

# DIETITIAN

A Registered Dietitian (RD) or Registered Dietitian Nutritionist (RDN) is a food and nutrition expert who works in a wide variety of employment settings. An RD understands the science of nutrition and is skilled in the art of teaching and counseling. RD's also plan and conduct food service or nutritional programs to assist in the promotion of health and control of disease.

## CAREER DESCRIPTION\*

- » National median salary: \$69,680
- » National projected career growth: 7%
- » Most work healthcare environments

## TYPICAL EDUCATION\*\*

- » Years of School (including undergraduate): 5.5 years
- » Bachelor's Degree required
- » Average Entering GPA: coming soon
- » Licensure requirements may vary by state
- » GRE not required; may be required by some schools
- » Dietetic Registration (CDR) credentialing examination to become a Registered Dietitian Nutritionist

## NEARBY SCHOOLS

- » University of Nebraska Medical Center (Clinical)
- » University of Nebraska-Lincoln (Community)
- » Iowa State University

## COMPETITIVE STUDENTS ALWAYS...

- » Maintain a competitive academic record
- » Shadow professionals in the field, especially in the hospital
- » Obtain clinical health care experience
- » Participate in volunteer and leadership opportunities
- » Demonstrate a commitment to professional development and service

## WHAT PRACTICING PROFESSIONAL SAY



"UNMC's Medical Nutrition Program provided me the clinical experience I needed to gain advanced medical nutrition knowledge. The skills I obtained through the program resulted in reaching high-level competencies which has boosted my self-confidence in my recommendations as a practicing Registered Dietitian!"

- Courtney Sikora, MMN, RD, LMNT



"If we could give every individual the right amount of nourishment and exercise, not too little and not too much, we would have the safest way to health."

- Hippocrates

UNO Health Careers Resource Center  
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[cas.unomaha.edu/hcrc](https://cas.unomaha.edu/hcrc)

\*Data and information from the Bureau of Labor Statistics

\*\*Data and information from UNMC

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Click here for requirements from the schools listed below:

<a href="#">University of Nebraska Medical Center</a>	<a href="#">University of Nebraska-Lincoln</a>
<a href="#">Iowa State University</a>	

\*Prerequisites vary by program. Students are responsible for ensuring all entrance requirements are met.

\*Most schools prefer science classes to be taken in-person versus online.

### UNMC's Prerequisites

S = Spring, F = Fall, M = Summer

Biological Sciences (minimum credits: 12)			
Course	Credits	Semester	Prerequisites
BIOL 1020 Principles of Biology & Lab	4	F, S, M	ENGL 1150 by placement
<b>OR</b>			
BIOL 1450 Biology I & Lab	5	F, S, M	High school Biology and Chemistry
<b>AND</b>			
BIOL 2440 The Biology of Microorganisms & Lab	4	F, S, M	High school Biology and Chemistry
<b>AND</b>			
BIOL 2740 Human Anatomy & Physiology I & Lab	4	F, S, M	High school Biology and Chemistry
BIOL 2840 Human Anatomy & Physiology II & Lab	4	F, S, M	BIOL 2740
<b>OR</b>			
BMCH 2400 Human Physiology & Anatomy I & Lab	4	F, S	
BMCH 2400 Human Physiology & Anatomy I & Lab	4	F, S	BMCH 2500

Chemistry (minimum credits: 14)			
CHEM 1140/1144 Fund of College Chemistry & Lab	5	F, S, M	MATH 1300 or 1320
CHEM 2210/2214 Fund of Organic Chemistry & Lab	5	F, S	CHEM 1140 & 1144 or 1190 & 1194
CHEM 3650/3654 Fund of Biochemistry & Lab	4	F, S	CHEM 2210 & 2214 or 2260 & 2274
<b>OR</b>			
CHEM 1180/1184 General Chemistry I & Lab	4	F, S, M	MATH 1300 or 1320 or CHEM 1140 & 1144
CHEM 1190 & 1194 General Chemistry II & Lab	4	F, S, M	MATH 1300 or 1320 and CHEM 1180 & 1184
CHEM 2250 Organic Chemistry I*	3	F, S, M	CHEM 1190 & 1194
CHEM 2260 & 2274 Organic Chemistry II & Lab*	5	F, S	CHEM 2250
CHEM 3650 & 3654 Fund of Biochemistry & Lab	4	F, S	CHEM 2210 & 2214 or 2260 & 2274

Nutrition (minimum credits: 9)			
HEKI 3090 Applied Nutrition	3	F, S, M	
KINS 4050 Exercise and Sports Nutrition	3	F, S, M	HEKI 3090
MNED 477 Nutrition in the Management of Chronic Disease	3	S	HEKI 3090 & BIOL 2840 – course is taught online at UNMC (can be taken as a non-degree seeking student)

Psychology (minimum credits: 3)			
PSYC 1010 Introduction to Psychology	3	F, S, M	

### Additional Information:

Applicants must have a minimum GPA of 3.0. No grade below “C-” will be accepted.

Due to accreditation, AP and Dual Enrollment credit are not accepted.

Interested students may reach out to Dr. Corrine Hanson at [ckhanson@unmc.edu](mailto:ckhanson@unmc.edu) or UNMC's Allied Health Admissions at [cahpadmissions@unmc.edu](mailto:cahpadmissions@unmc.edu)