Congratulations to all of our graduates, both big and small. From all of us here at the UNO Child Care Center, we wish you all the best in your future endeavors.

I would like to thank all families who participated in the Week of the Young Child Activities. Bedtime Story Night was a success. Thank you also to all the families that provided plants for our garden. We hope to plant our plants on May 3, weather permitting.

Reminder, the child care center will be closed on Monday, May 27, 2019 in observance of Memorial Day. We will re-open on Tuesday, May 28 at 6:30 a.m.

The final event for the spring semester is the Dance Recital on Wednesday, May 15 at 10 A.M. at the Alumni Center. The children that are currently taking dance lessons with Dance, Dance, Dance will do a short program. All the children and staff from the center will be walking over to the Alumni Center to watch the dance recital. Parents, Grandparents and Guests are welcome to join us.

The summer school-age program will officially kick off on Tuesday, May 28, 2019. Your child must be 5 years old by July 31 and attending Kindergarten in the fall in order to participate in our program. Miss Megan and the school-age staff have many fun-filled activities planned for the summer. The activity fee for the summer is $130.00. This covers the cost of field trips, transportation and open swimming. If you have any questions, please see Megan, Dawn or Monica.

Swim lessons will be offered again this summer by the UNO Aquatic Center the weeks of July 8 and week of July 15, Monday through Thursday from 12:00 to 12:30 p.m. for Transition and Preschool aged children and 12:30 to 1:00 p.m. for School-age Children. Your child needs to be at least three years old, 100% potty-trained (no diapers or pull-ups) and have the ability to stand in the water waist high without adult assistance. The child care center staff will escort the children to the H & K (Hper) building and will stay with them until the end of the lesson and then escort them back. (This session only.) Registration and payment will be on-line only through Campus Rec. A link will be emailed out to families in June.

Finally, I will be out of the office on May 16, 17 & 24. If you have any questions during this time, please see Monica or the lead teachers. Thank you.

As always, if you have any questions or concerns, you may contact me at 402-554-4936, e-mail me at dhove@unomaha.edu or stop by my office.

Until next month...

“Yesterday is but a dream, tomorrow but a vision. But today well-lived makes every yesterday a dream of happiness, and every tomorrow a vision of hope. Look well, therefore, to this day.” - Sanskrit Proverb

Happy Birthday!

3 – Miss Dre  
8 - Irene L.  
10 – Miss Zoey K.  
18 - Ananya I.  
19 - Elden W.  
21 – Miss Morgan J.  
23 - Camden B.
Welcome to May. We would like to wish all our teacher assistants good luck on their finals. Also, welcome to all the new teachers.

Mrs. Effie will be on vacation on Friday, May 10. If you have any questions, please see Mr. Fred, Monica or Dawn.

Parents, we are in need of the following:
- Gently used baby receiving blankets
- Empty Mustard bottles

Please make sure you are checking your child’s mailbox. You may also bring in a sun hat for your child to wear during outdoor play. We do apply sunblock before going outdoors.

Upcoming event:
Friday, May 17 - Toddler Picnic
Our toddler friends will be helping plant flowers this month.

Themes for this month include: Baby Animals, the color Yellow, the Square shape, the number 10, and letters Y & Z.

We would like to wish our beautiful mothers a Happy Mother’s Day!

“The most beautiful thing in the world is to see your children smiling. The next best thing is to know you are the reason behind that smile.”

Until next month,
Toddler Teachers

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**Baby News**

Congratulations to the Andersen Family! Kim, Derek and Big sister Everly on the birth of a baby boy; Elijah “Eli” Mitchell Andersen born on April 5, 2019; 8lbs. 14oz.; 21in.

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### Dates to Make Note of...

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<thead>
<tr>
<th>May</th>
<th>June</th>
<th>July</th>
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<tbody>
<tr>
<td>1 - May Day</td>
<td>1 - National Doughnut Day</td>
<td>3 - July 4 Parade across Campus 9:30 A.M.</td>
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<td>3 - Last Day Spring Semester</td>
<td>7 - Pre/SA Field Trip to Zoo</td>
<td>3 - SA Field Trip to Pottery Place</td>
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<td>5 - Cinco de Mayo</td>
<td>11 - SA Field Trip to Rotella’s</td>
<td>4 - Independence Day; Center closed</td>
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<td>6 - Summer Session Starts</td>
<td>13 - Out &amp; About Storytime; Elmwood Park</td>
<td>10 - National Teddy Bear Picnic Day</td>
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<td>6 - Ramadan Begins</td>
<td>14 - Family Potluck Picnic 5 to 7 P.M.</td>
<td>12 - Pre/SA Field Trip to Children’s Museum</td>
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<td>12 - Mother’s Day</td>
<td>14 - Flag Day</td>
<td>8-18 - Swim Lessons</td>
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<td>27 - Memorial Day; Center Closed</td>
<td>16 - Father’s Day</td>
<td>16 - National Ice Cream Day</td>
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<td>19 - Juneteenth</td>
<td>17 - National Hot Dog Day</td>
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<td>21 - Summer Solstice</td>
<td>18 - Nelson Mandela Day</td>
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<td>21 - SA Field Trip to Bellevue Berry Farm</td>
<td>19 - SA Field Trip to Gifford Farm</td>
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<td>28 - SA Field Trip to Morrill Hall Lincoln</td>
<td>23 - SA Field Trip to UNO Planetarium</td>
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<td>26 - SA Field Trip to Pump It Up</td>
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<td>30 - SA Science Guy Demonstration</td>
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**Talk with Toddler 1 & 2**

Welcome to May. We would like to wish all our teacher assistants good luck on their finals. Also, welcome to all the new teachers.

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Until next month,
Toddler Teachers
May Happenings in Transition. We are finally coming to an end with school, and working our way into some summer fun! I will be sending home a letter about summer activities that we have planned near the end of the month, so keep an eye out for that. If your child is transitioning into Preschool 1 for the summer, you will be receiving a note with the schedule for visitation. If you have any questions about the process, please reach out to myself, Monica, or Dawn.

Reminders:
• If you have not brought sunscreen in for your child please do so. You may also bring a hat and/or sunglasses for extra sun protection.
• If your child wears sandals to school they need closed-toed shoes to play outside on the structure. Closed toed shoes and socks are recommended for outside play.
• Water play will begin at the beginning of June, so keep an eye out for more details in your child’s mailbox.
• With the nicer weather, transition enjoys going on walks around campus as often as possible. If you are going to be picking up your child early and need them to stay at the center, please tell me ahead of time or call the front desk to leave a note.

May Themes include: Community Workers & End of Semester Review; Health Professional, Police Officers and Firefighters, Business Owners and Office Workers, Librarians and Postal Workers. We will be reviewing our Colors; the shape is Pentagon; the number 20 and the Letters W, Y & Z.

Happy Mother’s Day to all our Moms! Transition Teachers

Time with Transition
Allison Johnson – Lead Teacher

Cooking with Rick!
Rick Jacobsen – Kitchen Tech.

For this month, I have found a recipe for “Strawberry Rhubarb Crisp” that brought back some old memories.

Ingredients include:

12 Tbsp. (1 1/2 sticks) cold unsalted butter, diced
Vanilla ice cream, for serving

Directions:
1) Preheat oven to 350 degrees F.
2) For the fruit, toss the rhubarb, strawberries, 3/4 C of the granulated sugar and the orange zest together in a large bowl. Using a measuring cup, dissolve the cornstarch in the orange juice and then mix into the fruit. Pour this mixture onto an 8-by-11 inch-baking dish and place it on a sheet pan lined with parchment paper.
3) For the topping, in the bowl of an electric mixer with a paddle attachment, combine the remaining 1/2 C granulated sugar, the brown sugar, salt and oatmeal. With the mixer on low speed, add the butter and mix until the dry ingredients are moist and the mixture is in crumbles.
4) Sprinkle this topping over the fruit, covering it completely, and bake for 1 hour, until fruit is bubbling and the topping is golden brown. Serve warm with ice cream.

“\nIn school, you’re taught a lesson and then given a test. In life, you’re given a test that teaches you a lesson.” ---Tom Bod Mr. Rick

CHAMPS would like to congratulate all the Preschool 2 Graduates! We know you are looking forward to a fun summer and starting kindergarten in the fall!

At the last meeting, we discussed possible topics for parent education sessions. Also discussed were some family events for the summer. First event for the summer is going to be a family potluck picnic on Friday, June 14 at the child care center from 5 to 7 p.m. So, be watching for details on a family picnic and an ice cream social to be held at the end of summer! Hope you can join us for these fun-filled events.
It’s SUMMER! I cannot believe that summer is already here! Half of the year flew by so fast and now all of these kiddos are great big school-agers! I cannot believe it! To start summer off right I have just a few small announcements.

First, the summer packet will be made available to you by mid-May, please have all forms signed and returned by Friday, May 31. All summer activity fee must be paid by then as well. If your child will not be participating in the field trips, please let Ms. Dawn, Ms. Monica or myself know.

Second, make sure that all of the items that your child has brought for preschool 2 (blankets, pillows, stuffies, etc.) are all taken home. We will no longer be doing naptime or show and tell after May 17, 2019. If your child will be here again next semester, their stuff will be kept for the next year.

Third, we will need new sunscreen for the summer weather coming up in May, please make sure to bring them in labeled or ask one of the teachers available if they will label them for you. Also, please make sure that the children are wearing closed toed or tennis shoes, this is to make sure that children’s feet are protected adequately from injury and kept clean.

If you have any questions please feel free to reach me by email at mmliu@unomaha.edu or by phone during my desk time from 3-4pm at 402-554-3398. Ms. Dawn and Ms. Monica will also be available to take any questions or concerns you may have for the coming summer. I look forward to a warm and fun summer. Hope to see you there.

Sincerely,
Miss Megan and the Staff of School Age

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Hello Parents, Last month the children focused on the letters V, W and X along with the numbers 18 and 20. We also learned about the shape of an Oval and pastel colors. Some of our themes last month included the tigers, lions and other large cats. And the nursery rhyme Humpty Dumpty. We had many fun activities with these themes and I think the children enjoyed learning about them.

Now that Spring is officially here, we would like to remind parents that we will play outside and take our nature walks. So please remember that jackets are needed and we also recommend closed toed shoes or tennis shoes for outside preschool play.

For May we will learn about working in the community and how April Showers have brought in the flowers during the month of May. Our themes for the month include:

- animals - Rhinoceros, Hippos and Elephants; letters Y & Z; the numbers 1 through 20;
- Flower shape and the color yellow. Our nursery rhyme is Wheels on the Bus.

Have a great May!
Ronita Bolton & the Preschool 1 Staff

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The University of Nebraska at Omaha Child Care Center will continue Scholastic book orders for the academic school year. Books are an important part of a child’s development and can help your child gain pre-literacy skills. Scholastic also offers free books and educational materials to the Child Care Center when you order. Please visit scholastic.com/bookclubs to order. If this is your first time ordering online, you will need to set up an account with Scholastic using our class activation code: GKXFX. The center account is under Dawn Hove. Please make sure you are using this account or your order will not be processed. You may pay for your order using a credit card through Scholastics secure web site. You may also bring in order forms with a check made out to scholastic. No cash orders will be accepted. The November book orders will be due on Wednesday, May 15, 2019. This will be the last book order for the academic year. Book orders will start up again in August. Happy Reading!
Focus on Policy and Procedures

On Cold, Heat, Sun and Insect
The UNO Child Care Center encourages and participates in outdoor classroom play. It is a natural learning environment for children to explore, learn and be a part of. It is the UNO Child Care Center policy for children to be able to play outside, weather permitting, under the following conditions:

1) All children will participate in outdoor activities unless there is a medical reason
2) Not raining, lightening, thundering or with a physician’s note stating otherwise.
3) Temperature above 32 degrees; including wind chill.
4) Temperature below 100 degrees; including heat index.
5) The playground, front area, Alumni Center and campus areas/walks are cleared and safe for children to play.
6) Children need to wear proper clothing and shoes/boots that is dry and layered for the warmth of cold weather.
7) Children need to wear sun-protective clothing &/or hats, applied skin protections or both for warmer weather.
8) It is encouraged for children to have long sleeves or a light jacket for temperatures between 60 to 70 degrees.
9) It is encouraged for children to have a coat for temperatures between 32 and 60 degrees. Mittens or gloves or hats for temperatures under 45 degrees.
10) Children must have on proper fitting shoes for outside play, this includes tennis shoes or shoes (sandals) with backs. Flip flops are not recommended.
11) Sunscreen or sun block with UVB and UVA protection of SPF 15 or higher is encouraged to be applied to children’s exposed skin year round when outdoors. The UNO Child Care Center must have a signed permission slip to apply sunscreen. Please see separate form.
12) The use of insect repellent containing DEET can be applied to children no more than once a day with parental permission. Please see separate form.

Parent Corner

Discipline - Be Clear, Be Firm, Be Consistent
by: Helen Williams
Children learn best by being given clear, firm and consistent direction from parents who are clear, firm and consistent in their approach.

How to Discipline Children by Being Clear:
Firstly find and maintain clarity within yourself and then follow through on simple, clear instructions. Clarify for yourself what being clear means. It is about being plain, obvious, and understandable in a clear, short sentence that explains exactly what you mean. It isn’t about maybe this or maybe that.

Often parents have no idea that they chop and change their minds within minutes. To become clear about your own patterns of behavior, observe yourself and ask for your partner’s help in this. “We are going to tidy up your toys in five minutes”, is clear and direct. Follow this with, “Please help me tidy up your toys now” and it means just that. Be firm with yourself about this. It doesn’t mean soon, or later, but now.

I have seen parents give out this simple instruction, then become distracted themselves by a television program, conversation or magazine. What their children observe is parents saying one thing and doing another and this gives a much distorted message. Multiplied over many times each day, is it any wonder that children cease to follow simple instructions?

How to Discipline Children by Being Firm:
Firstly find and maintain firmness for yourself and then follow through with firm clear directions in a firm, clear tone. Clarify for yourself what being firm means. To be firm is to be certain, definite, and determined. It is also being loving, kind and calm. It means saying no and meaning no, or saying yes and meaning yes and sticking to it. It’s about now being now. How often does your no become perhaps, later, maybe giving in, next time, soon, or alright then? This is a very common fault in how to discipline children and again it leads to numerous mixed messages for children.

Resolve within yourself and with your partner’s help to ascertain how often you are both easily swayed into changing your decisions. Are you allowing your children to manipulate you? Imagine how simple your life will become when you are clear and firm within yourself. It is every child’s right to KNOW they can trust their parent’s boundaries. So firstly, become firm with your own boundaries and then apply this to your parenting discipline. “It is bedtime, (bath time, meal time) in five minutes” is a clear direction. Now follow through on this. Giving the direction in a calm, clear, firm tone of voice helps your children to understand that you mean what you say. Being firm is about being in control of both yourself and the situation.

Parenting Discipline In Summary: With parenting discipline we are teaching our children how to have self-control, self-discipline and to become self-reliant, so they are able to make good choices for themselves. The only way children can learn to do this is by being given the opportunities for this learning. This means not over protecting them, or doing everything for them, but maximizing their opportunities to learn through personal experience and observation, even when this means making mistakes. Can you see the opportunities here to change some of your own patterns of behavior into superior ones?

Clear, firm, consistent parenting is quality parenting. You learn to trust your own responses and your children are surrounded by your loving constancy.

This is the recipe for creating a happy, well-adjusted family.