



UNO CHILD CARE CENTER Chronicle

Feature Facts With Dawn

Director - Dawn Hove-Casart

Spring is in the air. Let us hope that winter is behind us, and the warmer weather is here to stay. This is "Read Across America" week. Take some time to sit down and read one of your favorite childhood books to your child. Then read one of their favorite books. You can even go to the park and have a picnic. March is Women's History Month. The children will be doing a variety of activities and learning about the various women who have made an impact here and across the world.

As the weather does get warmer, the children will be going outside as the weather permits. Please make sure your child has a lighter jacket for when it gets warmer. Sunscreen reminders and forms will be going out at the end of the month. ***We are asking that no sunscreen containing sunflower oil be brought in.*** Please refer to the list of approved sunscreens further into the newsletter and read the labels carefully as several of the natural sunscreens contain this allergen.

It is evaluation time for the children and the child care center. Your child's progress report will be emailed out on Friday, March 17. The Lead Teachers will review your child's progress report at conferences and have you sign it. The conference sign-up book is located on the front desk counter for you to sign-up for a conference with your child's Lead Teacher. **Transition is on Monday, March 20; Toddlers are on Tuesday, March 21; Preschool 1 is Wednesday, March 22 and Preschool 2 is on both Thursday, March 23 and Friday, March 24.**

The Child Care Center Bi-annual Family Survey's will be emailed out on Monday, March 20. Please complete the online survey by Friday, March 24. We appreciate everyone's input and thank you for taking the time to complete the bi-annual survey.

Week of the Young Child is fast approaching, and we have many fun activities planned for the week of April 3 to 7. The first event will be on Monday, April 3, when Chancellor Li will be here to read to the children in the afternoon. To kick off the week, we will be hosting a Luau on Friday, March 31. Please watch for more information to follow closer to the date.

Two-Part Parent Workshop Event - Thursday, April 20 and Thursday, May 4 from 5 to 7 P.M. We are excited to welcome back Dr. Kevin Luczynski! Dr. Luczynski will be doing a 2-part workshop event on "Addressing Challenging Behaviors by Teaching Effective Behavior-Management Strategies - An action plan that you can implement tonight and is connected to what the teachers do at school each day".

- By attending this event, you will be coming away with valuable knowledge related to:**
- 1) Techniques and communication skills on how to promote effective behavior-management strategies with your child.
 - 2) Understanding collaboration and cooperation through the child's experience
 - 3) How to teach your child universal-life skills toward improving social and emotional development
 - 4) Making valued decisions based on the child's performance.

There will also be free educational-themed giveaways. This is hosted by the UNO Child Care Center and funded by the US Department of Education CCAMPIS Grant. **There are only 20 family spaces available.** We will have a potluck dinner from 4:30 P.M. to 5:30 P.M. for families who sign-up. The workshop will go from 5:30 P.M. to 7:00 P.M. We will have child care available during this time. A sign-up sheet is located on the front desk counter. Hope to see you there!

As always, if you have any questions or concerns, you may contact me at 402-554-4936, e-mail me at dhove@unomaha.edu or stop by my office.

Until next month... "The more things that you read, the more things that you will know. The more that you learn, the more places you'll go." Dr. Seuss



March

WOMEN'S HISTORY MONTH

February 27 - March 3rd:

Read Across America / Dr. Seuss Week!

March 6: National Oreo Cookie Day!

March 17: St. Patrick's Day!

March 20 - March 24:

Parent Teacher Conferences Week!

- Monday, 20: Transition
- Tuesday, 21: Toddlers
- Wednesday, 22: Preschool 1
- Thursday, 23 and Friday, 24: Preschool 2

Week of the Young Child Kick-Off...

Details TBA

- **March 31:** Family Luau Party!
(5:30 P.M. - 7 P.M.)
- **April 1:** Center-Wide Elmwood Park Playdate! (Time TBD)



HAPPY BIRTHDAY



March 4 - Gael J.
March 10 - Sofia H.
March 12 - Frankie H.
March 13 - Scout F.A.
March 18 - Mckinley S.
March 30 - Kai B.



April

AUTISM AWARENESS MONTH

NATIONAL FROG MONTH

April 1: April Fools Day!

April 3 - April 7:
Week of the Young Child
Daily Themes TBA!

April 5: Passover Begins

April 9: Easter Sunday

April 10: National Siblings Day

April 20: Dr. Luczynski's Parent Workshop
(Part 1 of 2)
(5:30 P.M. to 7 P.M.)

April 21: Eid Al-Fitr (begins at sundown)

April 22: Earth Day

April 28: Arbor Day



C.H.A.M.P.S

Due to the winter weather in February, our first C.H.A.M.P.S Meeting had to be rescheduled!

Our new meeting will be Thursday, March 30th beginning at 5 P.M. in the Multi-Purpose Room- We hope to see you there!



Book Orders

Book Orders for this month will be due on Friday, March 17.

Books are an important part of a child's development and can help your child gain pre-literacy skills. When you order your child's books through Scholastic Book Orders (and through our center account), Scholastic also sends free books and educational materials to the center for use in our classrooms!

Please visit [scholastic.com/bookclubs](https://www.scholastic.com/bookclubs) to order.

If this is your first time ordering online, you will need to set up an account with Scholastic using our center's code: **GKXFX**. This is the center account under "Dawn Hove". Please make sure you are using this account, or your order will not be processed. You will be able to pay online using a card through Scholastic's website. Happy reading!

What to Read This Month!

March is Women's History Month- Take some time this month to read some amazing literature both written by women and about some incredible women in history who have helped to make a difference!

"The Pink Hat" by Andrew Joyner

"Shaking Things Up: 14 Young Women Who Changed The World" by Susan Hood

"Sharice's Big Voice" by Sharice Davids

"This Little Trailblazer: A Girl Power Primer" by Joan Holub

"What Miss Mitchell Saw" by Hayley Barrett

"My Name Is Not Isabel: Just How Big Can A Little Girl Dream?" by Jennifer Fosberry



**Talks with
Toddler 1 & 2**

Toddler 1 Lead - Effie Swinarski
Toddler 2 Lead - Fred Abram
Toddler 2 Assistant Lead- Lizzie Parker

Welcome to March!

We kick off this month with the celebration of Dr. Seuss's birthday. Be sure to pay attention to the signs across the center and Dawn's email messages to participate in all the wacky dress up days planned for this week!

Spring is just around the corner. We are planning to play outdoors more often as the weather allows. Sunscreen permission forms will be sent home March 27. Due to allergies, we now have specific brands of sunscreen that are allowed to be brought to the center. Please return the permission form along with a bottle of approved sunscreen for your child.

Parent/Teacher Conferences will be held on March 20. Please see Dawn's newsletter piece for further information. You can sign up for conference at the front desk and choose either a Zoom meeting or a phone call.

Please remember to bring diaper wipes for the month of March.

"Children who grow up feeling loved deeply become adults who are prewired to love deeply."

-Ms. Effie, Mr. Fred, Miss Lizzie, and the Toddler Staff



Toddlers January Theme:
Health

Letters: S, T, U
Numbers: 8 / 15, 16
Color: Green



Time With Transition

Lead Teacher - Allison French

Happy Spring!

The Transition class is hoping for some more spring weather so we can get outside! As the temperatures change, please make sure your child has appropriate clothing to go outside. This includes socks, closed-toed shoes for the playground, and a light jacket if needed.

As it warms up and we are outside more often, we will need a bottle of sunscreen lotion for your child (no aerosol sunscreen allowed). **Due to a severe Sunflower Oil allergy in Transition, we now have specific brands of sunscreen that are approved for use at school.** Please make sure that your child's sunscreen is one of the products on the list, and/or does NOT contain any sunflower oil.

March is full of activities! First, we are excited to celebrate Dr. Seuss' birthday with a focus on language and literacy in the classroom and at home. **We would love to welcome family readers into our classroom on Thursday, March 2.** We have plenty of Dr. Seuss books for you to read, or you are more than welcome to bring a favorite from home. If you would like to sign up to read, please send me an email to anjohnson@unomaha.edu, or let me know in person.

Secondly, be on the lookout for the sign-up for **Parent Teacher Conferences during the week of March 20.** This is a great way to talk to me one-on-one and see how your child is progressing at school. If you cannot make it that week, let me know and I will set up a time that works for you. Progress reports will be going out Friday, March 17 and will need to be signed and returned before your conference.

Lastly, we will be hosting a **Family Luau here at the UNOCCC on Friday, March 31.** Did you know the Hawaiian word for "good to eat" is "Ono"? Come join us at our Family Luau for some "Ono" food and family fun!

-Allison & the Transition Staff



Transition's March Themes:
Different Types of Animals & Their Habitats
 Land & Sea Animals
 Different Kinds of Pets
 Animal Habitats

Letters: R, S, T
Numbers: 16, 17
Color: Black & White
Shape: Star



Preschool 1 Pals

Lead Teacher - Ky Jackson

Happy March, P1 Parents!

Spring is finally almost here, and we are SO excited! to be able to spend more time outside and adventuring around campus. Since we are outside more, please make sure your children are coming in weather and play appropriate clothing. Please also make sure that your child's tubby is stocked with weather appropriate extra clothes (at least two shirts, pants, and underwear) in case we need to change!

As the weather gets warmer, our friends will be needing sunscreen to apply anytime we adventure outside. Due to a severe sunflower allergy in the building, we now have specific brands of sunscreen that are approved for use at the center. I will be sending out a sunscreen permission slip, as well as what brands to bring in towards the end of the month! Please return the permission slip, as well as a bottle of sunscreen for your child, by Friday, April 7.

This month, we are saying "goodbye" to one of our sweet friends, Mia. Mia has been at the CCC since she was 18 months old, and has been with our current group of P1 friends for a LONG time. Mia, her mom, and baby sister will be joining their Dad at their newest station assignment in Mississippi! We will miss Mia so much, and we wish her the very best in her new adventures.

Finally, we will be kicking off NAEYC's "Week of the Young Child" celebrations with a Family Luau on Friday, March 31 at 5:30 P.M.- Join us for some music and dancing, food, and crafts! We really hope to see you there!

Until next month, enjoy the warm weather and beginning of spring!

-Teacher Ky & the P1 Wranglers

P1's March Themes:

Dr. Seuss Week
Weather
Leprechauns & Luck
Spring Time
Rainbow of Color

Letters: S, T, U
Numbers: 15 & 16
Color: Purple
Shape: Star



Preschool 2 News & Views

Lead Teacher - Megan Liu



Hello!

We are marching into March and change is in the air! I can't believe how short February has felt. It seems like only last week we had our Valentine's Day exchange and now we are heading full force into March. There are a couple of announcements I need to make regarding graduation and upcoming events.

First, I need pictures for the graduation video. Each child must have an infant and toddler photo for the video. Please submit the photos for graduation in a hard copy format or in an email. The photos will be due by Friday, March 17. For any questions please see me, Ms. Dawn, or Ms. Monica.

Second, naptime is getting a little bit shorter. Beginning the week of March 13, we will be resting for 15 minutes from 1:45 P.M. to 2:00 P.M. every day. If you have a request for your child's naptime schedule or have questions about the changes in naptime, please see me, Miss Dawn or Miss Monica for details.

If you have any questions or concerns, please email me at mmlieu@unomaha.edu or text me at 402-960-2416. Thank you for all that you do!

-Miss Megan and Staff of Preschool 2



Parent Corner

You can read the original article here!

How To Celebrate Women's History Month With Kids

Every March, we celebrate Women's History Month. For 31 days, we take time to highlight the contributions women have made and continue to make to our society. Schools may incorporate Women's History Month into their curriculums, but experts believe it's important to talk about it at home, too.

"It focuses on the social-emotional development of being a good person, kind and strong. All of those components have led the women throughout history to be historical," says Joy Turner, vice president of education at Kiddie Academy, a franchise system of early learning centers with more than 250 academies in 30 states and the District of Columbia.

Experts agree that it's essential to celebrate Women's History Month with kids of all genders. "It's important for boys and young men to understand that women are just as powerful as men, and we have the ability to do anything, just like they can," says Justine Green, Ed.D, the principal of Tamim Academy in Boca Raton, Florida.

You may be unsure how to speak with your child about Women's History Month. Consider this your guide to get the conversation going and celebrate the month as a family.

What Is Women's History Month?

Dr. Green suggests explaining Women's History Month in personal terms, such as teaching your child about women in their own family, like a grandmother. "That allows them to make connections with women's history," she says. Once you've introduced that concept, Dr. Green suggests expanding on it by saying, "Women's history means all the people who came before us." It's about celebrating their contributions to society and commemorating historical milestones. As children enter elementary school, you may be able to point to a woman in the news, such as Vice President Kamala Harris, or in a book, including *Women Who Changed History (History Makers)* and *Bad Girls Throughout History: 100 Remarkable Women Who Changed the World*.

How Did Women's History Month Start?

Women's History Month is actually a relatively new celebration. It began in the Sonoma, California school district in 1978 as a weeklong celebration of women's contributions to society. Students participated in a "Real Woman" essay contest, several schools held presentations, and there was even a parade. It caught on. In 1980, President Jimmy Carter declared the week of March 8 Women's History Week, and Congress passed a resolution the following year that established a national commemoration. The National Women's History Project successfully petitioned the U.S. government to turn Women's History Week into a month-long celebration in 1987.

Why Else Do We Celebrate Women's History Month?

Women didn't always have the right to do what they can do today, such as work, vote, have a bank account, and own a home. It also took nearly two-and-a-half centuries for a woman to become vice president of the United States. "You can tell your children, 'We celebrate things so we don't forget them,'" suggests Regine Muradian, Psy.D., a California-based clinical psychologist, and author. "We celebrate so we honor how hard women fought to get to where they are today." Dr. Muradian suggests bringing up other holidays, like St. Patrick's Day, where your family may have traditions that have been passed down for generations. "Then they will associate Women's History Month with importance, so they can keep it going," she says.



Parent Corner

Is There a Men's History Month?

This question may come across as insensitive, but remember that children may be genuinely curious. Take a step back and answer honestly and authentically. Dr. Green suggests saying, "For a lot of our history, men ran the world. They were in charge of decisions, owned the land, and had the money. Women did not have these choices. We have a lot of catching up to do when it comes to learning about the women in our past. We know a lot about the men. Women deserve to be celebrated."

How to Celebrate Women's History Month at Home

Celebrating Women's History Month at home reinforces lessons learned in school and also emphasizes the importance of honoring and respecting women, all three experts shared.

- **Play a game**

Dr. Green suggests turning family game night into a celebration of women's history. Together, research facts about famous women, such as poet and civil rights activist Maya Angelou and Helen Keller, an educator, advocate for the blind and deaf, and co-founder of the American Civil Liberties Union (ACLU). Then write them down on scraps of paper and play "Guess Who?"

- **Read together**

"Books start conversations," says Turner. Some of the books Kiddie Academy is recommending for Women's History Month include Kamala and Maya's Big Idea (Meena Harris), Ambitious Girl (Meena Harris), I Am Enough (Grace Byers), She Persisted (Chelsea Clinton), and Ada Twist, Scientist (Andrea Beaty). Dr. Green recommends I am Jazz by Jessica Herthel and Jazz Jennings, a book about the real-life experiences of Jennings, who is a transgender woman and LGBTQ activist.

- **Write book reports**

Dr. Green says older children can pick out a book or poem written by a female author, such as Emily Dickinson, and write a book report. In the report, you can also ask the child to write a bit about the author. "Read the book and look into her story, who she was and what she did," suggests Dr. Green, adding that this helps give children female role models.

- **Show gratitude**

Women's History Month isn't just a celebration of famous women, but it's also a celebration of the women in our lives. Turner suggests having children write thank you notes to women who have helped them. "It teaches recognition of efforts," she says.

- **Remember diversity**

It's important to celebrate women of all races and ethnicities and talk about members of the LGBTQ community. "Women's History Month is a time where all women, regardless of their background, should feel validated, commemorated, and appreciated," says Dr. Muradian. "This is how we move forward."

Parents can do this by picking out books with diverse characters. Stories about Rosa Parks' life can also help spark conversations about the intersection of race and gender. Families can also talk about women like Rachel Levine, who is poised to become the first openly transgender person to be confirmed by the Senate.

