ATHLETIC TRAINER

Athletic trainers are healthcare professionals, trained in the evaluation and management of injuries and illnesses in athletes and other physically active people. They collaborate with physicians to provide preventative services, emergency care, clinical diagnosis, therapeutic intervention, and rehabilitation of injuries and medical conditions.

CAREER DESCRIPTION*

- National median salary: $48,420
- National projected career growth: 17%
- Evaluate and manage injury and illness
- Provide first aid or emergency care
- Develop and carry out comprehensive programs to prevent injury among athletes

TYPICAL EDUCATION**

- Years of school (including undergraduate): 5-6
- Average tuition/fees (undergraduate): $33,750
- Average tuition (graduate): $15,345
- Average Admittance GPA: 3.4
- Master’s Degree required
- Certification & License required

NEARBY SCHOOLS

- University of Nebraska at Omaha
- University of Nebraska at Kearney
- University of Nebraska-Lincoln
- Nebraska Wesleyan University

COMPETITIVE STUDENTS ALWAYS...

- Maintain a competitive GPA
- Gain hands-on experience by volunteering
- Obtain a C or higher in courses required for the program(s) of interest

CAREER ENVIRONMENTS

- High Schools, Colleges, and Universities
- Hospitals and Medical Clinics
- Military and First-Responders
- Performing Arts
- Professional Sports

WHAT PRACTICING PROFESSIONALS SAY

“I love being an athletic trainer! Why? Variety and adventure. Every season brings new athletes, a few new coaches, new opponents, new game strategies, and new injuries. No injury is the same because the athletes are different.”

-Paul LaDuke, MSS, CSCS, ATC

Athletics Trainers and students gather to learn, advocate for the profession, network, and collaborate with other great minds to create bigger and better plans for the future of our profession.

-Rachel Kirkpatrick, LAT, ATC

UNO’s Athletic Training Program has: 100% Board of Certification exam pass-rate and 100% job-placement rate within 3 months of graduation.

UNO Health Careers Resource Center
307 Allwine Hall | 402.554.5980
unohealthcareers@unomaha.edu
cas.unomaha.edu/hcrc

*Data and information from the Bureau of Labor Statistics
**Data and information from UNO
Last update: 4.2023

The University of Nebraska does not discriminate based on race, color, ethnicity, national origin, sex, pregnancy, sexual orientation, gender identity, religion, disability, age, genetic information, veteran status, marital status, and/or political affiliation in its programs, activities, or employment.
Click here for requirements from the schools listed below:

<table>
<thead>
<tr>
<th></th>
<th>University of Nebraska at Omaha</th>
<th>Nebraska Wesleyan University</th>
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<tbody>
<tr>
<td></td>
<td>University of Nebraska at Kearney</td>
<td>University of Nebraska-Lincoln</td>
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</tbody>
</table>

*Prerequisites vary by program. Students are responsible for ensuring all entrance requirements are met.

UNO’s Athletic Training Master’s Program’s Prerequisite Coursework

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
<th>Semester</th>
<th>Prerequisites</th>
</tr>
</thead>
<tbody>
<tr>
<td>BMCH 2400 – Human Physiology and Anatomy I</td>
<td>4</td>
<td>F, S</td>
<td>BMCH 2400 (prev. PE 2400)</td>
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<tr>
<td>BMCH 2500 – Human Physiology and Anatomy II</td>
<td>4</td>
<td>F, S, M</td>
<td>BMCH 2400 (prev. PE 2400)</td>
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<td>AND</td>
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<tr>
<td>BIOL 1330 Environment Biology</td>
<td>3</td>
<td>F, S, M</td>
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<tr>
<td>OR</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BIOL 1020 Principles of Biology</td>
<td>4</td>
<td>F, S, M</td>
<td>ENGL 1150 by placement</td>
</tr>
<tr>
<td>OR</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>BIOL 1450 Biology I</td>
<td>5</td>
<td>F, S, M</td>
<td>High school Biology and Chemistry</td>
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<td>AND</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>BMCH 4630 – Biomechanics</td>
<td>3</td>
<td>F, S</td>
<td>BMCH 2400 (prev. PE 2400) or PE 2880 or BIOL 2740 AND PHYS 1110 and PHYS 1154 or MATH 1950</td>
</tr>
<tr>
<td>KINS 4940 – Physiology of Exercise</td>
<td>3</td>
<td>F, S, M</td>
<td>BMCH 2400 or BIOL 2740</td>
</tr>
<tr>
<td>CHEM 1010 Chemistry in the Environment and Society or any upper-level CHEM course</td>
<td>3</td>
<td>F, S, M</td>
<td>MATH 1300 or MATH 1320</td>
</tr>
<tr>
<td>PHYS 1050 Introduction to Physics or any upper level PHYS course</td>
<td>4</td>
<td>F, S</td>
<td></td>
</tr>
<tr>
<td>PSYC 1010 – Introduction to Psychology I</td>
<td>3</td>
<td>F, S, M</td>
<td></td>
</tr>
<tr>
<td>HEKI 3090 – Applied Nutrition</td>
<td>3</td>
<td>F, S, M</td>
<td></td>
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</tbody>
</table>

*Many applicants graduate with a BS in Kinesiology

UNO Alternative Entry into the MA in Athletic Training from the BS in Kinesiology

The School of Health and Kinesiology offers an alternative entry into the MA in Athletic Training, which allows outstanding students to complete the BS in Kinesiology degree and the MA in Athletic Training graduate degree in 5 years. The alternative entry program is designed for dedicated students who are motivated and willing to take on the challenges relating to graduate education. Interested students are encouraged to meet with their academic advisor for more information about this program.

Program Contact Information

Undergraduate Advising - unohkadvising@unomaha.edu

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