I cannot believe that summer is ending and that school will be starting in a couple of weeks. We have had a great summer full of fun and exciting activities. As we prepare for the start of the fall semester, we would like to wish all of our school-agers good luck with the upcoming school year and that we hope to see them again next summer. We also must say good-bye to some of our teacher assistants. We wish them well with their future endeavors.

Our last event for the summer will be our annual Ice Cream Social on Friday, August 23 from 4:15 to 6 P.M. The UNO Marching Band will be here at 4:15 P.M. Joining the band this year will be the UNO Drill Team. The Band and Drill Team will perform and the children will be able to look at the musical instruments during the band petting zoo time. We will be serving ice cream with all the toppings. We hope you can join us.

The new 2019-2020 contracts will be going out the week of August 26, 2019 to new and returning families. Please make sure you sign and return the contracts. Everyone must have a current signed contract on file for the start of the semester/school year. Please make sure that we have your child’s correct schedule of hours s/he will be here, so that your contract states that correct amount. If you have any questions, please see Dawn or Monica.

Toddler and Transition Families mark your calendars now for a Lakeshore Parent Workshop Event on Supporting Language Development in Children 0-36 months. The cost for this workshop is provided by the CCAMPIS Grant. All families who receive tuition subsidy through the grant and who have children enrolled in the toddler or transition program will be required to attend. There are only 15 family spaces available. We will do a potluck dinner from 4:30 to 5:30 P.M. for families who sign-up. The workshop will go from 5:30 to 7:30 P.M. We will have child care available during this time. A sign-up sheet will go out the week of August 26 for families to sign-up for the workshop. Lakeshore will be back in the spring to do a workshop event for families who have children in preschool.

Please mark your calendars now for the following upcoming fall semester dates:
1) Monday, September 2, Child Care Center will be closed in observance of Labor Day. We will re-open on Tuesday, September 3 at 6:30 A.M.
2) Tuesday, September 17 is Toddler Parent Event w/Lakeshore Learning from 5:30 to 7:30 P.M.
3) Tuesday, September 26 is Curriculum Night/ Open House from 4:30 to 6 P.M.
4) Friday, September 27; Preschool Fall Field Trip to Bellevue Berry Farm; 9 A.M. to 1 P.M.
5) Tuesday, October 8; Picture Day (Tentative)
6) Wednesday, October 31 is our Annual Costume Parade at 9 A.M.
7) Parent/Teacher Conferences will be the week of November 4-8, 2019.
8) Annual Food Drive for Together Inc.; November 1-18.
9) Tuesday, November 18; Preschool 1 & 2 Field Trip to Together Inc.
10) Thursday & Friday, November 28 - 29 ; Child Care Center will be closed for Thanksgiving
11) Saturday, December 14 is Holiday Program at 10 A.M. at Milo Bail Student Center

As always, if you have any questions or concerns, you may contact me at 402-554-4936, e-mail me at dhove@unomaha.edu or stop by my office.

Until next month...
“So many dreams, at first seem impossible. And then they seem improbable. And then when we summon the will, they soon become inevitable.”
- Christopher Reeve
Welcome to August.
August Themes: Review Bugs/Science

First, we would like to welcome our new friends to the toddler classroom. We have planned some fun activities for the month!

August 6 is our last outdoor water play day. Your child’s swimsuit and towel will go home that same day.

Our annual Ice Cream Social will take place August 23. The UNO Marching Band will be here to entertain us with some lively music. Feel free to invite your family and friends to join us for some cool music and ice cream!

We are looking forward to a fun filled month. We will be learning about insects and having fun with science. Parents please make sure your child’s name is written on all his/her clothing and stuffed animals. We will continue to apply sunblock on your child for the next 2 months.

Toddler Teachers

<table>
<thead>
<tr>
<th>August</th>
<th>September</th>
<th>October</th>
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<tbody>
<tr>
<td>2 – SA Field Trip to the Strategic Air and Space Museum</td>
<td>2 - Labor Day; Center closed</td>
<td>4 - World Smile Day</td>
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<td>2 – Gifford Farms Animal Presentation</td>
<td>8 – Grandparents Day</td>
<td>8 – OP Library Reading Day</td>
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<td>7 – SA Field Trip to Lauritzen Gardens</td>
<td>10 – CHAMPS meeting at CCC; 4:30 P.M.</td>
<td>8 – CHAMPS meeting at CCC; 4:30 P.M.</td>
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<td>9 – SA Field Trip to Bellevue Berry Farm</td>
<td>10 – Staff Medication Training</td>
<td>8 – Yom Kippur Begins</td>
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<td>13 – OP Library Reading Day</td>
<td>17 – Tod/Tran Parent Event w/Lakeshore</td>
<td>9 – Fire Prevention Day</td>
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<td>22 – National Tooth Fairy Day</td>
<td>11 – Patriot Day</td>
<td>14 – Columbus Day</td>
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<td>23 – Ice Cream Social and Marching Band</td>
<td>19 -Talk like a Pirate Day</td>
<td>20-21 – Fall Break, Center is open</td>
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<td>4:15 to 6 P.M.</td>
<td>23 – Autumn Begins</td>
<td>26 – National Pumpkin day</td>
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<td>26 – Fall Semester Begins</td>
<td>26 – Curriculum Night; 4:30-6 P.M.</td>
<td>31 – Costume Parade across Campus; 9 A.M.</td>
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<td>27 – Preschool Field Trip Bellevue Berry Farm</td>
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<td>29 – Rosh Hashanah Begins</td>
<td>28 – Miss Rena</td>
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Talk with Toddler 1 & 2

Welcome to August. August Themes: Review Bugs/Science

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Toddler Teachers

Book Orders

The University of Nebraska at Omaha Child Care Center will continue Scholastic book orders for the academic school year. Books are an important part of a child’s development and can help your child gain pre-literacy skills. Scholastic also offers free books and educational materials to the Child Care Center when you order. Please visit scholastic.com/bookclubs to order. If this is your first time ordering online, you will need to set up an account with Scholastic using our class activation code: GKXFX. The center account is under Dawn Hove. Please make sure you are using this account or your order will not be processed. You may pay for your order using a credit card through Scholastics secure web site. You may also bring in order forms with a check made out to scholastic. No cash orders will be accepted. There will be no during June and July. Book orders will start up again in August. Happy Reading!

Happy Birthday!

3 – Audrey G. 28 – Miss Rena
7 – Everly A. 29 – Graham P.
12 – Belle C. 30 – Chloe W.
18 – Miss Megan L. 31 – Miss Taylor
19 – Gabe R. 25 – Miss Sofia
26 – Miss Kylee 28 – Josephine C.
The Transition class has been so busy this summer that we cannot believe it is almost over! We have a few events in August to end our summer, and we are very excited about them!

Gifford Farms will be here Friday, August 2 to round out our summer fun with some farm animals. The transition group will be enjoying the animals at 9:20 A.M., so please have your child here on time to participate.

On August 8, Transition will be participating in a UNO Library Day. Our group will be going at 9:45 A.M., so please make sure your child comes before hand so they can enjoy some fun reading!

The center will be hosting an Ice-cream Social to end the summer on Friday, August 23 from 4:15 to 6 P.M. We hope to see you there for a yummy treat and a special event from the UNO Marching Band!

If the weather permits, we will continue to do water play until Monday, August 19. If you are returning before then and would like your child to participate in water play, you will need to bring in a swimsuit, towel, and sunscreen.

Lastly, some of our friends will be moving down to Preschool 1 with Ms. Roni before the fall semester begins. A visitation schedule has been sent out for the upcoming weeks, and we are excited for them to start their preschool adventure!

Transition Teachers

Cooking with Rick!

Wow! This summer is zipping by. Here is a couple of recipes that I found from the Taste of Home web page that looked good to try.

Root Beer Float Cake
Ingredients:
1 pkg. white cake mix (regular size)
1 3/4 Cup cold root beer, divided
1/4 Cup canola oil
2 large eggs
1 envelope whipped topping (Dream Whip)

Directions:
1. In a large bowl, combine the cake mix, 1-1/4 Cup root beer, oil and eggs. Beat on low speed for two minutes.
2. Pour into a greased 13 x 9-inch baking pan. Bake in a 350-degree oven for 30 to 35 minutes (or until an inserted toothpick comes out clean). Cool completely on a wire rack.

Easy Beef Taco Skillet
Ingredients:
1 lb. ground beef
1 small red onion, chopped
1 (15 1/4 oz.) whole kernel corn, drained
10 corn tortillas (6 inches), cut into 1-inch pieces
1 bottle (8 oz.) taco sauce
1 1/4 Cup shredded cheddar cheese, divided
Hot pepper sauce, optional

Directions:
In a large skillet, cook beef and onion over medium heat until the meat is no longer pink; drain. Add in the corn, tortillas, taco sauce and 1 cup of the cheese; heat through. Sprinkle the top with the remaining cheese. If desired serve with the hot pepper sauce.

Mr. Rick
The future belongs to those who believe in the beauty of their dreams.” –Eleanor Roosevelt

Rick Jacobsen – Kitchen Tech.

News and Views from School-age

Happy August! I cannot believe how quickly summer has flown by! Soon a new school year will be starting and we will all be going to new schools and moving into new classrooms.

Still, summer is not over yet and there is a lot to do before the fall semester starts, so here are a few announcements to start us off:

First, the last few field trips that will happen in August including the SAC museum on August 2, Lauritzen Gardens on August 7, and Bellevue Berry Farm on August 9 and the children will need sack lunches for all the field trips. Please make sure to bring lunches that do not contain peanuts or tree nuts or that have been processed in facilities that share equipment that uses nuts.

Second, please let Ms. Dawn or I know your child’s last day for the summer semester. It will help us to make sure that we have their belongings ready to go on their last day.

Third, if you have any comments, questions, or concerns about the last three field trips or your child’s last day, you can reach me by email at mmliu@unomaha.edu or by the center’s phone at 402-554-3398 during my desk time between 3 and 4 P.M. I look forward to ending this summer with a bang!

Finally, beginning the week of August 12, the children who will be in preschool 2 beginning in the fall will be moving up this week from Ms. Roni’s group. We will officially be back as Preschool 2.

Thank you for all you do,
Miss Megan and the Staff of School Age

Megan Liu– Lead Teacher

C.H.A.M.P.S.

Our next scheduled meeting is Tuesday, August 20 just before the start of the fall semester. CHAMPS will meet in the multi-purpose room from 4:30 to 5:30 PM.

We look forward to seeing all of our families at our Ice Cream Social on Friday, August 23 from 4:15 to 6 P.M. Celebrate the end of summer and the beginning of a new academic year with family, friends, sweet treats and marching band music!
August is here! We are loving the sun and warm weather. Preschool has been having a blast playing outside, weekly visits to the library and plus all the children are loving water play day!

August is a month of review. We will go over the letters of the alphabet, shapes, numbers and animals we learned about previously.

During the summer, we had a great time on our field trip to the zoo. Although, I think the most favorite summer event was when Bruce Phillip’s concert held here at the child care center. We also enjoyed walking to the library every Thursday. The field trip to the Omaha Children’s Museum and UNO Planetarium were two more highlights of the summer.

We have two more events that will be held at the UNO Child Care Center. Gifford Farms will be visiting us on Friday, August 2 from 9:30 to 10 A.M. Please have your child here by 9:15 A.M. if you would like them to participate. Finally, on Friday, August 23, the UNO Child Care Center will be hosting an ice cream social from 4:15 to 6 P.M. Please come and enjoy ice cream along with the UNO Marching Band and other families!

As a reminder, we try to spend a large portion of every day outside all summer, so we ask that you please remember to bring in sunscreen.

Please feel free to contact me during my desk duty hours of 8:30 to 9:30 A.M. at the center or via email at ronitabolton@unomaha.edu

Have a safe and Happy August!

Ms. Roni & Preschool Staff

Focus on Policy and Procedures

The University of Nebraska-Omaha Child Care Center collaborates with faculty, schools, and community groups to advocate for improved resources for young children and their families. Research activities in related fields of study are intended to promote knowledge of developmental issues and practices relevant to early childhood education, early learning and practical application of this knowledge.

The University of Nebraska-Omaha Child Care Center provides opportunities for university students and members of the community to increase their knowledge of child development, developmentally appropriate teaching practices, anti-bias and non-violence program planning, child care administration and parent/teacher/child interactions.

The University of Nebraska-Omaha Child Care Center promotes evaluation of its current programmatic components such as toddler and preschool curricula, child nutrition, parent involvement, multi-cultural diversity and creative environments for children. In-service and pre-service experiences include classroom observations and directed experiences.

As the field of Early Childhood Care and Education evolves to meet the growing needs of today’s children and families, the University of Nebraska Omaha Child Care Center will continue to provide a leadership role in teaching, training, and research at the University of Nebraska-Omaha.

MISSION STATEMENT

The mission of the University of Nebraska at Omaha Child Care Center is to provide a high quality child care and early education program for children of students, faculty, staff and alumni of the University of Nebraska-Omaha and the community, as well as opportunities for training and research to enhance the knowledge of care, education and development of young children.

The University of Nebraska-Omaha Child Care Center strives to balance its unique culture with the cultural interests of each family served. Respect for the Center’s diverse community is reflected in the curricula, environment, development goals and parent/teacher/child interactions.
7 tips to help your child start school for the first time
Claire McCarthy, MD Faculty Editor, Harvard Health Publishing

It’s a major milestone, starting school for the first time. Whether it’s preschool or kindergarten, that first school experience can be exciting — and scary. It can be a big adjustment for parents, too! Here are some tips to help ensure a smooth transition for everyone.

1. Talk about it. This sounds obvious, but we should never underestimate the power of narrative to reassure and empower. Talk about what the day will be like, about what you will do to get ready, how your child will get to school, what they will do, and how the school day will end — as well as what will happen when they get home. Read books together about going to school. Be very positive and supportive.

2. Go shopping together. There’s nothing like picking out a lunchbox or backpack, or a few outfits or some new shoes, to make starting school more exciting. They should be put aside and only used when school starts, to keep them extra special.

3. Start planning — and trying — some healthy snacks and lunches. This is especially true if you have a child who is very picky, or one who is used to hot lunches or other things that don’t work so well when packed for school. Try out some new fruits and vegetables with a dip like hummus (you can buy some containers for holding dip), some sandwiches (cut them in fun shapes), or wraps or stuffed pita. Look for recipes. Trying them ahead of time will not only be fun practice for school, it will help you figure out what will work and what won’t.

4. Get your child on a sleep schedule that will work for school. This is incredibly important, and many families start it too late (or don’t do it at all). Your child should preferably sleep nine to 10 hours every night. So figure out what time they will need to get up for school, count back 10 hours, and then start an hour before that with turning off screens and having calming routines. For example, if your child needs to get up at 7 am, they need to be in bed no later than 9 pm — which means all screens should be off, and activities should be things like reading stories or playing quietly, after 7:30 or 8 pm. Start this at least a week before school starts, preferably two or more weeks, so that your child adjusts to the routine (and you do too!).

5. Plan ahead for all the changes in routine. Sit down and think things through. Maybe it would help to lay out clothes for everyone the night before, or make some casseroles on weekends to heat up quickly on busy days. The more you plan out the week and have things ready, the easier it will be on school days. You also may want to figure out back-up childcare or pick-up plans, if they will be different from what you have done before. You don’t have to think through every possible scenario (as if that’s even possible), but doing some advanced planning can make a big difference.

6. Don’t overschedule your child (or yourself). It’s tempting to sign up your child for lots of activities, and to think that with your child in school you will have time for that extra project at work. Activities can be great, and you may indeed have more time, but don’t get overambitious, especially at the beginning. Besides the fact that kids need downtime, the transition to school can be stressful all around. Keep the schedule light until everyone gets their sea legs.

7. Get to know the school community, if you can. Take advantage of any get-togethers offered by the school, or set up some of your own. If you know some of the children your child will be at school with, see if you can arrange some play dates or meet somewhere like a local park. That way your child will start school already having some friends, and you’ll get to know their parents. If your child has a chronic health problem like asthma, call the school (or school department, if it is a public school that is closed for the summer) to let them know and find out what authorizations and prescriptions you should bring to school. That way you can have everything ready for the first day.

Don’t forget to take a big breath, enjoy yourself, and be proud. This is a milestone worth celebrating.