

June
2021

UNO Child Care Center
Helping Parents and Children
Learn Together
402.554.3398

Child Care Chronicle

Dawn Hove-Casart—Director

Monica Dey—Assistant Director

Feature Facts from Dawn

We have a very busy summer planned, filled with lots of fun and adventures. Please watch for details from each group throughout the summer months.

With summer upon us, many of the classroom outside activities will be in the morning. The children/groups may go on walks, do activities around campus, go to the library, etc. Library day is on Thursdays for each group. Please see your child's teacher for times. The groups usually leave the center around 9:00/9:30 A.M. or as early as 8:30 A.M. on Thursdays for Library time and may not return until lunch time. If you would like your child to participate in these fun learning activities, please try to have your child by 8:30/9:00 A.M.

All summer contracts must be signed by Friday, June 18. New year round contracts will come out in August when the fall semester starts. New food program forms for the 2021-2022 year will go out the beginning of July. Every family must complete the top portion of the form. Even if you do not qualify, every family must update, complete/sign the form. Please watch your inboxes for the forms. Thank you for your cooperation with updating these forms.

The school-age program will run from June 7 to August 10, 2021. There is a \$100.00 summer activity fee for each child and is due by June 9. This fee covers the cost of field trips (transportation & fees), t-shirts, etc., and is non-refundable and will not be prorated for any missed field trips. Please make sure that you have received a packet of information from Miss Megan.

Information about the Summer Preschool Field Trips and Library Times have also gone out in mailboxes. Please make sure you fill out, sign and return the permission slip form and pay the fees.

Finally, I will continue to be out of the office for the month of June on medical leave. If you have any questions during this time, please see Monica or the lead teachers.

As always, if you have any questions or concerns, you may contact me at 402-554-4936, e-mail me at dhove@unomaha.edu or stop by my office.

Until next month...
"Happy Father's Day to all of our wonderful Fathers!"

Reminder the UNO Child Care Center will have a tuition rate increase as of July 5, 2021:

Student Tuition Rates

Full-Time Weekly Rates

Toddlers/Transition	\$225.00
Preschool/School-age	\$205.00

Part-Time Toddler/Transition Rates

2 Days per Week (Tues/Thurs)	\$104.00
3 Days per Week (Mon/Wed/Fri)	\$156.00
Daily Rate	\$52.00

Part-time Preschool/School-age Rates

2 Days per Week (Tues/Thurs)	\$ 94.00
3 Days per Week (Mon/Wed/Fri)	\$141.00
Daily Rate	\$ 47.00

**Please note: there is an additional Preschool/School-age Activity Fee for the Summer*

Faculty, Staff & Community Tuition Rates

Full-Time Weekly Rates

Toddler/Transition	\$230.00
Preschool/School-age	\$210.00

Part-time Toddler/Transition Rates

2 Days per Week (Tues/Thurs)	\$106.00
3 Days per Week (Mon/Wed/Fri)	\$159.00
Daily Rate	\$ 53.00

Part-time Preschool/School-age Rates

2 Days per Week (Tues/Thurs)	\$ 96.00
3 Days per Week (Mon/Wed/Fri)	\$144.00
Daily Rate	\$ 48.00

**Please note: there is an additional Preschool/School-age Activity Fee for the Summer*



Happy Birthday!

3—Mackenzie H.
16—Pierce L.

19—Vincent E.
19—Miss Patty



Dates To Make Note Of...

June Pride Month

9 - Preschool/SA Field Trip to Zoo
14 - Flag Day
16 - SA Field—Science Guy Presentation
19 - Juneteenth
20 - First Day of Summer
20 - Father's Day
21 - World Music Day
23 - SA Field Trip to Schramm Park
30 - SA Field Trip to Safari Park

July UV Safety Month

4 - Independence Day
5 - Center closed for Independence Day
7 - SA Field Trip to Fontenelle Forest
7 - World Chocolate Day
14 - SA Field Trip to Gifford Farm
18 - National Ice Cream Day
21 - SA Field Trip to Lauritzen Gardens
25 - Parents Day

August Family Fun Month

1 - Friendship Day
6 - Gifford Farm on the Go
Tod/Tran/Pre
8 - SA Field Trip SAC Museum
10 - Family Event; TBA Campfire Sing-a long
15 - Relaxation Day
19 - Aviation Day
23 - Fall Semester Begins

Cooking with Rick

It's summer! From the Taste of Home Website, here is a recipe that is perfect for getting into a summertime mood !

S'mores Crispy Bars

Ingredients:

1/4 C. butter, cubed
1 package (10 oz.) miniature marshmallows
6 C. Rice Krispies
1-1/2 C. crushed graham crackers
1 C. milk chocolate chips

Frosting:

3/4 C butter, softened
1 C confectioners' sugar
1 jar (7 oz) marshmallow cream

Topping:

1/4 C. crushed graham crackers
2 milk chocolate candy bars

Directions:

1. Using a 6-qt stock pot, melt butter over medium heat. Add in the marshmallows; cook and stir until melted. Remove from heat.
2. Stir in the cereal and crushed crackers. Fold in the chocolate chips. Press into 13x9 inch baking pan. Cool to room temperature.
3. For the frosting, use a small bowl, beat butter and confectioners' sugar until



Rick Jacobsen—Kitchen Tech

smooth. Then beat in the marshmallow cream on low speed until blended. Spread over the cooled bars.
4. Sprinkle crushed crackers over the frosting. Cut into bars. Break each candy bar into pieces; place a piece on each bar.

Enjoy!
Mr. Rick



Books We Recommend..

Hot summer days are great for reading!
Here are some books that you and your children will enjoy.

- Jabari Jumps By Gaia Cornwall
- They All Saw a Cat by Brendan Wenzel
- Day at the Beach by Tom Booth
- I See Summer by Charles Ghigna
- One Hot Summer Day by Nina Crews
- Thunder Boomer by Shutta Crum

Book Orders

The University of Nebraska at Omaha Child Care Center will continue Scholastic book orders for the academic school year.

Books are an important part of a child's development and can help your child gain pre-literacy skills. Scholastic also offers free books and educational materials to the Child Care Center when you order.

Please visit [scholastic.com/bookclubs](https://www.scholastic.com/bookclubs) to order. If this is your first time ordering online, you will need to set up an account with Scholastic using our class code: GKXFX. The center account is under Dawn Hove.

Please make sure you are using this account or your order will

not be processed. You may pay for your order using a credit card through Scholastics secure web site.

There are no book orders during the months of June and July. Orders will resume in August.

Happy Reading!

Talk with Toddlers 1 & 2

Effie Swinarski and Fred Abram—Lead Teachers

Welcome to our Toddler Summer Program
Here are some of the fun activities that we have planned for the month of June!

On Wednesdays, we will have water play.
Please remember to provide a towel, swimsuit and swimmers. Water shoes are optional. All swim items will be sent home to be washed for the next water play day.

Thursdays are Toddler Library Days from 9:00 A.M. to 9:20 A.M. We will

be leaving the center promptly at 8:45 A.M. Please have your child here by 8:30 A.M.

We will continue to take walks/wagon rides on campus.

We will also be sending your child's blanket home in his/her backpack every Friday to be washed at home. Please remember to bring the blanket back with you when your child returns the following week.

We will be reviewing shapes during the month of June.

We would like to wish all our wonderful fathers a Happy Father's Day!

Toddler Teachers



Time with Transition

Summer is here!

We are kicking off June with a picnic on Friday, June 11 at the Bell Tower. We will be walking to the Bell Tower around 10 A.M. and eating lunch at 11:00 A.M. Your child will need a sack lunch with a drink (water will be provided otherwise) and it needs to be free of peanut and tree nut products.

Starting on Thursday, June 10, we will be going to the library on campus for story time at 9:40 A.M. We will leave the center around 9:20 A.M., so please make sure your child is here by then. Each week your child will get to pick and check out a book that they will get to keep and read at school.

Our water play starts on Monday, June 7. If you have not brought in items for your child to participate, please do so. Your child will need a swimsuit, water appropriate shoes, a towel, and a swim diaper if they are not yet potty-trained. These items will be sent home at the end of the day so that you can wash them, and return them the following Monday for water play.

Friday, June 25, will be popsicle day in Transition. We will be enjoying popsicles for a special summertime treat in the morning on this day.

Our themes this month are; Bodies of Water, Insects, Day and Night, Vacation and Travel. We will be reviewing our letters, numbers, colors and shapes throughout the summer.

Happy Summer!
The Transition Teachers



Points to Ponder with Preschool 1

Ronita Bolton—Lead Teacher

Hello Parents,
Our June themes are: Zoo Animals, Dinosaurs, Dad and Me, It's Summer and Red, White and Blue. We will be reviewing letters, numbers, shapes and colors throughout the month.

We will have library time on Thursdays from 10:00 to 10:30 AM each week. The children will have an opportunity to check out books to bring back to the center to read.

The children will have water play on Fridays. Please be sure to bring a towel and swimsuit each Friday. Water shoes are also welcome. We will send water play items home each Friday to be laundered before the next water play day.

Now that Summer is officially here, we would like to remind parents that we will play outside, and take our nature walks only if weather is permitting so, please remember that we recommend closed toed shoes or tennis shoes for preschool play.

Thank you and have a great June!
Ronita Bolton & the Preschool 1 Staff



Happy June!

Summer is here and in full swing and we will soon be busier than ever, with so much fun in store I have a couple of announcements to make.

The first field trip of the summer will be at the zoo, please make sure to have your child here by 8:30 A.M. Also please make sure that your child is wearing weather appropriate clothing and tennis shoes, as we will be doing a lot of walking on field trips. Your child will also need a sack lunch for some of the field trips, please make sure that it is nut free and contains no foods that were processed in a factory with

nuts. No lunch boxes or containers, as all lunches need to be disposable.

Second, please make sure that your child has sunscreen and a change of clothes. Sunscreen must be not aerosol. Lotion only . Extra clothes can be put in your child's tubbie or kept in their backpack. Please give sunscreen to the teachers in the classroom to be labelled. Also please have your child wear closed toe shoes or keep a pair in their backpacks.

If you have any questions please feel free to reach me by email at mmliu@unomaha.edu or by the center phone at 402-554-3398. Ms.

Monica will also be available to take any questions or concerns you may have for the coming summer.

Thanks for all you do,
Miss Megan and the staff of school age



C.H.A.M.P.S

CHAMPS does not have any meetings schedule for this month due to health mandates. We are hopeful that we will be able to get together at some point.

We will continue to find new ways for our families to be involved in the program. This may include virtual events!

Until we can meet again, please continue communication with the staff and other parents!

We hope everyone has a great semester!

Focus on Policies and Procedures

HEALTH POLICY

On Cold, Heat, Sun and Insect

The UNO Child Care Center encourages and participates in outdoor classroom play. It is a natural learning environment for children to explore, learn and be a part of. It is the UNO Child Care Center policy for children to be able to play outside, weather permitting, under the following conditions:

1. All children will participate in outdoor activities unless there is a medical reason with a physician's note stating otherwise.
2. Not raining, lightening, thundering or snowing.
3. Temperature above 32 degrees; including wind chill.
4. Temperature below 100 degrees; including heat index.
5. The playground, front area and campus areas/walks are cleared and safe for children to play.

6. Children need to wear proper clothing and shoes/boots that is dry and layered for the warmth of cold weather.
7. Children need to wear sun-protective clothing &/or hats, applied skin protections or both for warmer weather.
8. It is encouraged for children to have long sleeves or a light jacket for temperatures between 60 to 70 degrees.
9. It is encouraged for children to have a coat for temperatures between 32 and 60 degrees. Mittens or gloves or hats for temperatures under 45 degrees.
10. Children must have on proper fitting shoes for outside play, this includes tennis shoes or shoes (sandals) with backs. Flip flops are not recommended.

11. Sunscreen or sun block with UVB and UVA protection of SPF 15 or higher is encouraged to be applied to children's exposed skin year round when outdoors. The UNO Child Care Center must have a signed permission slip to apply sunscreen. Please see separate form.
12. The use of insect repellent containing DEET can be applied to children no more than once a day with parental permission. Please see separate form.



Summer Safety Tips

Whether you're leaving town on a dream vacation, grilling with friends, day-tripping at local parks or cooling off at the pool, we've got you covered! Check out our suggestions to keep your family safe, happy and healthy all summer long.

Have Fun in the Sun

There's nothing better than getting out into the day and soaking up the sun. But too much of a good thing can sometimes result in heat-related illness. Take a look at these sunny day safety tips:

Know when skin needs protection most. The sun's at its strongest between 10 a.m. and 4 p.m. Take care to bring along protective clothing like hats and breathable long sleeve shirts to protect exposed skin.

Apply sunscreen liberally, and frequently. Pick up sunscreen that has a sun protection factor (SPF) around 15-30, that protects against both UVA and UVB rays. Apply it about a half hour before you head outside. Remember to re-apply frequently — check the instructions on the bottle for details.

Look for sun burn warning signs. The human body will let you know when it's had too much sun. If the skin's hot to the touch, or if it's looking pinkish or red in exposed areas, that could be trouble. Sunburn in advanced stages will look like small blisters and often comes with a headache and nausea. Be sure to seek medical attention if these symptoms are present.

Wear eye protection. Sunglasses that block 100% of UVs are also a great way to protect your kid's sensitive eyes.

Grill Safety Smarts for Summer Barbeques

When it's time for a cookout, you know summer's in full swing. But before you fire up the grill, check out our go-to grilling advice:

Grill away from structures. By keeping a safe distance from the house, your grill is already a safer place to flip those burgers. Charcoal fires can climb high when lighter fluids in use, so be sure to have clearance above the grill.

Pick up a fireproof grill pad. Under-the-grill,



flame retardant mats are a great addition to the patio, and can really help to protect your deck.

Check your propane tank and hose for leaks. By adding a few tablespoons of dish soap to water in a spray bottle, you'll have soapy water that's perfect for inspecting. Fire up your gas grill and then spray down the hose and regulator, looking for bubbles. If you see them, you've got a gas leak. Turn off the grill and replace the faulty part.

Have a fire safety plan. Controlling a grease fire on the barbeque can be tricky. Throwing water on it can make it worse, so be sure to have a fire extinguisher nearby. Another good option is to keep a small box of baking soda near the grill.

Water Safety Starts With Supervision

Beating the heat at the local pool? Have your kids drink plenty of water to keep hydrated, and review these swimming safety tips for at home or swimming at a local pool:

Watch your little ones. Be sure you always know where the wee ones are playing in the pool. Take turns with other adults keeping an eye on young children. Help them stay safe with life jackets or other NTSB-approved vests.

Swim with lifeguards on the lookout. Kids should only swim in public pools where lifeguards are assigned to watch swimmers. If none are available, an experienced swimmer should keep a watchful eye on them.

Fix the fencing. If your home's got a pool, take a walk around the perimeter and look for breaks or other ways kids can sneak in. Verify that you've got a self-closing gate and be sure the latch is closing securely. Here's some more important information about homeowners and swimming pools.

Cover spas when not in use. If you're going to be using a hot tub, be sure you've got a cover for it and attach the cover between uses. Make sure kids know to keep long hair away from the intake drains at the bottom of the tub.

Know What to Do When the Weather Turns

It wouldn't be summer without storms. Prepare for tornadoes by taking precautions, making a storm plan and knowing what to do when hail strikes or the power goes out.

Download a weather app. Advanced warning on dangerous storms can really help you to make preparations and move to safety. Look for well-reviewed weather apps that get you real-time updates on approaching weather.

Have a plan for severe weather. One of the smartest things you can do for your family is to

plan for the unexpected. Spend time preparing for bad weather, you'll be able to quickly get to shelter in your home with supplies and items you need to ride the storm out.

Help your kids manage the stress. When the clouds roll in and the thunder starts to pound, your kids can get stressed out quickly. But with a little preparation, you can make a foul weather activity kit to keep young minds active during storms.

Summer Fun Riding Safety Tips for Kids

Summer means putting the wheels in motion, literally! Make sure everyone's wearing protective gear when biking or cruising on any other set of wheels this summer.

Be sure the helmet fits the head. As your kids grow, so does their skull. If last year's helmet is starting to expose too much forehead, it may be time to pick up a new one. Pull those straps tight so that the helmet doesn't move around too much. Get knee and elbow pads for scooters and skateboards. In addition to a well-fitting helmet, avoid scrapes and scabs with a good set of pads.

Start the summer with bike safety training. Take a bike safety course at a local community center, or sit down with your kids and watch a few bike safety videos.

Examine the fit of the bike. Kids can outgrow their bikes quickly. Take a look at how they're riding. Be sure they're riding a bike that fits them.

Always lead your kids. Children should follow their parents when biking in groups. You're a better judge of trouble than they are so be sure they're following your lead.

Ride on sidewalks when possible. Be sure your kids use sidewalks, stay away from cars and know how to look carefully at intersections before proceeding through them.

Having a great summer is all about celebrating with family and friends. With a little preparation and a smart safety-first attitude, you'll be able to relax and enjoy your days in the sun.

