

Benefits Information and Contact List – 2021

Medical UMR – Choice Plus Network umr.com/UofNE (find a provider in any area)	Customer Service: 1.844.659.5059
Prescriptions Caremark www.caremark.com Your ID is your UMR card	Customer Service: 1.888.202.1654 Pharmacy Help: 1.800.364.6331 RX Bin: 04336 RxPCN: ADV RxGRP: RX7316
Dental Ameritas – Classic Network Uofne.ameritasgroup.com	Customer Service: 1.800.487.5553
Vision EyeMed Vision Care www.eyemed.com Access Plan H Group #9705021	Customer service: 1.866.723.0513 or 1.866.939.3633
WageWorks COBRA (extension of medical, dental and/or vision coverages) Flexible Spending Accounts – Health Care/Daycare www.wageworks.com	Customer Service: For COBRA: 1.877.502.6272 For Flexible Spending Accounts: 1.855.428.0446
Faculty and Staff Employee Assistance Program (FSEAP) Best Care EAP www.bestcareeap.org Short-term counseling for employees and eligible dependent family members	For information, assistance or to schedule an appointment: 402.354.8000 or 1.800.801.4182 Member ID: bcUNOe Password: UNO
Retirement Investments TIAA – Customer Service 1.800.842.2776 www.tiaa.org	Schedule an appointment with an advisor on campus: 1.800.832.8353
Fidelity – Customer Service 1.800.343.0860 www.plan/fidelity.com/universityofnebraska	Schedule an appointment with an advisor on campus: 1.800.642.7131
NU Flex Benefits: www.nebraska.edu/benefits For detailed benefits information, forms, Employee Plus One, status changes and enrollment information	UNO Benefits – 205 EAB Esther Scarpello, Benefits Manager 402.554.3660