

WHAT CAN I DO WITH MY MAJOR? PUBLIC HEALTH

Public Health is a field focused on protecting and improving the health of communities through education, policy-making, and research. It addresses health issues on a broad scale, aiming to prevent disease and promote wellness through organized efforts and informed choices

COMMON JOB TITLES *additional education or certification required post graduation

ENTRY & MID LEVEL POSITIONS

Community Resource Specialist **Health Education Specialist** Policy Analyst* Health Promotions Specialist International Aid Worker Lifestyle Health Coach

Medical Scientist* Epidemiologist* Social Services Assistant Health & Wellness Coordinator Program Manager Health Consultant

AREAS OF EMPLOYMENT: WHERE DO PUBLIC HEALTH MAJORS TYPICALLY WORK?

Corporate Wellness Programs: American Red Cross, Union Pacific **Health/Fitness Centers**: One World, Charles Drew, YMCA **Research Institutions**: Diabetes Education Center, UNMC Public Health

Colleges & Universities: Creighton, UNO, UNL

Insurance Companies: Blue Cross Blue Shield, United Health Care

Health Departments: Douglas County Health Dept., Lancaster, Sarpy County

Nonprofit Organizations: Planned Parenthood, Omaha Housing Authority Hospitals/Clinics: CHI Health, Nebraska Medicine, Methodist **Government**: NE Dept of Health & Human Services, CDC, EPA **Laboratories**: Quest Diagnostics, Midwest Laboratories, Velocity

IMPORTANT QUALITIES:

Transferable Skills Gained:

Problem Solving Instructional Skills Analytical Skills Time management Interpersonal Skills

Concrete Skills Gained:

Microsoft Excel SPSS/R **Oualtrics** Microsoft Access Epi Info

HOW TO DEVELOP YOUR SKILLS:

Join **UNO Public Health Student Organization** to gain access to leadership opportunities & participate in professional health education activities.

Participate in different **Public Health Research** to apply your learning outside of the classroom

Attend **UND Wellness Center** events and activity year round to connect with other students & faculty



MAJOR + MINOR SPECIALIZATION: HOW CAN I SPECIALIZE IN SOMETHING BEFORE I GRADUATE?

<u>Public Health + Nonprofit Management minor = Health & Wellness Coordinator</u>

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<u>Public Health</u> + <u>Economics minor</u> = <u>Health Consultant</u>

<u>Public Health</u> + <u>Medical Humanities minor</u> = <u>International Aid Worker</u>

OCCUPATIONAL OUTLOOK:

Health Education Specialists
Community Health Workers
Epidemiologists
Medical Scientists

EMPLOYMENT OPPORTUNITIES:

Check out daily job postings on **Handshake** related to accounting jobs, internships, and opportunities to boost your student experience

ADDITIONAL EDUCATION:

A **Masters degree** or **Doctoral Degree** may be beneficial or required after graduation depending on your desired career path. Advanced degrees offer opportunities for research, specialization, and development

More information:

UNO H&K Graduate Programs
UNO Graduate Programs A-Z

OTHER RESOURCES:

<u>UNO Department of Public Health</u>

<u>Career Exploration in Career Services</u>

U.S. Bureau of Labor Statistics: Occupational Outlook Handbook

NEED SOME EXTRA HELP?

Book an appointment with <u>Career Services</u> Book an appointment with your Advisor

Career Services



6001 Dodge Street, Omaha, NE 68182







