# | HEALTH CAREERS RESOURCE CENTER

## ATHLETIC TRAINER

Athletic trainers are healthcare professionals, trained in the evaluation and management of injuries and illnesses in athletes and other physically active people. They collaborate with physicians to provide preventative services, emergency care, clinical diagnosis, therapeutic intervention, and rehabilitation of injuries and medical conditions.

#### CAREER DESCRIPTION\*

- » National median salary: \$57,930
- » National projected career growth: 13%
- » Evaluate and manage injury and illness
- » Provide first aid or emergency care
- » Develop and carry out comprehensive programs to prevent injury among athletes

#### TYPICAL EDUCATION\*\*

- » Years of school (including undergraduate): 5-6
- » Average Admittance GPA: 3.4
- » Master's Degree required
- » Certification & License required

#### **NEARBY SCHOOLS**

- » University of Nebraska at Omaha
- » University of Nebraska at Kearney
- » University of Nebraska-Lincoln
- » Nebraska Wesleyan University

#### COMPETITIVE STUDENTS ALWAYS...

- » Maintain a competitive GPA
- » Gain hands-on experience by volunteering
- » Obtain a C or higher in courses required for the program(s) of interest

#### CAREER ENVIRONMENTS

- » High Schools, Colleges, and Universities
- » Hospitals and Medical Clinics
- » Military and First-Responders
- » Performing Arts
- » Professional Sports

#### WHAT PRACTICING PROFESSIONAL SAY



"I love being an athletic trainer! Why? Variety and adventure. Every season brings new athletes, a few new coaches, new opponents, new game strategies, and new injuries. No injury is the same because the athletes are different."

-Paul LaDuke, MSS, CSCS, ATC



Athletics Trainers and students gather to learn, advocate for the profession, network, and collaborate with other great minds to create bigger and better plans for the future of our profession.

-Rachel Kirkpatrick, LAT, ATC



UNO's Athletic Training Program has: 100% Board of Certification exam pass-rate and 100% job-placement rate within 3 months of graduation.

\*Data and information from the Bureau of Labor Statistics

\*\*Data and information from UNO

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Click here for requirements from the schools listed below:

University of Nebraska at Omaha	University of Nebraska-Lincoln
University of Nebraska at Kearney	Nebraska Wesleyan University

<sup>\*</sup>Prerequisites vary by program. Students are responsible for ensuring all entrance requirements are met.

UNO's Athletic Training Master's Program Prerequisites

S = Spring, F = Fall, M = Summer

Course	Credits	Semester	Prerequisites
BMCH 2400 Human Physiology & Anatomy I & Lab	4	F, S	
BMCH 2500 Human Physiology & Anatomy II & Lab	4	F, S	BMCH 2400
AND			
BIOL 1330 Environment Biology	3	F, S	
OR			
BIOL 1020 Principles of Biology & Lab	4	F, S	ENGL 1150 by placement
OR			
BIOL 1450 Biology I & Lab	5	F, S, M	High School Biology and Chemistry
AND			
BMCH 4630 Biomechanics	3	F, S	BMCH 2400 or BIOL 2740 <b>AND</b> PHYS 1110 and
			PHYS 1154 or MATH 1950
KINS 4940 Physiology of Exercise	3	F, S, M	BMCH 2400 or BIOL 2740
CHEM 1010 Chemistry in the Environment and	3	F, S	MATH 1300 or 1320
Society or any upper-level CHEM course			
PHYS 1050 Introduction to Physics or any upper level	4	F, S	
PHYS course			
PSYC 1010 Introduction to Psychology I	3	F, S, M	
HEKI 3090 Applied Nutrition	3	F, S, M	

<sup>\*</sup>Many applicants graduate with a BS in Kinesiology

### UNO Alternative Entry into the MA in Athletic Training from the BS in Kinesiology

The School of Health and Kinesiology offers an alternative entry into the MA in Athletic Training, which allows outstanding students to complete the BS in Kinesiology degree and the MA in Athletic Training graduate degree in 5 years. The alternative entry program is designed for dedicated students who are motivated and willing to take on the challenges relating to graduate education. Interested students are encouraged to meet with their academic advisor for more information about this program.

#### **Program Contact Information**

Undergraduate Advising - unohkadvising@unomaha.edu or 402.554.2670

Graduate Advising - Adam B. Rosen, PhD, ATC, Director, Athletic Training Programs and Graduate Program Chair (GPC) 207Y School of Health and Kinesiology (H&K) 402.554.2057

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<sup>\*</sup>Most schools prefer science classes to be taken in-person versus online.