



UNO Child Care Center Chronicle

November 2023

Dawn Hove-Casart - Director

Monica Dey - Assistant Director

UNO Child Care Center Happenings and Reminders

Happenings: Mark Your Calendars

1. Together Inc. Food Drive ~ November 1 to 20, 2023

Wednesday, November 1, kicked off the start of the UNO Child Care Center's Annual Food Drive for Together, Inc. This year we are collecting both non-perishable items and monetary donations to give to the food bank. Anything that you can provide will benefit the needy families in our community. The last day to bring in your donation will be Monday, November 20. The classroom with the most donations will win either an ice cream party. There are boxes located in the multipurpose room for you to place the items. The boxes are labeled with each classroom's name. A container for the monetary donations is located on the front desk counter. For every \$1 you donate will count as 4 items towards the classroom total. Example \$5 will equal 20 items. *Please make sure that you put your child's name on the donation*, so we know which classroom to put the item total in. The Preschool groups will be going on a field trip to Together Inc. to deliver the items on Tuesday, November 21, 2023. Parents are welcome to join us. Thank you for your support for one of our annual service-learning projects.

2. UNO Child Care Center Closed ~ November 23 & 24, 2023

The UNO Child Care Center will be closed on Thursday and Friday, November 23 & 24, 2023 in observance of the Thanksgiving Holiday.

The UNO Child Care Center will re-open on Monday, November 27, 2023 at 6:30 A.M.

In order for us to plan for staffing, please let us know by Friday, November 17, 2023 if your child will not be in attendance on Wednesday, November 22.

3. UNO Child Care Center Annual Holiday Program, Saturday, December 9, 2023

The UNO Child Care Center Annual Holiday/Winter Program is on Saturday, December 9, 2023.

It will be in the Milo Bail Student Center Ballroom beginning at 10 A.M.

Please have your child there no later than 9:45 A.M.

This year's theme is "Musical Celebration". The children have already begun learning their songs.

We hope to see you there.



4. UNO Child Care Center Closed for Winter Shutdown

The UNO Child Care Center will be closed from Friday, December 22, 2023 through Monday, January 1, 2024 for the Winter Shutdown.

The UNO Child Care Center will re-open on Tuesday, January 2, 2024 at 6:30 A.M.

We will be sending home a form for you to let us know what days your child will be in attendance the week of December 18 to 21, 2023. We have several teacher assistants who will be traveling home for the holidays and we need to plan ahead. Please make sure you turn the form in by December 4, 2024.

Reminders

1. The children do play outside and will go for walks on campus in the morning. With the weather getting cooler, please make sure your child has a jacket/coat, hat and/or gloves for outdoor play.
2. Please bring in all food drive items or money by Monday, November 20, 2023.
3. Please make sure you turn in your child's attendance form by December 5, 2023.
4. Monica will be out of the center on Monday, November 13, 2023 and Dawn will be out of the center on Wednesday, November 22, 2023.
5. We continue to advertise for the Lead Teachers positions. Help spread the word.
6. If you have any questions or concerns, please contact Dawn at 402-554-4936 or by email at dhove@unomaha.edu.



November



Happy Birthday!

2 - Arlen L.	21 - Miss Maggie
3 - Jonah C.	27 - Maddox L.
4 - Daelen B.	28 - Beth Ann S.
17 - Miss Lauren	28 - Nylah D.
20 - Oaklin B.	



Child Safety Month

Native Heritage Month

- 1 – UNOCCC Annual Food Drive Begins
- 1 – All Saints Day
- 5 – Daylight Savings Time
- 7 – Election day
- 11 – Veteran’s Day
- 13 – World Kindness Day
- 13 – Last Day of Food Drive
- 15 – National Philanthropy Day
- 19 – Play Monopoly Day
- 20 – Universal Children’s Day
- 20 – Preschool Field Trip to Together’s Inc.
- 23 – Thanksgiving Day
- 23 & 24 – UNOCCC Closed



Baby News!

Congratulations to the Little Family (Sam, Gracy and Big Brother Arlen) on the birth of...

**Eloise Olivia 7lbs 9oz 21 1/2 in
Born on October 23, 2023**



Book Orders

Book Orders for this month will be due on Friday, November 17.

Books are an important part of a child’s development and can help your child gain pre-literacy skills. When you order your child’s books through Scholastic Book Orders, the center earns points to use towards free books and educational materials we can use in the classrooms!

Please visit scholastic.com/bookclubs to order.

If this is your first time ordering online, you will need to create an account using our center’s code GKXFX. This is the center’s account under “Dawn Hove”. Please make sure you are using this account, or your order may not be processed. You will be able to pay online and the books will be delivered to the center. Happy Reading!



Recommended Books for the Month.

- “My Heart Fills With Happiness” By Monique Gray Smith
- “Fry Bread” By Kevin Noble Maillard
- “A Day With Yayah” By Nicola I Campbell
- “At The Mountains Base” By Traci Sorell
- “Little You” By Richard Van Camp
- “Gobble Wobble” By Brick Puffington
- “The Leaf Thief” By Alice Hemming
- “How To Catch A Turkey” By Adam Wallace



December



National Safe Toys and Gifts



- 3 - Make a Gift Day
- 4 - National Cookie Day
- 7 - Hanukkah Begins
- 9 - Annual Winter/Holiday Program 10 AM
Milo Bail Student Center Ballroom
- 10 - Human Rights Day
- 21 - Winter Solstice
- 21-January 1, 2024 - Child Care Center Closed
- 22 - National Cookie Exchange Day
- 25 - Christmas Day
- 26 - Kwanzaa
- 31 - New Year’s Eve

Talk With Toddler 1 & 2

Welcome to November

The beauty of the fall season is in the air. Take time to take walks with your children and point out all the beautiful colors of the leaves.

A special welcome to our new friends, Isla C. and Anakin O.

Thank you to all the parents who were able to meet with me during parent/teacher conferences.

Some of our older Toddler friends will be moving up to the Transition Classroom at the end of the semester. More information will be sent home after the Thanksgiving break.

We will begin practicing for our annual Holiday Program in December.

Themes of the Month: Caring for Others; Color: Brown; Shape: Rectangle; Number: 4; Letters: G, H, and I.

Just a reminder to bring in a pair of gloves/mittens and hat for your child. We will continue to play outdoors, weather permitting.

Your child's sunblock will be going home the week of November 13.

Wanted

Empty containers of oatmeal tubs with lids, 42 oz.

We need a total of 12 containers. We will be making drums out of them.

We would like to wish all our families a Happy Thanksgiving!
Ms. Effie and the Toddler Teacher Assistants



Time With Transition

Let's be Thankful!

The Together Inc. Food drive is upon us! We are asking for donations for the food drive. Popular items include: Peanut butter, Canned soup, Canned fruit, Canned vegetables, Canned stew, Ramen Noodles, Pasta, Rice, and much more! We are also accepting monetary donations. All dry and canned goods can go to the Transition box in the Multipurpose Room. The classroom who donates the most items will win a class party with special treats. Let's have some fun opening our hearts and pantries for a good cause this season!

This month, we will be discussing the different families and cultures that make up our Transition group. To help celebrate our diversity, we will be creating a Transition Cookbook. I am asking each family to choose a favorite recipe to share with our class. Your recipe can be for any mealtime favorite and can represent your culture and/or represent your family. I will compile the recipes into a book with some stories and art from our friends, and we will share our finished product by the end of the month. In order for our cookbook to be completed, I am asking for the recipes no later than Friday, November 17. Please share a hard copy or email of your recipe to zoabram1@gmail.com.

With the weather changing, please remember to provide a jacket for your child for outside play. Extra hats and mittens can be stored in your child's tubby. We also encourage a water bottle and Chapstick or Aquaphor to store in our medicine cabinet. The cold weather tends to cause dry skin, and that can be uncomfortable during a long school.

Themes of the Month:

What Makes a Family; Home, Community, and Cultural; Being Thankful & Giving Thanks

Letters: G, H, I **Numbers:** 7, 8, 9 **Color:** Yellow **Shape:** Rectangle

Have a wonderful Thanksgiving.

Mr. Fred and the Transition Teacher Assistants



Preschool 1 Pals

Preschool 2 News & Views

Oh goodness, it is November already!

Preschool as always, is keeping busy as they continue learning!

I want to take this opportunity to thank all of the parents who came with us on our last field trip, as well as everyone who walked with us on our costume parade through campus. The children really enjoyed these experiences and your participation made them even more fun!

A big thank you to all parents who participated in parent/teacher conferences as well. I enjoyed talking with you about your child.

A couple of reminders:

- We are still going outside when the weather permits. The weather has been chaotic, cold one week and warm the next. Please make sure your child is dressed appropriately for the ever changing Nebraska weather. Coat, hat and gloves are always good to have in your child's backpack.
- Please make sure you that your child has extra clothing in their tubby. Also, if your child has come home in borrowed clothing, please return the washed clothing to the center as soon as possible.
- Annual Food Drive for Together Inc. has begun. A box for preschool has been placed in the multi-purpose for you to place your non-perishable donations. We are also taking monetary donations. A container is located on the front desk counter. Please make sure your child's name is on the donation so we get the credit. The classroom who brings in the most items will win an ice cream party.

The Preschool groups will be taking a field trip to Together Inc. to deliver the food donation items on November 20, 2023. We will leave the child care center at 9:30 A.M. and return no later than 11:15 A.M. Permission slips will go out the week of November 13.

Parent volunteers are welcome. We would love for you to join us.

The children will be talking about Food, Family and Thankfulness all month. Our shape for the month is the rectangle, and our color is brown. We are continuing to learn about our alphabet letters and their sounds every day.

We have started singing our songs for the Winter Program, we are doing so well, that we have two of our songs already memorized. Now, just to work on singing them with strong voices! Mark your calendars for December 9.

Until next month,

Ms. Monica and the Preschool Assistant Teachers



Parent Corner

Cooking with Seasonal Produce (Article From Good 2 Grow Network)

One of the best ways to escape the chilly Fall weather is to spend the day inside making tasty food that incorporates fresh, seasonal ingredients. Seasonal produce is rich in flavor and nutrients that support young children in their health and development.

Children love to participate in cooking by measuring ingredients, mixing items together, and most of all...taste-testing! When children help prepare meals they enjoy a sensory experience of different tastes, smells, and textures while building a strong foundation for nutrition and healthy eating habits.

According to [Kids Health](#), a resource published by pediatric hospital Nemours Health, when children help to prepare meals, it can encourage them to try new foods: "Preschoolers love to show what they can do, and working in the kitchen provides opportunities to gain a sense of accomplishment. If they helped assemble the pizza, let them know that their help was important. Even if the results are not exactly what you expected, praise their efforts." When we use fresh, healthy ingredients while cooking with children, we can talk with them about how each fruit and vegetable has different vitamins and nutrients that help our bodies to grow big, strong, and healthy.

Seasonal November Produce

A variety of fruits and vegetables, from persimmons to cauliflower, are in season during the month of November.

Many of these fruits and vegetables can be enjoyed throughout the year, but they are especially fresh, tasty, and nutritious during their peak season. Here are a few that you might enjoy sharing with the children in your care during November:

Fruits

- * Apples
- * Pears
- * Persimmons
- * Pineapple guava
- * Pomegranates

Vegetables

- * Greens (arugula, collards, dandelion, kale, chard)
- * Broccoli
- * Brussel Sprouts
- * Cauliflower
- * Eggplant
- * Snap Peas
- * Winter Squash

Healthy Learning Opportunities

Not only are seasonal fruits and vegetables nutritious and tasty, they also offer learning opportunities for little ones. Colors, shapes, scents, size, and weight can all be noticed and compared. Pictures of fruit trees and vegetable gardens can spark conversations about where fruits and vegetables grow.

Kid-Friendly Recipes

Recipes that incorporate fruits and vegetables are a great way to make seasonal produce part of your curriculum.

Each of the recipes below can be prepared with large or small groups of children. Older preschoolers will be able to help with cutting, preparing, and measuring ingredients, while toddlers can help with jobs like scooping and mixing.

Healthy Tip! Always ensure that children thoroughly wash their hands before preparing food. Remind them that hand-washing helps us to keep our bodies healthy and free from germs.

Pear and Cinnamon Muffins Recipe

Ingredients

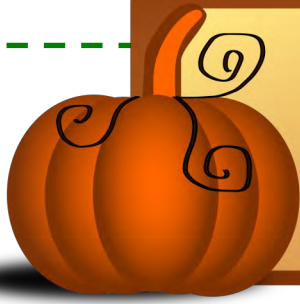
- 2 Cups Sifted Self-raising flour
- 1/2 Cup Brown Sugar
- 2 tsp Ground Cinnamon
- 3 to 4 peeled, cored and diced Pears
- 2/3 Cup Mil
- 1/4 Cup Olive Oil
- 1 Egg



Instructions

- Preheat oven to 180C (356F) and lightly spray muffin tin with cooking oil.
- Combine the dry ingredients and carefully stir through your diced pear.
- Whisk your wet ingredients together and pour into a well in your dry ingredients.
- Carefully combine all your ingredients together without over stirring and then fill muffin tray with mix.
- Sprinkle the top of each muffin with some extra cinnamon and option brown sugar.
- Bake for 20 minutes or until done. They should spring back when pressed on top.





Tuition Rate Increases Effective October 23, 2023



Student Tuition Rates

Full-Time Weekly Rates

Toddlers/Transition	\$285.00
Preschool/School-age	\$260.00

Part-Time Toddler/Transition Rates

2 Days per Week (Tues/Thurs)	\$132.00
3 Days per Week (Mon/Wed/Fri)	\$198.00
Daily Rate	\$ 66.00

Part-time Preschool/School-age Rates

2 Days per Week (Tues/Thurs)	\$120.00
3 Days per Week (Mon/Wed/Fri)	\$180.00
Daily Rate	\$ 60.00

**Please note: there is an additional Preschool/School-age Activity Fee for the Summer*

Faculty, Staff & Community Tuition Rates

Full-Time Weekly Rates

Toddler /Transition	\$300.00
Preschool/School-age	\$275.00

Part-time Toddler/Transition Rates

2 Days per Week (Tues/Thurs)	\$138.00
3 Days per Week (Mon/Wed/Fri)	\$207.00
Daily Rate	\$ 69.00

Part-time Preschool/School-age Rates

2 Days per Week (Tues/Thurs)	\$126.00
3 Days per Week (Mon/Wed/Fri)	\$189.00
Daily Rate	\$ 63.00

**Please note: there is an additional Preschool/School-age Activity Fee for the Summer*

