HONORS PROGRAM SPRING NEWSLETTER

University Honors Program

February 2015 Issue

Message from the President: Madison Nutter

The Student Activities Board (SAB) has reorganized and rebranded itself! The five officers of SAB now join the rest of the Honors student body under the Honors Student Association (HSA). Stay tuned for more information on these changes as they come! The purpose of HSA is to put on social events for the Honors students and to better the Honors Program from the eyes of the students. Last semester, we kept busy with many projects and social events for the honors students. HSA (formerly SAB) kicked off the fall semester with an event called September Subs in which we had free subs for all Honors members. In October, we threw a Soccer Tailgate party that involved pizza, free UNO Honors swag, and games to help Honors students get acquainted with one another. In November, we hosted a successful blood drive for the Red Cross. As far as the upcoming semester goes, HSA will be working on more events, contests, and community service projects for Honors members to participate in! We will be regularly updating the UNO Honors Facebook and Mavsync page with information on events. Also, if you would like to learn more about HSA and how you can apply to be a member, you can contact me via email at: mnutter@unomaha.edu



President Madison Nutter



October: Honors Program Soccer Tailgate Party

Honors Student Contributions

Spotlight on a Student: Sofia Rahmanzai

My name is Sofia Rahmanzai, and I am a freshman here at the University of Nebraska at Omaha. I am a Biology Pre-med major, and the field I hope to study in is general pediatrics or pediatric oncology. But before I settle down and start a profession, I would like to travel abroad to developing nations for a tremendous experience I would never be able to get anywhere else.

As a child, I was always intrigued with medicine and caring for people, but it was not until later on in life when I thought about doing something out of the ordinary. As soon as I entered junior high, my dad was sent overseas in Afghanistan with the Army as a translator. Unfortunately while being there, he got really sick, and no physician could figure out what was wrong with him because of the lack of technology there. So after several weeks of being ill, my dad finally decided to go out of the country to Germany to get the proper care he needed. Soon after arriving, the doctors were quick to diagnose him with colon cancer.

It was hard for me to wrap my head around this terrible news, but what upset me the most was the lack of medical care and knowledge in developing countries, like Afghanistan, that could have helped to diagnose him sooner. That is why I think it would be a great opportunity for every physician to share their knowledge with these countries, which

will not only help the patients, but themselves as well.

Because medical resources and physicians are limited, it will force the physician to make difficult decisions, and by doing so, will help them to think outside the box. The Honors Program is a great example of this by making their students practice a unique way of looking at things, and that is why I am grateful to be a part of this program. By going to UNO and being involved in programs like Honors, I am already taking the first step towards my goal, and hopefully the skills and knowledge I learn will better help to prepare me for what is to come in my future.



If you would like to write a piece for the "Spotlight on a Student" in our next issue, contact us at: unohonors@unomaha. edu!



Best Holiday Activity Contest Winner!

Student Activities Board

Congratulations to Erin Dabbs for winning our Best Holiday Activity Contest! There were definitely many fantastic contributions, thank you to everybody that participated!

Here is Erin's caption from Facebook:

"I decided to go the opposite and unexpected route this break. Rather than going tropical, like most people, I ventured for even colder weather... but how can you beat the view into Canada from Minnesota while dog-sledding, ice climbing, hiking, and jumping into freezing lakes?"

Upcoming Events and Announcements



FROZEN Film Fest! | Friday, Feb 20th

Third Floor Lounge, Scott Residence Hall 7:30 PM - 10:00 PM

Feeling chilled this February? Join the Honors Student Association for pizza, soda and FROZEN! This will be a great opportunity for you hard-working Honors students to take a break from your studies and relax a bit! A Disney movie, great company, and free food; do you still need convincing? Hope to see you there!

Event Recap

Honors Program Spring Blood Drive | Monday, Feb. 9th Milo Bail Student Center Cristian Valquier

The Blood Drive was an incredible success and despite the overwhelming effort it took to schedule 86 appointments when there were only 90 possible slots we had so many people help out the day of. The final figures have been updated on the Red Cross website. Our goal was to collect 66 donations and we managed to gather all 90 of the possible donations! As you may remember from last semester, we were able to donate 69 units - how awesome to have surpassed that number! Great job to everybody involved, thank you all.





Event Recap

Omaha Seed Share | Saturday, Jan 31st

Douglas County Extension Emma Flynn

On Saturday, January 31st, the Nebraska Extension office held its annual Seed Share. A group of several Honors Program students and I went to help pass seeds out to those in attendance and answer any questions we could. In addition to tables with regular packs of seeds, there was a group of people who specifically save the seeds of the plants they grow so that they can pass those seeds on and help keep that plant species alive. That was the thing I thought was the neatest, because a couple of those people were really passionate about conservation and it was easy to get excited by their excitement! It was a good reminder, hopefully to everyone who attended, that conserving our planet's resources is really important and something everyone should care about and take a little part in.





