biomedical Engineering and Health Systems  
KTH Royal Institute of Technology, Stockholm, Sweden, SE-100 44

[ctrask@kth.se](mailto:ctrask@kth.se)

46-76-704-86-35

**Audrey R Zucker-Levin** – Professor

3412 Health Sciences E Wing

School of Rehabilitation Science, College of Medicine

University of Saskatchewan, Saskatoon, SK, S7N 5E5

[audrey.zuckerlevin@usask.ca](mailto:audrey.zuckerlevin@usask.ca)

1-306-996-7838

**Stacey M Acker** – Associate Professor

1038 BC Matthews Hall

Department of Kinesiology, Faculty of Applied Health Sciences

University of Waterloo, Waterloo, ON, N2L 3G1

[stacey.acker@uwaterloo.ca](mailto:stacey.acker@uwaterloo.ca)

1-519-888-4567 x31338

**Jack P Callaghan** – Professor

3122 BC Matthews Hall

Department of Kinesiology, Faculty of Applied Health Sciences

University of Waterloo, Waterloo, ON, N2L 3G1

[callagha@uwaterloo.ca](mailto:callagha@uwaterloo.ca)

1-519-888-4567 x37080