ABOUT RECOVERY COMMUNITIES

UNO hopes to propagate a culture of recovery support through the campus and the community by making discovery more readily available to those already involved in recovery and those hoping to learn more about recovery. We hope to include and engage those seeking to earn a college degree by finding a supportive system in place in a potentially high risk setting.

Collegiate Recovery Communities aim to support and assist students in recovery from addiction. Our aim is to create a safe space which facilitates connections between students working on maintaining recovery while attending classes and achieving their academic goals, and engagement in the greater community of UNO and Omaha.

For more information about Collegiate Recovery Communities visit www.transformingyouthrecovery.org.

MISSION

Create a safe space for individuals in recovery from addiction to achieve personal and academic goals.

VISION

Create a barrier-free culture of compassion and wellness for individuals in recovery from addiction.

GOALS

Life Balance, Sense of Inclusion, Academic excellence.
FIND A MEETING ON CAMPUS

Monday, Wednesday, and Friday
12:00 P.M. - 1:00 P.M.
101 HPER

Thursday
8:30 P.M. - 9:30 P.M.
613 UV, Building 6

Open and meet regularly throughout the year, including holidays and summer months.

FIND A MEETING OFF CAMPUS

Visit the following resources to find a meeting outside of the UNO community.

www.omahaaa.org
www.eastern-nebraska-na.org

GET INVOLVED

To see upcoming meetings, events, and news visit the UNO Recovery Community page on MavSYNC by searching “Recovery Community.”

For more information visit wellness.unomaha.edu/recovery or contact Mark Frillman at 402.554.2409 or mfrillman@unomaha.edu.