Honors Internship Activity Log

Please complete and submit this form to the Honors Program Director every week in the semester/ session--whether you log hours or not.

Name

Date

Internship Placement

Hours Completed this week

Total Hours to Date

Activities and Rationale:
List, explain, and provide a rationale for all activities in which you participated. Avoid descriptions such as "because it needed to be done;" rather, establish the real motivation for and/or goal of the activity.
Example: Researched history of company for inclusion in annual report. This history will be a part of the company's efforts to rebrand its identity and purpose with stakeholders who might be nervous about the current economic news.

Problems and Resolution:
Report any problems affecting the outcome of your activities and your plan for resolving the problems.
Example: The company's intranet was down, making it impossible to research early documents associated with the company. Because I could not access the early documents online, I visited the company's library archive to view print copies.

Which aspects of the internship activities you completed this week did you like and why? Which did you dislike and why?

What did you learn through your internship activities this week?

What insights about your career goals did you develop through your internship this week?