Solution to Problem $\heartsuit -1$

Are there rational numbers x, y, z, t such that

$$1 + \sqrt{2} = (x + y\sqrt{2})^2 + (z + t\sqrt{2})^2 \quad ?$$

Answer: No, there are no such rationals x, y, z, t. To show this, suppose towards contradiction that $x, y, z, t \in \mathbb{Q}$ satisfy

$$1 + \sqrt{2} = (x + y\sqrt{2})^2 + (z + t\sqrt{2})^2.$$

Then also

$$1 - (x^2 + z^2 + 2y^2 + 2t^2) = \sqrt{2} \cdot (2xy + 2zt - 1).$$

and hence, as $\sqrt{2}$ is not rational, we conclude that both sides of the above equality are 0. Thus

 $1 = (x^2 + z^2 + 2y^2 + 2t^2) \quad \text{and} \quad 2xy + 2zt = 1.$

Consequently,

$$(x - y\sqrt{2})^2 + (z - t\sqrt{2})^2 = 1 - \sqrt{2} < 0,$$

an obvious contradiction.

Correct solutions were received from :

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