

## NAHPERD JUMP ROPE FOR HEART/HOOPS FOR HEART MINI GRANT APPLICATION GUIDELINES

The Nebraska Association for Health, Physical Education, Recreation, and Dance (NAHPERD) invites applications from Coordinators of Jump Rope for Heart (**JRFH**) or Hoops for Heart (**HFH**) events to request funding for projects designed to promote **JRFH/HFH** events and/or enhance health, physical education, recreation, and/or dance within the school. The **JRFH/HFH MINI GRANT** are for **up to \$250**. A maximum of \$1000 may be dispersed by the Association in any one -year.

- Application must be received or postmarked before the next quarterly NAHPERD Executive Board meeting Jan. 1, April 1, July 1, and Oct. 1.
- **Must be an NAHPERD member.**
- Applications will be evaluated and recipients selected by the NAHPERD Grants Committee.
- Coordinator must have completed an event in the current or previous school year before application deadline.
- The JRFH/HFH event is required to have raised at least \$1000 to be eligible for consideration for the Mini Grant award.
- Grants will be reviewed and awarded at the quarterly NAHPERD Executive Board Meeting. Award funds will be dispersed by the NAHPERD Treasurer.
- Limit: \$250 total in a two-year period. If a coordinator has two schools, the limit would be \$500 in the two-year period but no more than \$250 in any two years to the same school.
- Award recipients are required to share information regarding their project in the NAHPERD Newsletter.
- Projects not selected for funding may be resubmitted for consideration the following year provided the coordinator has again successfully completed a **JRFH/HFH** event.
- Selection of Mini Grant applicants will be determined by justification of need and feasibility of implementations of plan.
- Final selection of awards by the Grants Committee will be sent to NAHPERD Executive Board for approval.

Suggested use of funds: raise awareness of a health or fitness issue; purchase equipment for a specific purpose (JRFH/HFH event, innovative game, adapted equipment etc.); acquire materials to supplement an existing program; improve advocacy within the community; ACES Day programming; nutrition month initiatives; or other special activities.