



UNO CHILD CARE CENTER CHRONICLE

JUNE 2023

Dawn Hove-Casart - Director
Monica Dey - Assistant Director

Feature Facts
With Dawn

We have a busy summer planned, filled with lots of fun and adventures. Please watch for details from each group throughout the summer months.

With summer upon us, many of the classroom outside activities will be in the morning, with some activities in the afternoons. The children/groups may go on walks, do activities around campus, go to the library, etc. If you will be picking up your child early for a particular day, please let us know, so we can plan for the day.

Library day is on Thursdays for each group; Toddlers from 9:20 to 9:40 AM, Transition from 9:40 to 10 AM, Preschool from 10 to 10:30 AM, and School-age from 10:30 to 11 AM. Each group usually leaves the center 15 to 20 minutes before Library start time. If you would like your child to participate in these fun learning activities, please try to have your child by 9:00 A.M. on Thursdays.

All summer contracts must be signed by Monday, June 12. New year-round contracts will come out in August when the fall semester starts. The new food program forms from 2023 to 2024 will go out in the middle of June. Every family must complete the top portion of the form. Even if you do not qualify, every family must update, complete/sign the form. Please look at your email inboxes for the forms. Thank you for your cooperation with updating these forms. All completed forms are due by July 5, 2023.

The school-age program will run from May 30 to August 11, 2023. There is a \$110.00 summer activity fee for each child. This fee covers the cost of field trips (transportation & fees), t-shirts, etc., and is non-refundable and will not be prorated for any missed field trips. Please make sure that you have received a packet of information from Miss Megan. The preschool summer packets have gone out and the summer activity fee is \$65 and covers the cost of field trips, t-shirts, etc. and is non-refundable and will not be prorated for any missed field trips. Please see Teacher Ky for packet information.

Finally, I will be out of the office on June 8, 26, 27 & 28. If you have any questions or concerns during these times, please see Ms. Monica or the lead teachers.

As always, if you have any questions or concerns, you may contact me at 402-554-4936, e-mail me at dhove@unomaha.edu or stop by my office.

Until next month... "Happy Father's Day to all of our terrific Fathers!"



Happy Birthday!



June 3 – Mackenzie H.
June 5 – Miss Laney
June 11 – Miss Katie
June 13 – Henry H.
June 15 – Hudson H.
June 16 – Pierce L.
June 19 – Dawson C.
June 19 – Vincent E.
June 20 – Miss Madi
June 22 – Jacoby M.
June 26 – Sebastian S.
June 29 – Miss Mack
June 29 – Miss Sarah

July

National Blueberry Month

July 4: Independence Day – [Center closed](#)
July 7: World Chocolate Day
July 11: Cow Appreciation Day
July 18: Nelson Mandela Day
July 19: Islamic New Year
July 30: International Day of Friendship



June

Pride Month

June 1: World Milk Day
June 14: Flag Day
June 18: Father's Day
June 19: Juneteenth, [Center open](#)
June 21: Summer Solstice
June 27: National Ice Cream Cake Day

For a schedule of June Fieldtrips, please see the Summer Field Trip Schedule on the last page.

Baby News!

Congratulations to the Luhr Family (Travis, Jamie, Aeryana and Ashton) on the birth of twins.....

Alyiah Marie - 5 lbs. 4 oz.
and
Avery Dwayne - 5 lbs. 8 oz.
Born on May 10, 2023

Books We Recommend

Here are some books you are sure to enjoy reading with your children!

"Juneteenth Jamboree" by Carole Boston Weatherford

"I Will Always Be Proud of You" by Michael Wong

"Pink Is for Boys" by Robb Pearlman

"And Then Comes Summer" by Tom Brenner

"Daddy and Me and the Rhyme to Be (A Karma's World Picture Book)" by Chris Bridges and Halcyon Person

"Daniel's Good Day" by Micha Archer

"A New Friend: One Book, Two Stories" by Lucy Menzies

"Punky Aloha" by Shar Tuiasoa

"Ready to Fly: How Sylvia Townsend Became the Bookmobile Ballerina" by Lea Lyon and Alexandria LaFaye,

"You Are My Favorite Color" by Gillian Sze

Talks with
Toddler 1 & 2

Effie Swinarski - Toddler 1 Lead Teacher

Fred Abram -- Toddler 2 Lead Teacher

Lizzie Parker - Toddler 2 Assistant Lead Teacher

Welcome to June!

The official start of Summer at UNOCCC!! Here are some activities we have planned for this month:

Toddler Water Play will be on Tuesdays June 6, 13, 20 and 27. Please bring a swimsuit, towel, and swimmers for your toddler. Water shoes are optional.

Toddler Library days are on Thursdays June 8, 15, 22 and 29. We will be at the library from 9:20 AM to 9:40 AM. Please have your child here by 9 AM.

We will also be spending more time outdoors either playing, taking walks or wagon rides. So, please make sure your child has weather appropriate clothes in their tubby. If you want your child to wear a hat to wear while playing outside please bring in one and let the teachers know!

This month, we will be reviewing our shapes, colors, numbers, and letters, along with our theme of Summer Fun!

Let us laugh, have fun, and play in the sun!!

Ms. Effie, Mr. Fred, Ms. Lizzie, and the Toddler Teachers



Times With
Transition

Allison French - Lead Teacher

Summer is here!

Starting on Thursday, June 8, we will be going to the library on campus for story time at 9:40 AM. We will leave the center around 9:00 AM to make sure we arrive time, so please make sure your child is here by then. Each week your child will get to pick and check out a book that they will get to keep and read at school.

Our water play is here as well! We will be having water play every Wednesday morning, weather permitted. If you have not brought in items for your child to participate, please do so. Your child will need a swimsuit, water appropriate shoes, a towel, and a swim diaper if they are not yet potty-trained. You are more than welcome to bring a hat, sunglasses, and other sun protection items at your discretion.

Friday, June 16, will be our first Elmwood Park Field Trip. We will walk as a class to the park, play, and enjoy a sack lunch together before walking back for nap time. We will leave for the park at 9:00 AM, so please have your child at school no later than 8:45 AM. Your child will need a peanut and tree nut free sack lunch and drink that is totally disposable. Grownup volunteers are encouraged, so please let us know if you will be joining us at the park. Your child's permission slip will need to be signed and returned in order for them to join us on the field trip.

On Wednesday, June 21, we will have a Transition water balloon party here at the child care center. This event will be in place of water play for the day. Grownup participation is encouraged! The water balloons will be ready for throwing at 9:30 AM. Please let Miss Allison know if you will be joining our class for this event.

On Thursday, June 22, we will be enjoying a cold treat at Milo Bail Student Center. We will walk over in the morning at 9:00 AM, and return in time for lunch at 10:30 AM. If your child is joining us, we ask that you provide \$5 to cover the cost of the treat (ice-cream or popsicle).

June Themes (Weekly Themes):

Bodies of Water

Insects

Day and Night

Vacation and Travel



Happy June! Summer is finally here, and we have a busy few months ahead of us here in Preschool!

Summer is full of plenty of fun activities here at the center, so please make sure to keep an eye on the calendar and emails you receive to ensure that your child is prepared for all of our activities! Please make sure you are checking your child's mailbox every day, **The Summer Information Packet contains all the important information for summer, so please be sure to read through it carefully and return the attached permission slips directly to Teacher Ky!** In addition, the Summer Activity Fee **needs to be paid at the Front Desk by no later than Friday, June 9.**

During the summer, Preschool will be spending most of our time outside- Please make sure that your child is coming to school each day dressed in appropriate summer clothing, shoes that allow them to play and walk easily, and keep their sunscreens stocked! In addition, Preschool will be traveling to the Library on Thursday mornings (beginning June 8th) and has Water Play on Fridays (beginning June 9), which occurs weekly until August. Please ensure your child is here **prior to 9:30 AM on Thursday mornings** so they are able to travel to the library with us. Stretch & Grow will also be offering a Monday Yoga and Wednesday Dance class for the Summer session (occurring both days from 3:15PM-3:45PM) Check out the informational brochures at the Front Desk for more information!

Our first Field Trip of the summer is on Friday, June 2, to the Henry Doorly Zoo! We will be leaving the center at 9 AM and returning around 2 PM. We will also be traveling to the OPPD Arboretum on Wednesday, June 14 and taking a walk to Elmwood Park on the morning of Wednesday, June 28. Finally, we will be taking a trip to the Student Center on Wednesday, June 21 for our First Ice Cream adventure! **Please remember that for ALL Field Trips/Events this summer, we ask for your child to be here no later than 30 minutes before the start time of a Field Trip/Event.** In addition, please remember that your child will need a peanut and tree nut free, completely disposable sack lunch for each scheduled Field Trip. Please ensure lunches are packed correctly and meet allergen guidelines, so Ms. Effie does not have to repack them!

Lastly, I will be on vacation in South Dakota from Saturday, June 10 to Sunday, June 18. If you need anything during this time, feel free to ask Alisha, Vivian, Miss Megan, or Ms. Dawn. In the meantime, do not hesitate to contact me at kyliejackson@unomaha.edu or text me at (402) 871-1506. Enjoy the month of June, and have a great start to the summer!

-Teacher Ky & the Preschool Wranglers

Monthly Themes:

- Welcome to the Zoo!
- Dinosaurs
- Celebrating Dads
- Going to the Beach
- Aquarium Animals



Happy June!

Summer is here and in full swing and we will soon be busier than ever, with so much fun in store I have a couple of announcements to make.

The first field trip of the summer will be to the zoo, please make sure to have your child here by 8:30 AM. Also, please make sure that your child is wearing weather appropriate clothing and tennis shoes, as we will be walking a lot at the zoo. Your child will also need a sack lunch, please make sure that it is nut free and contains no foods that were processed in a factory with nuts, no boiled eggs and in a container that can be thrown away as we will not be able to bring food back. Please remove any candy from Lunchables.

Second, please make sure that your child has sunscreen and a change of clothes. Clothes can be put in their tubbies and sunscreen can be given to the teachers in the classroom to be labelled. Please no aerosol sunscreens or open toed shoes or flip flops. Check the sunscreen flyer for approved sunscreens.

If you have any questions please feel free to reach me by email at mmliu@unomaha.edu or text me at (402)960-2416. Ms. Dawn and Ms. Monica will also be available to answer any questions or concerns you may have for the coming summer.

Thanks for all you do,

Miss Megan and the staff of school age



Being a part of a large and diverse community, the UNO Child Care Center takes pride in providing an inclusive and respectful environment for the children, families, staff and visitors who come into our center. We provide a positive learning experience for children that includes strategies to teach children to be inclusive as well as helping them to understand the many different aspects of culture, diversity and inclusion.

Raising an Inclusive Child

Article posted by Bright Horizons on May 23, 2023

If we think of humanity as a large family, then to be inclusive means that everyone has a place at the table. No one is excluded, marginalized, or left out. Everyone has something to offer. As adults, we pass our values to children every day through what we say and do.

What Is Inclusiveness?

Too often, inclusiveness is described as something we should do to benefit others. Being inclusive is more than a moral obligation—although this alone is enough reason to practice it. When we are inclusive we aren't divided. Instead, our world becomes enlarged. We gain relationships and experiences that enrich us. We recognize that we are all different and that those differences bring joy to living.

Four Strategies to Raise an Inclusive Child

Here are four great ways where you, as a parent, can teach your child to have an inclusive attitude and approach.

1. **Be a role model.** Children follow what we do more than what we say, so it's important that our actions are sending the right message. This can be as simple as getting to know your neighbors as you're walking the dog or getting the mail. Be curious and reflective about your own biases, and be willing to learn something new. Speak up when you see discrimination or racism.
2. **Teach compassion.** It's not realistic to ask children to be "best" friends with everyone all the time, but elementary-age children in particular can learn to be friendly, respectful, and compassionate in a group setting, such as school. Teach your child to be aware of other children who might be new or who might feel left out. For example, challenge your child to include another child who is sitting alone at lunch or playing alone at recess.
3. **Explain differences,** don't ignore them. The world is a big place and we come from many religious, cultural, and ethnic backgrounds with different values, perspectives, identities, and family makeups. Help your child understand that differences make the world more interesting. They help us learn and appreciate other ideas beyond ourselves. Talk about and model how to respectfully share and learn about differences, as well as how to stand against discrimination in all its forms.
4. **Use children's literature.** Children's books are a great vehicle for exploring differences in culture, race, and ability, especially when the literature depicts authentic characters involved in relatable situations.

How to Help Children Understand Diverse Families

Our world is incredibly diverse and families are no different, with varying configurations, beliefs, cultural norms, and personal practices. One of the most important gifts we can give our children is to help them feel good about the uniqueness of their family and help them learn to accept, respect, and include people whom they may identify and experience as "different."

Answering Questions about Diverse Family Structures

Families come in many different structures and sizes. Young children often have questions when they notice families that seem different from their own. This is a great opportunity to share your values about families, diversity, and inclusion with your child. Here are a few ideas to guide the conversation.

Keep it simple. Young children generally don't need or want long, complex answers. Something like, "Cody lives with his grandmother. His grandmother is his family," or "Malia has two mommies. They are her family," are sufficient. Preschool children are concrete thinkers and not ready for a philosophical discussion.

Celebrate diversity. Children's growing awareness of diverse family structures provides rich opportunities to celebrate family diversity and engage children in conversation about who is in THEIR family, who lives in THEIR house, and more importantly, who takes care of them. Point out the wonderful, interesting diversity of families, which might include families with only children, families with many siblings, blended families, foster families, LGBTQIA2S+ families, multi-generational families, and many others. This diversity of families makes life richer.

Define what makes a family. Children tend to thrive when they come to understand there are varying family structures and that all families are wonderful, so long as the people in them love and care about each other. This repeated message helps children feel secure, even if their family configuration changes through death, separation, or other life events.

When children ask, "Can a family have two mommies?" one suggested response is: "Yes, some families may have two mommies, one mommy, no mommy, or even lots of mommies. And some families may have two daddies, one daddy, no daddy, or even lots of daddies. Some families also include grandparents, foster parents, aunts, and uncles. Other families have one child, no children, or many children. Any combination works. It's love that makes a family—just like in our family."

Children's Books about Diverse Families

Literature is a wonderful way to expose children to the world. By sharing books such as the ones listed below, you are communicating that diverse families and people are all acceptable. The titles below explore diverse family units and celebrate familial relationships. There may be different values and structures, but in the end...it's about family.

Infants and older:

- [Families Can](#) by Dan Saks
- [Daddy, Papa, and Me](#) by Lesléa Newman
- [My Family, Your Family](#) by Katherine Cole
- [My Heart Fills with Happiness](#) by Monique Gray Smith

Preschool and older:

- [And Tango Makes Three](#) by Justin Richardson
- [One Family](#) by George Shannon
- [Saturday](#) by Oge Mora
- [Who is in My Family?](#) by Robie B. Harris

Summer Field Trips 2023

Date	Location	Time	Cost for Parent Volunteer
Friday, June 2	Zoo	9:00 AM - 2:00 PM **Sack Lunch	\$10 or Zoo Pass
Friday, June 9	Morrill Hall	9:00 AM - 2:00 PM **Sack Lunch	\$5
Wednesday, June 14	OPPD Arboretum	9:00 AM - 12:30 PM **Sack Lunch	
Friday, June 16	Bellevue Berry Farm	9:00 AM - 12:30 PM **Sack Lunch	\$10
Wednesday June 21	Schramm State Park	9:30 AM - 12:30 PM **Sack Lunch	
Friday, June 23	Lauritzen Gardens	9:00 AM - 11:30 AM	\$9
Friday, June 30	SAC Museum	9:15 AM - 1:30 PM **Sack Lunch	\$10
Wednesday, July 5	Bounce-U	9:30 AM - 11:30 AM	\$7
Friday, July 7	Fontenelle Forest	9:30 AM - 12:30 PM **Sack Lunch	\$8
Wednesday, July 12	Zoo-Splash Pad	9:00 AM - 2:00 PM **Sack Lunch	\$10 or Zoo Pass
Friday, July 14	Gene Leahy Mall	9:30 AM - 12:30 PM **Sack Lunch	
Wednesday, July 19	Go Kids Gym	9:00 AM - 12:30 PM **Sack Lunch	\$8
Thursday, July 27	Dr. Oxygen	2:00 PM - 3:00 PM	
Friday, July 28	Children's Museum	9:00 AM - 12:30 PM **Sack Lunch	\$9
Friday, August 4	Maplewood Lanes	9:45 AM - 11:45 PM	\$8
Friday, August 4	Animals on the Go (Gifford Farms)	Toddlers: 9:15 AM - 9:30 AM Transition: 9:30 AM - 10:15 AM Preschool: 10:15 AM - 1:00 AM	\$6

School Age Fieldtrips	Preschool and School Age Field Trips	Center Activity
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****All sack lunches MUST be peanut free and tree nut free, in a disposable bag and the drink must be disposable as well. All components for the sack lunch will be disposed of before returning to the center. Also, please DO NOT put candy in the lunch.****

School Age Summer Activity Fee: \$110

Preschool Summer Activity Fee: \$65