ATHLETIC TRAINER

Athletic Trainers are healthcare professionals, trained in the evaluation and management of injuries and illnesses in athletes and other physically active people. They collaborate with physicians to provide preventative services emergency care, clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions.

CAREER DESCRIPTION*
» Average salary: $43,690 (NE); $46,630 (National)
» Projected career growth: 8.9% (NE); 23% (National)
» Evaluate and manage injury and illness
» Provide first aid or emergency care
» Develop and carry out comprehensive programs to prevent injury among athletes

TYPICAL EDUCATION**
» Years of school (including undergraduate): 4-6
» Average cost (including undergraduate): $40,000
» Average Admittance GPA: 3.4
» Average Admittance GRE: 300
» Certification & License required

NEARBY SCHOOLS
» University of Nebraska at Omaha (Masters)
» University of Nebraska at Kearney (Masters)
» University of Nebraska at Lincoln (BS)
» Nebraska Wesleyan University (BS)

TIPS FOR SUCCESS
» Bachelor’s Degree required, Master’s Degree preferred
» Maintain a competitive GPA
» Gain hands-on experience by volunteering
» Obtain a C or Better in courses required for the Program(s) of interest

CAREER ENVIRONMENTS
» High Schools, Colleges and Universities
» Hospitals and Medical Clinics
» Military and First-Responders
» Performing Arts
» Professional Sports

WHAT PRACTICING PROFESSIONALS SAY

I love being an athletic trainer! Why? Variety and adventure. Every season brings new athletes, a few new coaches, new opponents, new game strategies and new injuries. No injury is the same because the athletes are different.”
-Paul LaDuke, MSS, CSCS, ATC

Athletic Trainers and students gather to learn, advocate for the profession, network, and collaborate with other great minds to create bigger and better plans for the future of our profession.”
-Rachel Kirkpatrick, LAT, ATC

UNO’s Athletic Training Program has:
100% Board of Certification exam pass-rate
100% Job-placement rate within 3-months of graduation

UNO Health Careers Resource Center
307 Allwine Hall | 402.554.5980
unohealthcareers@unomaha.edu
cas.unomaha.edu/healthcareers

*Data and information from Bureau of Labor Statistics
**Data and information from UNO

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Click here for requirements from the schools listed below:

<table>
<thead>
<tr>
<th>University of Nebraska at Omaha</th>
<th>University of Nebraska at Lincoln</th>
</tr>
</thead>
<tbody>
<tr>
<td>University of Nebraska at Kearney</td>
<td>Nebraska Wesleyan University</td>
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</tbody>
</table>

Prerequisites vary by program. Students are responsible for ensuring all entrance requirements are met.

UNO’s Athletic Training Master’s Program’s Prerequisite Coursework

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
<th>Prerequisites</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINS 1800 – Fitness for Living</td>
<td>3</td>
<td>None</td>
</tr>
<tr>
<td>BMCH 2400 – Human Physiology and Anatomy I</td>
<td>4</td>
<td>None</td>
</tr>
<tr>
<td>BMCH 2500 – Human Physiology and Anatomy II</td>
<td>4</td>
<td>BMCH 2400 (prev. PE 2400)</td>
</tr>
<tr>
<td>BMCH 4630 – Biomechanics</td>
<td>3</td>
<td>BMCH 2400 (prev. 2400) or KINS 2800 (prev. PE 2800) or BIOL 2740 -AND- PHYS 1110 and PHYS 1154 or MATH 1950 or BMCH 4630 – Biomechanics</td>
</tr>
<tr>
<td>KINS 4940 – Physiology of Exercise</td>
<td>3</td>
<td>KINS 1800 (prev. PE 1800) &amp; BMCH 2400 (prev. PE 2400) or BIOL 2740 and BIOL 2840 &amp; CHEM 1120</td>
</tr>
<tr>
<td>PSYCH 1010 – Introduction to Psychology I</td>
<td>3</td>
<td>None</td>
</tr>
<tr>
<td>HEKI 3090 – Applied Nutrition</td>
<td>3</td>
<td>None</td>
</tr>
</tbody>
</table>

*Many applicants graduate with a BS in Physical Education with a Conc. In Exercise Science

UNO Alternative Entry into the MA in Athletic Training from the BS in Physical Education

The School of Health and Kinesiology offers an alternative entry into the MA in Athletic Training, which allows outstanding students to complete the BS in Physical Education undergraduate degree and the MA in Athletic Training graduate degree in 5 years. The alternative entry program is designed for dedicated students who are motivated and willing to take on early the challenges relating to graduate education. Interested students are encouraged to meet with their academic advisor for more information about this program.

Program Contact Information

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