CAREER SERVICES WHAT CAN I DO WITH MY MAJOR? GERONTOLOGY

Gerontology focuses on the study of aging processes and the challenges associated with aging, including physical, psychological, and social aspects. It aims to improve the quality of life and promote the well-being of older adults through research, policy, and practice.

COMMON JOB TITLES * additional education or certification required post graduation

FNTRY & MID | FVFI POSITIONS

Activity Director Estate Planner* **Community Outreach Coordinator Program Manager** Nursing & Home Health Aide Patient Advocate Gerontologist*

Physical Therapist* **Registered Nurse*** Occupational Therapist* Social Services Assistant Social Worker* Case Manager Healthcare Administrator

AREAS OF EMPLOYMENT: where do gerontology majors typically work?

Hospitals: Nebraska Medicine, CHI Health, Methodist Hospital Nursing Homes: Brookstone Village, The Lighthouse, Montclair **Assisted Living Facilities**: Esprit Whispering Edge, Heritage Pointe, CountryHouse

Nonprofit Organizations: Aging Partners, Eastern NE Office on Aging Public Health Organizations: Live Well Omaha, OPS Health Services, Charles Drew

IMPORTANT QUALITIES:

Transferable Skills Gained:

Problem-solving Communication Organizational skills Interpersonal skills Analytical skills

Government: NE Dept. of Aging & Disability, NE DHHS, NE Dept. of VA Colleges & Universities: UNO, UNMC, Metro CC Rehabilitation Centers: Madonna, Immanuel, Life Care Center Omaha **Mental Health Clinics**: Omaha Integrative Care, Psychiatric Associates **Corporate Wellness Programs:** Blue Cross Blue Shield, OPPD, ConAgra

Concrete Skills Gained:

Microsoft Office SPSS/R Gooale Suite Zoom **Google Scholar**

HOW TO DEVELOP YOUR SKILLS :

Join Sigma Phi Omega or another UNO Student Organization to advance your leadership, professionalism, and communication skills Attend UNO Department of Gerontology Lecture Series or other events to hear from professionals & apply your learning outside of the classroom Get involved in the **CAPACITY Lab** or other research lab to gain hands on experiences and collaborate with faculty

I CAREER SERVICES WHAT CAN I DO WITH MY MAJOR? GERONTOLOGY

MAJOR + MINOR SPECIALIZATION: HOW CAN I SPECIALIZE IN SOMETHING BEFORE I GRADUATE? * additional education or certification required post graduation

<u>Gerontology + Public Health minor</u> = <u>Program Director</u> <u>Gerontology + Sociology minor</u> = <u>Geriatric Social Worker*</u> <u>Gerontology + Molecular and Biomedical Biology minor</u> = <u>Physical Therapist*</u>

OCCUPATIONAL OUTLOOK:

<u>Community Outreach Coordinators</u> <u>Registered Nurses</u> <u>Social Workers</u> <u>Nursing & Home Health Aides</u>

EMPLOYMENT OPPORTUNITIES:

Check out daily job postings on **Handshake** related to accounting jobs, internships, and opportunities to boost your student experience

ADDITIONAL EDUCATION:

A **Masters degree** or **Doctoral Degree** may be beneficial after graduation depending on your desired career path. Advanced degrees offer opportunities for advanced study, specialization, and development

More information: UNO Gerontology Graduate Programs UNO Graduate Programs A-Z

OTHER RESOURCES :

<u>UNO Department of Gerontology</u> <u>Career Exploration in Career Services</u> U.S. Bureau of Labor Statistics: <u>Occupational Outlook Handbook</u>

NEED SOME EXTRA HELP?

Book an appointment with <u>Career Services</u> Book an appointment with your <u>Advisor</u>

Career Services

EAB 113

6001 Dodge Street, Omaha, NE 68182

🔀 careers.unomaha.edu

🔀 careers@unomaha.edu

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