

HEALTH

Do NOT send to International Admissions. **Send to Student Health.**

The following actions are required to ensure your health and safety at UNO:

1. All students and scholars: Submit proof of 2 MMR (measles, mumps, rubella) immunizations.

Measles is a serious but preventable disease. To prevent measles outbreaks, UNO requires all new students and scholars to show proof of immunization or immunity. Measles immunizations may be listed on your immunization record as MMR, M/R or Measles. Proof of two immunizations are required. If you prefer to provide a positive measles titer, a record of the lab result must be provided.

Immunization records can be obtained from your health care provider. They may also be available from your high school or colleges or universities you have attended. Public health department and military records are also acceptable. Records must include month, day and year.

Attach a copy of your records to the form in this packet. Do not send originals.

If you need the MMR vaccine or blood titer test, go to UNO Health Services on the first floor of the HPER Building. No appointment is needed. The cost is included in your UNO health insurance. If you have questions, call 1.402.554. 2374.

2. All international students and scholars: Get a tuberculosis screening.

All international students and scholars and ILUNO students must have tuberculosis screening upon arrival at UNO. This is done in UNO Health Services, first floor of the HPER Building, on Monday, Tuesday and Wednesday. Chest X-rays will be required for people who test positive. The cost is included in your UNO insurance. ILUNO students will have a TB test date assigned during orientation.

3. Students and scholars under 19 years of age: You must get a parent or legal guardians signature before you leave home.

If you are younger than 19, UNO needs authorization from a parent or guardian to provide you with health care services. Have a parent or guardian read and sign the health form in this packet.

4. Students in on-campus housing: Read about Meningococcal Meningitis Disease.

Nebraska State Law requires students and scholars living on campus to read this information on Meningococcal Meningitis Disease and Immunization (Menactra/MCV4 or Menomune/MPSV4). Parents of students younger than 19 are also required to read this information. UNO encourages all students and scholars to consider getting this vaccination and to become knowledgeable about meningitis and its symptoms. The vaccine is also available in UNO Health Services.

Meningococcal Meningitis Disease is a severe bacterial infection of the bloodstream and meninges (a thick lining covering the brain and spinal cord). It is a relatively rare disease and usually occurs as an isolated event. Clusters of cases or outbreaks are possible. The meningococcus germ is spread by direct close contact with nose or throat discharges of infected people. College students who live on-campus have a slightly higher risk of getting this infection than others their age.

More information is available at [cdc.gov.meningitis](https://www.cdc.gov/meningitis). Students and scholars who do not want the vaccine must first read the information on the website. Signing the immunization waiver indicates that you understand the possible risk or not receiving this vaccine. If you are under 19, a parent must sign the waiver for you.



COMPLETE and RETURN

Attach proof of 2 MMR immunizations to this form

Last name	First name	Middle initial	Birth date	NU ID number
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Local street address	City	State	Zip code	Cell phone
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Permanent or home country address	City	Country	Postal code	E-mail address
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CHECK ALL THAT APPLY: ☐ Under the age of 19 ☐ Living on-campus ☐ International student, scholar, or ILUNO

Students under 19 years of age: Get a parent or legal guardian's signature

AUTHORIZATION FOR TREATMENT OF A MINOR

I authorize Health Services and/or the Counseling Center, University of Nebraska at Omaha, to provide medical and/or mental health care to my child.

(Signature of parent or guardian)

(Date)

Services may include but are not limited to diagnostic examinations (including laboratory and radiological testing), verification and/or administration of immunizations, and necessary medical treatment including minor surgical procedures and mental health counseling. I understand that should my minor child need more invasive diagnostic or surgical procedures, attempts will be made to contact me before such care is initiated.

I further understand that once the above named minor reaches age 19, according to Nebraska law my consent for treatment is no longer required. Consent is not legally required for minors who seek treatment for sexually transmitted disease, reproductive health, drug or alcohol abuse, or emergencies.

Students and scholars in on-campus housing: Read about Meningococcal Meningitis Disease

PLEASE CHECK ONE

- ☐ I have received the Meningitis vaccine (Menactra/MCV4 or Menomune/MPSV4). Attach an official copy of your immunization record to this form.
- ☐ I want to receive the Meningitis vaccine at UNO Health Services.
- ☐ I have chosen NOT to be immunized for Meningococcal Meningitis. I have read the information on Meningococcal Meningitis at www.cdc.gov/meningitis/ My signature below indicates that I have read the information provided.

(Signature of student or scholar)

(Date)

(Signature of parent/guardian, if student is under 19)

(Date)

CHECK ONE

Remember: Attach proof of 2 MMR immunizations to this form. Bring it and a copy of your immunization record to orientation, or fax it to UNO Health Services, 1.402.554.2387