What can I do with a major in

EXERCISE SCIENCE

Career Options

- Biomechanist*
- Exercise Physiologist*
- Fitness Specialist
- Group Fitness Instructor
- Health Club Management
- Laboratory Technician
- Occupational Therapist*
- Personal Trainer*
- Physical Activity Specialist
- Physical Therapist*
- Physical Therapy Assistant*
- Physician*
- Strength & Conditioning Specialist

*Certification or Advanced Degree Required

Transferable Skills Gained

- Problem-solving
- Communication skills
- Critical-analysis
- Interpersonal skills
- Listening skills
- Decision-making

Employment Areas

- Hospitals/Rehab Clinics
- Universities/Colleges
- Self-Employed
- Corporate Wellness Programs
- Health Clubs/Fitness Centers
- Sports Teams
- Industry Research & Development
- Laboratories

Informational Websites

- UNO School of HPER: hper.unomaha.edu
- Bureau of Labor Statistics: goo.gl/sWOUuC
- American Kinesiology Association: americankinesiology.org
- American Physical Therapy Association: apta.org
- National Assn for Sport & Physical Ed: aahperd.org/naspe

Extracurricular Opportunities

- Actively participate in the Alliance of Fitness Professionals
- Complete practicum and internship opportunities in relevant areas
- Shadow healthcare professionals to explore opportunities with advanced degree
- Conduct research in the Biomechanics or the Exercise Physiology Laboratory