

# WHAT CAN I DO WITH MY MAJOR?

## PSYCHOLOGY

Psychology is the scientific study of behavior and mental processes, exploring how individuals perceive, think, and interact with the world around them, with a focus on understanding cognition, emotions, development, and social behavior through empirical research and theory.

### COMMON JOB TITLES \* additional education or certification required post graduation

#### ENTRY & MID LEVEL POSITIONS

Behavioral Health Technician  
Community Outreach Coordinator  
Counselor/Therapist\*  
Human Resources Specialist  
Probation/Parole Officer  
Case Manager  
Market Research Analyst  
Patient Advocate

School/Clinical Psychologist\*  
Teacher/Professor\*  
Psychiatrist\*  
Logistics Coordinator  
Training & Development Specialist  
Grant Writer  
Academic/Career Advisor\*  
Clinical Research Coordinator

### AREAS OF EMPLOYMENT: WHERE DO PSYCHOLOGY MAJORS TYPICALLY WORK?

**Mental Health Services:** OneWorld, Omaha Integrative Care, Community Alliance

**Government:** NE DHHS, NE Correctional Services, NE Dept of VA

**Nonprofit Organizations:** Boys Town, Heartland FS, Completely Kids

**Forensic & Legal Departments:** NE State Patrol, Legal Aid of NE, OPD Crime Lab

**Consulting Firms:** Cerner Corporation, Gallup, McKinsey & Company

**K-12 Schools:** OPS, Omaha Catholic Schools, Ralston

**Universities & Colleges:** UNO, UNL, Metro CC

**Hospitals:** Children's Hospital, Nebraska Medicine, Methodist

**Corporations:** ConAgra Brands, Streck, HDR., Inc.

**Research Institutions:** UNMC Munroe Meyer, Buffet Early Childhood Institute

**Marketing Agencies:** Firespring, Hurrdat, Swanson Russell

**Nursing & Retirement Homes:** Hillcrest, The Heritage, Skyline Retirement

### IMPORTANT QUALITIES:

#### Transferable Skills Gained:

Problem-solving  
Communication Skills  
Critical Thinking/Evaluation  
Interpersonal Skills  
Research Methods

#### Concrete Skills Gained:

Microsoft Office  
Google Suite  
SPSS/R  
Google Scholar  
Canva

### HOW TO DEVELOP YOUR SKILLS :

Join **UNO Psi Chi** or another **UNO Student Organization** to connect with other students, explore topics, and participate in discussions

Get involved with **UNO Community Engagement** to gain hands on experience & apply your learning outside of the classroom

Consider **Studying Abroad** to develop new perspectives and new cultural knowledge to enhance your future career

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## PSYCHOLOGY

### MAJOR + MINOR SPECIALIZATION: HOW CAN I SPECIALIZE IN SOMETHING BEFORE I GRADUATE?

Psychology + Neuroscience minor = Clinical Research Coordinator/Psychiatrist\*

\* additional education or certification required post graduation

Psychology + Management & Leadership minor = HR Specialist

Psychology + Criminology/Criminal Justice minor = Victim Advocate/Corrections Officer

### OCCUPATIONAL OUTLOOK:

Psychologists

Market Research Analysts

Academic & Career Advisors

HR Specialists

### EMPLOYMENT OPPORTUNITIES:

Check out daily job postings on **Handshake** related to accounting jobs, internships, and opportunities to boost your student experience

### ADDITIONAL EDUCATION:

A **Masters degree, Doctoral Degree**, or other **Professional Degree** may be beneficial or required after graduation depending on your desired career path. Advanced degrees offers opportunities for advanced study, specialization, and development

#### More Information:

UNO Psychology Graduate Programs

UNO Graduate Programs A-Z.

### OTHER RESOURCES :

UNO Department of Psychology

Career Exploration in Career Services

U.S. Bureau of Labor Statistics: Occupational Outlook Handbook


### NEED SOME EXTRA HELP?


Book an appointment with Career Services

Book an appointment with your Advisor

### Career Services

 EAB 113

 6001 Dodge Street, Omaha, NE 68182

 402.554.3672

 [careers.unomaha.edu](https://careers.unomaha.edu)

 [careers@unomaha.edu](mailto:careers@unomaha.edu)

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