Summer is still trying to hang on with all this warm weather, but the signs of fall are starting to appear. The leaves changing colors on the trees is always so magical. There is always so many fun activities to do during the fall.

As a reminder, the children do go for walks on campus throughout the day. If you know that will need to pick up your child earlier than 4 P.M. on a particular day, please make sure you call and let us know, so that we can have your child stay back at the center and not go on the walk.

Please mark your calendars for the following important dates to remember:

- Friday, October 5; Preschool 1 & 2 Field Trip to Bellevue Berry Farm
- Tuesday, October 9; Picture Day
- Tuesday, October 9; CHAMPS Meeting 4:30 P.M. - 5:30 P.M. at Child Care Center
- October 22-26; Parent/Teacher Conferences
- Wednesday, October 31; Costume Parade
- November 1 - 13; Annual Food Drive for Together Inc.
- Tuesday, November 13; CHAMPS Meeting 4:30 P.M. - 5:30 P.M. at Child Care Center
- Thursday-Friday; November 22-23; Center Closed
- Saturday, December 8; Holiday Program 10 A.M. Milo Bail Student Center
- Saturday - Tuesday; December 22, 2018 to January 1, 2019 - Center Closed

Picture Day is on Tuesday, October 9 from 7 A.M. to pictures are all taken. Class pictures will be taken around 2 P.M. You do not need to be present for your child to have his/her picture taken. We will take pictures of all the children, unless you tell us otherwise. Proofs of your child’s pictures will be available for you to preview within a week. Packets will be available for purchase. Class pictures can be purchased separately. All orders must be paid for when ordering pictures. Please see Dawn or Monica if you have any questions.

Your child’s progress report will be handed out the week of October 15. In the envelope will be your child’s progress report. Please sign your child’s progress report, put back in the envelope provided, and return it to the child care center by Monday, October 29. There will be a labeled tubby for you to place the envelope. Conference times will be available on the week of October 22 with your child’s lead teacher on a sign-up basis. Please see the sign-up sheet located on the front desk. Center evaluations will be included in the envelope or available on-line. Please make sure that you take the time to fill out the evaluation. Please only fill out one survey. We appreciate your feedback. Thank you.

The Child Care Center’s Annual Costume Parade across campus will be on Wednesday, October 31 beginning at 9 A.M. If we have inclement weather on this day, we will have a party at the Child Care Center. All offices can bring over their treats to the children. Please make sure you provide extra clothes for your child to change into after the parade. No make-up, please. We ask that you not bring any treats for this day, as offices on campus are more than generous with the treats. Parent volunteers are encouraged to participate. We are usually done and back at the center no later than 10:30 A.M. We always have lots of fun.

As always, if you have any questions or concerns, you may contact me at 402-554-4936, e-mail me at dhove@unomaha.edu or stop by my office.

Until next month...“Take time to enjoy the wonders of the fall season.”
Welcome to October. With the arrival of the cooler weather, we would like to remind our toddler parents to provide an extra warm jacket for outdoor play. Your child’s sunblock will be going home at the end of this month.

October Themes are Safety, the colors Orange & black, the Triangle shape, the number 3, and the letters D, E, & F.

Upcoming Events:
- Tuesday, October 9 Picture Day
- Friday, October 19 Annual Pumpkin Hunt
Cost: $5 cash only to cover the cost of the pumpkin. This event will take place in the front yard. A flyer will go home on October 5.
- Friday, October 26 Friendship Snack Day
Bring in a peanut/pineapple free snack to share with friends. A flyer will be going home on October 15.
- Parent-Teacher Conferences: Week of October 22-26. See sign-up sheet located at the front desk for days and times available.
- Wednesday October 31 Annual Costume Parade. Parents are welcome to join us as we walk across campus. We will be leaving at 9 A.M. and back around 10 A.M.

Please remember to check your child’s mailbox at the end of the day. If you plan to pick up your child early, remember to write it in the Special Request notebook.

If you have any concerns, please make sure to speak with either your child’s lead teacher, Monica or Dawn.

Enjoy the season!
Ms. Effie & Toddler 1 Teachers

Keep warm and enjoy the beautiful season.
Mr. Fred & Toddler 2 Teachers
Hello Parents,

We are off to a great start to the 2018-2019 school year! Last month the children focused on the letters A, B and C along with the numbers 1, 2 and 3. We also learned about the shape square and the colors red and yellow. Some of our themes last month included the Giraffes, Koalas, Kangaroo and the nursery rhyme Hickory, Dickory, Dock. We had many fun activities with these themes and I think the children enjoyed learning about them.

This month we have several activities planned to keep in mind. On October 5, 2018 from 9 A.M. to 1 P.M., Preschool 1 and Preschool 2 will be going on a field trip to Bellevue Berry Farm. Your child will need a peanut/nut/pineapple/blueberry free disposable sack lunch. Do not forget that October 9 is picture day. Finally, our annual Costume Parade around campus will be on Wednesday, October 31. If you wish for your child to participate you may bring their costume to school and we will help them change into it after breakfast time.

Happy Fall! Thanks to all the family that stopped by for curriculum night. It is always nice to see you and show you what your child has been up to so far this semester.

The Transition class is excited about the Fall weather and have been enjoying it as much as possible. As a reminder, if it is below 65 outside your child will need a jacket. We recommend that you leave a jacket at school on their coat hook so they have one for outside play. Also, as the temperatures get cooler make sure your child has season appropriate clothes in their tubby.

The themes for the month of October are:
- Fall Season, Farming, and Food;
- Changing Leaves & Landscape; Food Pyramid; Where Our Food Come From; and Farm Life & Animals;
- Color: Orange, Shape: Circle, Numbers: 4, 5, 6; and Letters: D, E, F
- Holiday: Halloween

Picture Day is Tuesday, October 9. Individual pictures will be in the morning with group pictures after nap. If your child does not come on Mondays, you make bring them in to get their picture taken.

We will have our annual costume parade on Wednesday, October 31. If you wish for your child to participate you may bring their costume to school and we will help them change into it after breakfast time.

Parents are more than welcome to join us on the parade. If your child is not here on Wednesdays, you may bring your child in and you and your child can participate in the parade.

Parent Teacher conferences will be held towards the end of October so be on the lookout for the sign-up sheets at the front desk.

As always, if you have any questions or concerns please feel free to see Ms. Cassie.

Parents please note that if you are going to pick your child up before 4 P.M., please call the child care center and let us know so that we have your child stay with another group and not go on the walk.
Boo!! Happy October, I cannot believe how fast time has gone this year! It seems like the semester only started and already we are almost halfway through!! Just a couple of reminders for everyone before we dive head first into October.

The first reminder is that there is a field trip to Bellevue Berry Farm for both preschool groups on Friday, October 5, 2018 from 9 A.M. to 1 P.M. The children need to be here at 8:45 A.M. at the latest so that we will be able to leave the center right at 9 A.M. The children will need a nut, peanut, pineapple and blueberry free disposable sack lunch with a drink. We will be eating lunch at the pumpkin patch. We will return to the center by 1 P.M. Parent volunteers are welcome to attend.

The second reminder is about Parent/ Teacher Conferences the week of October 22, please make sure to have all forms and progress reports signed and returned by October 29. Most importantly, please remember to sign up for a conference with me on either Thursday or Friday, October 25 or 26.

The final reminder is that the costume parade will be on Wednesday, October 31. It will begin at 9 A.M. and usually done by 10 A.M. Please bring children dressed in school clothes and we will change them into their costumes after breakfast.

If you have any questions or concerns, you can reach me during my desk time from 3 P.M. - 4 P.M. at (402)554-3398 or email me at mmliu@unomaha.edu.

October Themes: Harvest Time and the Farm & Farm Animals, the color Orange, the Shapes Circle & Oval, the Numbers 5, 6, 7 & 8 and the Letters D, E & F.

Thank you so much!!
Miss Megan and the Staff of Preschool 2

Cooking with Rick!

As October begins, I think of all the Fall Events, so for this month’s recipe that looked good to try is called “Halloween Bark”.

Ingredients include:
- 1 package White Almond Bark
- 16 Whole Graham Crackers
- Pretzel Sticks, broken in half
- Oreo’s, chopped
- Reese’s pieces
- Chopped Pistachios (optional)
- Mini Chocolate chips
- Other possible misc. ingredients: mini marshmallows, candy corn, M&Ms, colored sprinkles, broken chocolate bars, etc.

Preparation:
1. Using a double boiler (or a glass bowl over a saucepan of simmering water) melt down the almond bark. Stirring until smooth and allowing to cool slightly.
2. Arrange the whole graham crackers on a rimmed baking sheet, butting the edges together to fit the baking sheet. Pour the almond bark on top of the crackers and spreading the bark to make a smooth surface.
3. Sprinkle on the pistachios, chocolate chips, pretzels, and Reese’s pieces (along with anything else you would like to add). Lightly press all the ingredients with the palm of your hand to make sure all is anchored in the almond bark.
4. Place the pan in the refrigerator and allow to set completely. Break the bark into smaller pieces and serve on a platter or package in cellophane bags.

Happy Fall!
Mr. Rick
“The only place success comes before work is in the dictionary.” Vince Lombardi

Rick Jacobsen – Kitchen Tech.

CHAMPS did not meet in September; we meet on October 9 at 4:30 P.M. The meeting will be held here at the center and we need to elect officers for the academic year. We will also discuss fundraising and the Holiday Program coming up in December, as well as other topics. CHAMPS works to benefit the children and families enrolled by purchasing equipment; hosting family events; and providing opportunities for parent education. Please become involved and attend the meetings!

News and Views from Preschool 2

Megan Liu - Lead Teacher

BOOK ORDERS

The University of Nebraska at Omaha Child Care Center will continue Scholastic book orders for the academic school year. Books are an important part of a child’s development and can help your child gain pre-literacy skills. Scholastic also offers free books and educational materials to the Child Care Center when you order. Please visit scholastic.com/bookclubs to order. If this is your first time ordering online, you will need to set up an account with Scholastic using our class activation code: GKXFX. The center account is under Dawn Hove. Please make sure you are using this account or your order will not be processed. You may pay for your order using a credit card through Scholastics secure web site. You may also bring in order forms with a check made out to scholastic. No cash orders will be accepted. The September book orders will be due on Wednesday, October 17, 2018. Happy Reading.
How and Why to Teach Your Kids to Help with Household Chores
Pam Meyers, BSEd
https://childdevelopmentinfo.com/

Other animals don’t have to do household chores, but in nature, purposeful play is typical. When a kitten pounces on a ball of wool, it’s learning vital skills for its future survival as a hunter. Puppies chasing their own tails are developing motor skills and spatial awareness. A bird stretching its wings in the nest is preparing for flight.

It’s never too early to get kids involved helping with household chores. Kids as young as 2 or 3 years old can lay the foundations for skills which will become useful later in life. They’ll learn that these duties are a part of daily life and that everyone has a role to play in running the household.

For toddlers, helping is fun. It’s no different from play. Your youngest kids can help you fold clothes, wipe surfaces, sweep the floor, or put stuff in the trash. They can help put their toys away, look after pets, and water plants.

While their efforts may make only a small contribution or none at this stage, you’re teaching them that helping is reasonable and fun. They’re also developing crucial motor-eye coordination skills and how to cooperate with others to get things done. Young kids love joining in and copying what the adults do. That’s why “mummies and daddies” is such a popular game. Helping also builds confidence and self-esteem. Give them every opportunity and offer them plenty of praise.

As they get older and start school, they can help prepare their lunch pack, sort out their clothes, make their beds, and wash up after breakfast. Don’t worry if the bed isn’t well made and the washing up needs doing again after they’ve finished! Reward their willingness and effort with praise, and in time the results will improve, too.

Older children will appreciate having more responsibility. It helps build trust and their sense of pride. Once you’ve shown them how to do more complex tasks, leave them to it. Don’t micromanage their activity, but be available to help if they need it. From the age of 10 onward, most children are ready to develop their problem-solving skills and self-reliance. Helping with household chores is a great way to start.

Once your kids are in their teens, their contribution is no longer play but part of real life. If you started them early, are reasonable in your requests, let them take part in decision-making, and continue to give them praise and support, you should have no problems. Most teens want to become friends with their parents and show their “equality.”

Teens can do shopping errands, cook meals, help with younger kids, walk the dog, cut the grass, and even earn pocket money and contribute to household finances with a part-time or weekend job. It’s an excellent opportunity for them to learn real skills which they can use at university, where they may share an apartment with friends, or when living alone or with a partner. Avoid gender stereotyping. Boys need to learn to cook and clean just as much as girls should understand electronics and how to do basic car maintenance.

The key to success is to let children help as soon as they’re ready. Start as early as possible in your kids’ lives and make it fun. Recognize their changing needs as they grow up and adapt how they help in line with their development. Never use chores as a punishment and always give praise where praise is due. If you follow these basic principles, your kids will learn to help, cooperate, and be responsible members of the household and the broader community.