

October  
2019

UNO Child Care Center  
Helping Parents & Children  
Learn Together  
402.554.3398

# Child Care Chronicle

Dawn Hove-Casart — Director

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## Feature Facts from Dawn

Summer is still trying to hang on with all this warm weather, but the signs of fall are starting to appear. The leaves changing colors on the trees is always so magical. There is always so many fun activities to do during the fall. We would like to thank all the families that participated in the Lakeshore Parent Event and Curriculum Night. We look forward to seeing you at future events.

As a reminder, the children do go for walks on campus throughout the day. If you know that will need to pick up your child earlier than 4PM on a particular day, please make sure you call and let us know, so that we can have your child stay back at the center and not go on the walk.

Please mark your calendars for the following important dates to remember:

- Thursday, October 31; Costume Parade
- November 4-18; Annual Food Drive for Together Inc.
- November 19; Preschool 1 & 2 Field Trip to Together Inc.

- Tuesday, November 12; CHAMPS Meeting 4:30-5:30 P.M. at Child Care Center
- Thursday-Friday; November 28-29; Center Closed
- Saturday, December 14; Holiday Program 10 A.M. Milo Bail Student Center
- Saturday - Wednesday; December 21, 2019 to January 1, 2020 – Center Closed

Your child's progress report will be handed out the week of October 28. In the envelope will be your child's progress report. Please sign your child's progress report, put back in the envelope provided, and return it to the child care center by Monday, November 4. There will be a labeled tubby for you to place the envelope. Conference times will be available on the week of November 4 with your child's lead teacher on a sign-up basis. Please see the sign-up sheet located on the front desk. Center evaluations will be included in the envelope or available online. Please make sure that you take the time to fill out the evaluation. Please only fill out one survey. We appreciate your feedback.

The Child Care Center's Annual Costume Parade across campus will be on Thursday, October 31 beginning at 9 A.M. If we have inclement weather on this day, we will have a party at the Child Care Center. All offices can bring over their treats to the children. Please make sure you provide extra clothes for your child to change into after the parade. No make-up, please. We ask that you not bring any treats for this day, as offices on campus are more than generous with the treats. Parent volunteers are encouraged to participate. We are usually done and back at the center no later than 10:30 A.M. We always have lots of fun.

As always, if you have any questions or concerns, you may contact me at 402-554-4936, e-mail me at [dhove@unomaha.edu](mailto:dhove@unomaha.edu) or stop by my office.

Until next month..."Take time to enjoy the wonders of the fall season."



# Dates to Make Note of...

## October

1 – Picture Day  
4 – World Smile Day  
4 – Preschool Field Trip Bellevue Berry Farm  
8 – OP Library Reading Day  
8 – CHAMPS meeting at CCC; 4:30 P.M.  
8 – Yom Kippur Begins  
9 – Fire Prevention Day  
14 – Columbus Day  
15 – Staff Meeting  
20-21 – Fall Break, Center is open  
26 – National Pumpkin day  
31 – Costume Parade across Campus; 9 A.M.

## November

3 – Daylight Savings Ends; Set your clocks back 1 hour!  
4-8 – Parent/Teacher Conferences  
4-18 – Annual Food Drive  
8 – National STEM Day  
11 – Veteran's Day  
12 – CHAMPS Meeting  
19 – Preschool Field Trip; Together Inc.  
28-29 – Thanksgiving Holiday; Center is closed

## December

10 – CHAMPS Meeting; 4:30 P.M. CCC  
14 – Holiday Program; 10 A.M. MBSC  
16-20 – UNO Finals Week  
20 – Last day Fall semester  
21 – First Day of Winter  
21 – Jan 1 – Winter Shut Down; Center Closed  
22 – First Day of Hanukkah  
25 – Christmas Day  
26 – Kwanzaa Begins

## Happy Birthday!

1 – Miss Courtney  
2 – Mary B.  
2 – Elsa S.  
7 – Spencer D.  
12 – Rachel R.

12 – Miss Emily  
13 – Madison B.  
20 – Miss Janay  
21 – Julian J.  
22 – Miss Maria

24 – Ethan R.  
24 – Sloane W.  
29 – Miss Janae



## Cooking with Rick!

For the month of October, I think of fall and pumpkins. So I decided on a recipe for Pumpkin bread would be a good choice.

"Pumpkin Bread" Ingredients include:

2 C all-purpose flour, spooned into measuring cup and leveled-off  
1/2 tsp. salt  
1 tsp. baking soda  
1/2 tsp. baking powder  
1 tsp. ground cloves  
1 tsp. ground cinnamon  
1 tsp. ground nutmeg  
1 1/2 sticks (3/4 C) unsalted butter, softened  
2 C sugar  
2 large eggs  
1 15 oz. can 100% pure pumpkin

Instructions:

1. Preheat oven to 325 degrees and set oven rack in the middle position. Grease two 8x4-inch loaf pans with butter and dust with flour. (Or use a cooking spray with flour in it).
2. In a medium bowl--combine the flour, salt, baking soda, baking powder, cloves, cinnamon, and nutmeg. Whisk until well combined. Set aside.
3. In a large bowl of an electric mixer, beat the butter and sugar on medium speed until blended. Add in the eggs, one at a time, beating well after each addition. Continue beating until very light and fluffy. Next, beat in the pumpkin. This may have the

appearance of grainy and curdled, but that is okay.

Add the flour mixture and mix on low speed until combined.

4. Turn this batter into the prepared pans, dividing evenly and bake for 65 to 75 minutes, or until a cake tester (Toothpick) comes out clean. Let the loaves cool in the pans for about 10 minutes, then turn out onto a wire rack to cool completely.

Enjoy, Mr. Rick

"Be Silly, Be Honest, Be Kind." --Ralph Waldo Emerson

## Time with Transition

Allison Johnson – Lead Teacher

Happy fall! Thanks to all the family that stopped by for curriculum night. It is always nice to see you and show you what your child has been up to so far this semester.

The Transition class is excited about the fall weather and have been enjoying it as much as possible. As a reminder, if it is below 65 outside your child will need a jacket. We recommend that you leave a jacket at school on their coat hook so they have one for outside play. Also, as the temperatures get cooler make sure your child has season-appropriate extra clothes in their tubby.

The themes for the month of October are: Fall Season, Farming, and Food; Changing Leaves and Landscape; Food Pyramid; Where Our Food Comes From; Farm Life & Animals; Color: Orange; Shape: Circle; Numbers: 4, 5, 6; and Letters: D, E, F.

We will have our annual costume parade on Thursday, October 31. If you wish for your child to participate you may bring their costume to school and they will be changed into it after breakfast time. Parents are more than welcome to join and if your child is not here on Thursdays, you may bring them in to participate.

Parent Teacher conferences will be held towards the beginning of November so be on the lookout for the sign-up sheets at the front desk.

As always, if you have any questions or concerns please feel free to see Ms. Allison, call from noon to 1 P.M. during scheduled desk hours, or email [anjohnson@unomaha.edu](mailto:anjohnson@unomaha.edu).

Happy Fall!  
Transition Teachers



## Points to Ponder with Preschool 1

Ronita Bolton– Lead Teacher

Hello Parents, October is here! Last month the children had a review and we focused on all the letters of the alphabets, colors, shapes, numbers, nursery rhymes, and animals. Preschool has been having a blast playing outside with all their new friends.

We had fun going to Bellevue Berry Farm. This started October with our theme of

“Signs of Fall”. We will talk about Pumpkins, fall and Fire Safety. Our letters for this month will be D, E, & F. The numbers are 4, 5, and 6. Our two shapes for the month are triangle and circle, and the colors are orange and black. Our nursery rhyme is Five Little Pumpkins.

Now that Fall is officially here we would

like to remind parents that we will play outside and take our nature walks, weather permitting. So please remember that jackets are needed and we also recommend closed toed shoes or tennis shoes for preschool play.

Have a great October!  
Ronita Bolton & the Preschool 1 Staff

## Talk with Toddler 1 & 2

Effie Swinarski & Fred Abram – Lead Teachers

Welcome to October. With the arrival of the cooler weather, we would like to remind our toddler parents to provide an extra warm jacket for outdoor play. Your child's sunblock will be going home at the end of this month.

October Themes: Safety, Colors Orange and Black, the Triangle shape, the Number 3, and Letters D, E & F.

Friday October 4: Annual Pumpkin Hunt

Cost: \$2 cash only to cover the cost of the pumpkin. This event will take place in the front yard. This year, we will be purchasing mini pumpkins and the children will be painting them. We will also have a couple of fun activities and will be serving a healthy snack.

Thursday October 31: Annual Costume Parade. Parents are welcome to join us as we walk to across campus. Dawn

will be sending out an e-mail with more information.

Please remember to check your child's mailbox at the end of the day. If you plan to pick up your child early, remember to write it in the Special Request notebook.

Enjoy the season!  
Toddler Teachers



Spooky October Salutations! I cannot believe we are nearly two months into the semester; time has gone by so fast it is almost scary! There are just a few announcements I need to make for the month of October.

On October 11, we will be visiting the UNO dance lab on the same day at 2:15 P.M. Please make sure to let us know if you plan to pick up your child early that day and we will make arrangements to have them stay behind.

Our annual Costume Parade will be on Thursday, October 31. If your child arrives before breakfast, please have them come in their school clothes and shoes, we will be changing them into their costumes before the parade. The parade will begin at 9 A.M. and will be over by 10 A.M. or 10:30 A.M. at the latest. I cannot wait to see the awesome costumes that the kids will have.

Themes for the month of October are: Harvest Time & the Farm, Animals: Cows, Horses and other Farm animals; the color

orange; the circle and oval shapes; the numbers 5, 6, 7 & 8; and the letters D, E & F.

If you have any questions or concerns for me, please contact me at [mmliu@unomaha.edu](mailto:mmliu@unomaha.edu) or call me during my desk time from 3 P.M. - 4 P.M. on the center's phone number. I cannot wait for all the fantastic fun we will have this October.

Thank you for all you do,  
Miss Megan and the Staff of Preschool 2



## C.H.A.M.P.S.

CHAMPS did not meet in September; we meet on October 8 at 4:30 P.M. The meeting will be held here at the center, and we need to elect officers for the academic year. We

will also discuss fundraising and the Holiday Program coming up in December, as well as other topics. CHAMPS works to benefit the children and families enrolled by purchasing

equipment; hosting family events; and providing opportunities for parent education. Please become involved and attend the meetings!

## Focus on Policy and Procedures

### EMERGENCY PROCEDURES

The University of Nebraska-Omaha Child Care Center does monthly evacuation procedures; fire drill, tornado drill/emergency evaluations.

The Child Care Center staff will stay at the building interior and evacuate to the basement of the building for events that cause external danger. If the Child Care Center needs to evacuate the building, they will proceed to the Durham Science Building. Staff are to take their first aid kits, class lists, emergency backpacks, and children's coats with them when evacuating the building to another location. All lead teachers will have emergency contact information for all children and will be able to notify families of the procedures for picking up their child from this location.

If the Child Care Center needs to be evacuated to a secure location either on or off campus, families will be notified of the procedures for picking up their child, once the children and staff have reached the safe location.

All emergency evacuations that must take place by vehicle will be done so by the University of Nebraska at Omaha Security Office. They will provide the transportation. (This will include any type of natural disaster) If the parent decides to have a different person other than themselves pick up their child from the alternate location, the parent must provide the full name of the person and contact information before the child can be released to them. Proper identification may be either a state issued driver's license, state identification or government issued identification card.

The University of Nebraska-Omaha Child Care Center works with the University of Nebraska at Omaha if they experience any type of utility failure. The maintenance crew will work to restore any outages and if it cannot be completed within an hour, the child care center will call parents to come pick up their child and the center will be closed until the outage is fixed. (This includes any type of natural disasters)

The University of Nebraska-Omaha Child Care Center is notified by the University of Nebraska at Omaha Public Safety and through the speaker system if there is any type of threat on campus. If notified of a threat, staff are to follow the lock down procedures, which includes shutting the blinds, locking the doors and going to the basement.

## Book Orders

The University of Nebraska at Omaha Child Care Center will continue Scholastic book orders for the academic school year. Books are an important part of a child's development and can help your child gain pre-literacy skills. Scholastic also offers free books and educational materials to the Child Care Center when you order. Please visit

[scholastic.com/bookclubs](http://scholastic.com/bookclubs) to order. If this is your first time ordering online, you will need to set up an account with Scholastic using our class activation code: GKXFX. The center account is under Dawn Hove. Please make sure you are using this account or your order will not be processed. You may pay for your order using a credit card through

Scholastics secure web site. You may also bring in order forms with a check made out to scholastic. No cash orders will be accepted. The September book orders will be due on Wednesday, October 14, 2019. Happy Reading.



## Parent Corner

October is Fire Prevention Month – 10 Home Fire Safety Tips by Amber Hunt

The U.S. Fire Administration reports that fires kill more than 4,000 Americans each year and approximately injure 20,000 more. U.S. fire departments respond to nearly 2 million fires each year, with three-quarters of them occurring in residences.

A home is often referred to as a safe haven. This month, make sure your home is protected from (and your family is prepared for) a fire. Here are 10 simple tips to help you avoid fires and reduce the risk of injury should one occur:

1. Smoke Alarms – These are still a very important addition to your home. Smoke alarms are widely available and inexpensive. Install a smoke alarm on every level of your home and test it monthly.
2. Prevent Electrical Fires – Don't overload circuits or extension cords. Cords and wires should never be placed under rugs or in high traffic areas. Avoid loose electrical connections by checking the fit of the plug in the wall outlet. If the plug loosely fits, inspect the outlet right away. A poor connection between the plug and the outlet can cause overheating and can start a fire in minutes.

3. Keep Plugs Safe – Unplug all appliances when not in use. Follow the manufacturer's safety precautions and use your senses to spot any potential disasters. If a plug is overheating, smells strange, shorts out or sparks – the appliance should be shut off immediately, then replaced or repaired.

4. Alternate Heaters – Make sure there is ample space around any portable heating unit. Anything that could catch fire should be at least three feet away. Inspect your chimney annually and use fire screens to help keep any fires in the fireplace.

5. Fire Safety Sprinklers – When combined with working smoke alarms, home fire sprinklers greatly increase your chance of surviving a fire. Sprinklers are affordable and they can increase property value and lower insurance rates.

6. Create An Escape Route – Create and practice your escape plan with your family from every room in the house. Practice staying low to the floor and checking for hot doors using the back of your hand. It's just like a routine school fire drill – but in your home.

7. Position Appliances Carefully – Try to keep TV sets, kitchen and other appliances away from windows with curtains. If there is a wiring problem, curtains can spread a fire quickly. Additionally, keeping your

appliances away from water sources (like rain coming in from windows) can help prevent wiring damage which can lead to a fire.

8. Clean Dryer Vents – Clothes dryers often start fires in residential areas. Clean the lint filter every time you start a load of clothes to dry or after the drying cycle is complete. Make sure your exhaust duct is made of metal tubing and not plastic or foil. Clean the exhaust duct with a good quality dryer vent brush to prevent blockage & check for lint build up behind the dryer at least twice a year.

9. Be Careful Around the Holidays – If you fill your home with lights during the holiday season, keep them away from anything that can easily catch fire. Check all of your lights prior to stringing them up and dispose of anything with frayed or exposed wires.

10. Conduct Regular Inspections – Check all of your electronic equipment and wiring at least once a month. Taking a little time to do this each month can really pay off.

11. Following these simple tips could potentially save your life or the life of a loved one. Pass this list on to your friends and family and make this fire prevention month count!